

## Best Practices for Optimal Outcomes in the Treatment of Diabetes

This supplement to *The American Journal of Managed Care* reviews the burden of type 2 diabetes, overcoming obstacles to its effective care, and integrating clinical needs with medical policy and practice.

### ■ Faculty

#### **William B. Bunn III, MD, JD, MPH**

Vice President  
Health, Safety, Security, and Productivity  
Navistar, Inc  
Warrenville, Illinois

#### **R. Keith Campbell, RPh, FASHP, FAPhA, CDE**

Distinguished Professor in Diabetes Care/Pharmacotherapy  
College of Pharmacy  
Washington State University  
Pullman, Washington

#### **Allan Jay Kogan, MD, MSS, ABFP, FAAFP, CPE**

Medical Director, West Region  
Department of Medical Management  
CIGNA/Great West Healthcare  
Dallas, Texas

#### **Teresa M. Martin, RD, LD, CDE**

Clinical Educator  
Bend, Oregon

## ■ Faculty Disclosures

The faculty reported relationships with the following organizations:

**William B. Bunn III, MD, JD, MPH, Keith Campbell, RPh, FASHP, FAPhA, CDE, Allan Jay Kogan, MD, MSS, ABFP, FAAFP, CPE,** and **Teresa M. Martin, RD, LD, CDE,** have nothing to disclose relative to this activity.

## ■ Planning Committee Disclosures

Independent medical writers Mary Mihalovic and Judy Dyrud, and the staff of *Pharmacy Times* Office of Continuing Professional Education and *The American Journal of Managed Care* have nothing to disclose relative to this activity.

Signed disclosures are on file at the office of *The American Journal of Managed Care*, Plainsboro, New Jersey.

## *Best Practices for Optimal Outcomes in the Treatment of Diabetes*

### **GOAL**

To provide participants with information about the causes and medical and economic consequences of type 2 diabetes and to provide strategies for treatment and management of patients.

### **TARGET AUDIENCE**

This activity has been designed to meet the educational needs of managed care professionals, family medicine, internal medicine, and pharmacists involved in the management of patients with type 2 diabetes.

### **EDUCATIONAL OBJECTIVES**

*After completing this activity, the participant should be better able to:*

- Describe the burden of type 2 diabetes with respect to payer, provider, and patient
- Establish the importance of effectively treating type 2 diabetes, citing current standards of care
- Describe the achievement of treatment goals for patients with type 2 diabetes
- Identify barriers to care related to reaching glycemic goals focusing on payer, provider, and patient issues
- Discuss next steps for “best practices” in the care of diabetes, integrating successful programs with current treatment guidelines and treatment options

### **TYPE OF CE ACTIVITY**

Knowledge-based

### **CONTINUING PHARMACY EDUCATION ACCREDITATION**



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