***Appendix S1.* Semistructured Interview Questions**

1. Please tell me about yourself?
2. Take me through your current typical diet. What do you typically eat on a weekday? Weekend day?
3. What influences your diet?
4. What information do you want to know about nutrition and MS?
5. What would help incorporate nutrition into your management plan for MS?
6. How would you change your diet? What tools or resources?
7. Is there anything you think I’ve missed?