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Translating Clinical Guidelines Into Practice: The Effective and Appropriate Use of Human Growth Hormone

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Translating Clinical Guidelines Into Practice: The Effective and Appropriate Use of Human Growth Hormone

This supplement to *The American Journal of Managed Care* discusses how managed care policies and clinical guidelines on appropriate use of recombinant human growth hormone (rhGH) translate into real-world practice. Also discussed are the efficacy and safety of rhGH therapy for its pediatric indications, and the role of specialty pharmacies in managing patient access to therapy. The content of this supplement is based on a review of scientific literature and discussions from an expert roundtable panel consisting of clinicians and managed care professionals.

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