

CME QUESTIONS

Continuing Medical Education Accreditation

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Instructions

After reading this continuing education article, select the 1 best answer to each of the following questions. Estimated time for this activity is 1 hour.

1. The 7-year cardiovascular risk for an asymptomatic type 2 diabetes patient is:

- Considerably less than that of a patient without diabetes who has had a myocardial infarction (MI)
- Considerably higher than that of a patient without diabetes who has had an MI
- Comparable to that of a patient without diabetes who has had an MI
- Slightly less than that of a patient without diabetes who has had an MI
- Slightly higher than that of a patient without diabetes who has had an MI

2. What percentage of patients who have diabetes die of complications related to cardiovascular disease?

- ≥ 70%
- 40% to 50%
- < 40%
- < 20%
- < 10%

3. An optimal hemoglobin A_{1C} measurement in a patient who has diabetes is:

- > 9%
- 7% to 9%
- < 7%
- < 5%
- < 8%

4. Metformin should not be used in individuals with:

- Triglycerides < 100 mg/dL
- Creatinine > 1.4 mg/dL
- A body mass index < 27
- High-density lipoprotein cholesterol (HDL-C) < 40 mg/dL
- Low-density lipoprotein cholesterol (LDL-C) > 130 mg/dL

5. The goal LDL-C in a type 2 diabetes male without known cardiovascular disease is:

- < 100 mg/dL
- < 140 mg/dL
- < 160 mg/dL
- < 190 mg/dL
- < 220 mg/dL

6. Glitazones typically lower hemoglobin A_{1C} values by:

- 0.5%
- 1% to 2%
- 3% to 4%
- 4% to 5%
- 0.1 % to 0.5%

7. Treatment with glitazones may result in:

- Development of peripheral edema
- Rise in HDL-C and a fall in triglycerides
- A modest rise in LDL-C
- All of the above
- None of the above

8. A target systolic blood pressure in a patient with type 2 diabetes should be:

- < 130 mm Hg
- < 140 mm Hg
- < 155 mm Hg
- < 160 mm Hg
- < 190 mm Hg

9. The preferred initial antihypertensive agent in a patient with diabetes is a (an):

- Alpha blocker
- Angiotensin-converting enzyme inhibitor
- Calcium antagonist
- Clonidine
- Hydralazine

10. The preferred initial lipid-lowering agent in a patient with diabetes with an LDL-C of 160 mg/dL, an HDL-C of 45 mg/dL, and a triglyceride of 140 mg/dL would be:

- A bile acid sequestrant
- Nicotinic acid
- A statin
- Fish oil capsules
- Probucol

CME PROGRAM EVALUATION

Johns Hopkins University School of Medicine appreciates your opinion on this supplement. Please fill out the questionnaire below and mail along with your CME test form. We thank you for your evaluation, which is most helpful in planning future programs.

On the whole, how do you rate the information presented in this article?

excellent good fair poor

Were the educational objectives achieved?

yes no partially

Which topic was of most interest to you?

Which topic was of least interest to you?

Is the information presented useful in your practice?

yes no

Do you have recommendations to improve this program?

yes no

Comments:

Were any portions of this program unsatisfactory or inappropriate?

yes no

If so, which?

Do you find the information presented in this article to be fair, objective, and balanced?

yes no

Is there subject matter you would like included in the future?

yes no

Comments:

In your opinion, were the authors biased in their discussion of any commercial product or service?

yes no

Comments:

Glitazones and the Potential Improvement of Lipid Profiles in Diabetes Patients at High Risk for Cardiovascular Disease

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CME TEST FORM

AJMC Test #060025S

Glitazones and the Potential Improvement of Lipid Profiles in Diabetes Patients at High Risk for Cardiovascular Disease

(Test valid through December 31, 2002. No credit will be given after this date.)

Please circle your answers:

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