

STEP TOGETHER VOLUNTEERING IMPACT REPORT 2023

OUR IMPACT ON THE **YOUNG PEOPLE**, **PEOPLE WITH CRIMINAL
CONVICTIONS & VETERANS & PERSONNEL ON RECOVERY DUTY**
WHO WE SUPPORT



Connect



Engage



Empower

OUR IMPACT

Step Together Volunteering has a structure in place so that we can effectively measure the impact of our work on the people we support. Because of the bespoke nature of our work, we have a range of ways that we measure the impact of the work that we do.

There are three ways we measure our impact:

WARWICK-EDINBURGH MENTAL WELLBEING SCALE

The Warwick-Edinburgh Mental Wellbeing Scale (WEMWBS) was developed to measure the mental wellbeing of individuals who are involved in projects which aim to improve mental wellbeing. It is a series of 14 positively worded statements about an individual. Each statement has 5 responses for the individual to choose from, depending on how much they agree with the statement, each response is numbered 1 - 5. All of the numbers given in answer to the statements are added up at the end to give an overall figure, which is designed to be an indicator as to the individual's overall mental wellbeing.

We use these for our clients at intervals to show the progress they have made to their mental wellbeing.



ACHIEVEMENTS AND OUTCOMES

We use our case management system to record where the people we support have got to and what they have achieved, mapping their journey from start to end. We capture all positive steps taken, for example whether they've applied for placements, volunteered with support or independently, and then where they go when they finish support with us.



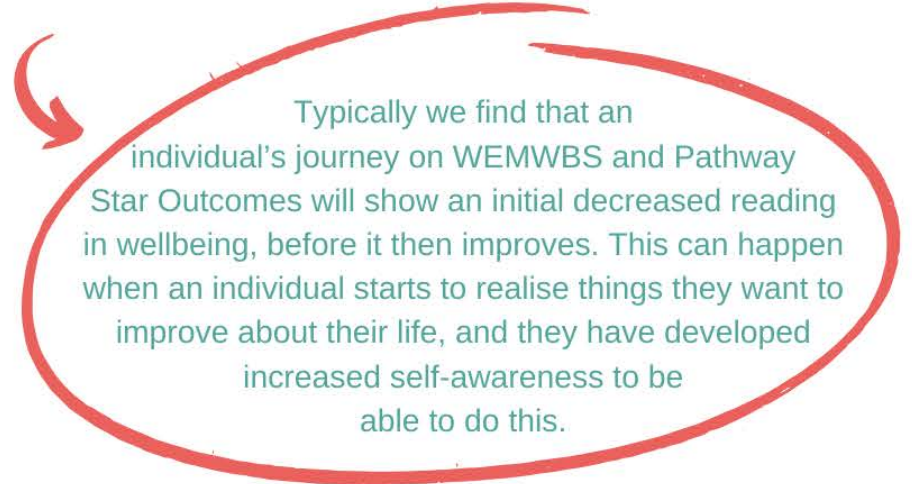
PATHWAY STAR OUTCOMES

The Pathway Star is designed for use with people who need considerable support if they are to move towards work, and face significant barriers to this. There are 8 statements about different aspects of their life, with each statement to be rated 1-5 for how the individual feels about that part of their life. The Pathway Star is a holistic tool and covers eight key outcome areas:

Skills; Stability at home; Money; Healthy lifestyle; Emotional well-being; Family and relationships; Friends and connections; Confidence and aspirations.

We collect data for each of these outcomes at different points on the client's journey, to see how our support impacts different areas of our life, and what areas improve the most through our support. Our top three most improved outcomes tend to be **skills, emotional-wellbeing, and confidence and aspirations.**

Typically we find that an individual's journey on WEMWBS and Pathway Star Outcomes will show an initial decreased reading in wellbeing, before it then improves. This can happen when an individual starts to realise things they want to improve about their life, and they have developed increased self-awareness to be able to do this.



OUR IMPACT: JANUARY - DECEMBER 2023

WE REACHED OVER

800

INDIVIDUALS

PROVIDING
INTENSIVE 1-1
SUPPORT TO OVER

200



18%

OF THE PEOPLE WE
SUPPORTED

VOLUNTEERED
WITH SUPPORT

83%

WHO WE SUPPORTED INTO
VOLUNTEERING, WENT ON
TO VOLUNTEER

INDEPENDENTLY!

SUPPORT ACROSS
PROGRAMMES



ARMED
FORCES
COMMUNITY:
39%

CRIMINAL
JUSTICE
PROGRAMME:
36%

YOUNG PEOPLE
PROGRAMME: 25%

WELLBEING - PATHWAY STAR OUTCOMES



68%

EXPERIENCED IMPROVED

**CONFIDENCE &
ASPIRATIONS**

73%

EXPERIENCED IMPROVED

**EMOTIONAL
WELLBEING**



73%

GAINED NEW

SKILLS

WELLBEING - WARWICK EDINBURGH OUTCOMES

Warwick Edinburgh is a wellbeing tool to show an individual's emotional wellbeing. It is scored out of 70, based on 14 questions, each scored 1 - 5. A total score 41 - 44 indicates potential mild depression. A score < 41 indicates probable clinical depression. The bottom 15% of scores in the UK are 14 - 42.

90%

EXPERIENCED
IMPROVED WELLBEING



AVERAGE SCORES

42

START



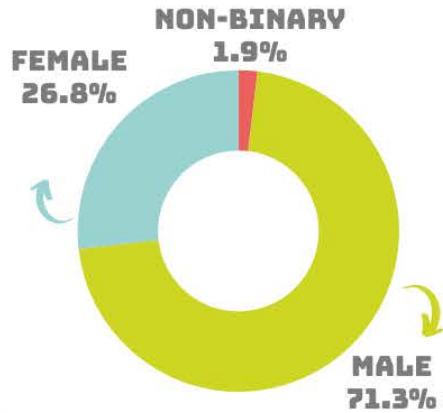
53

END

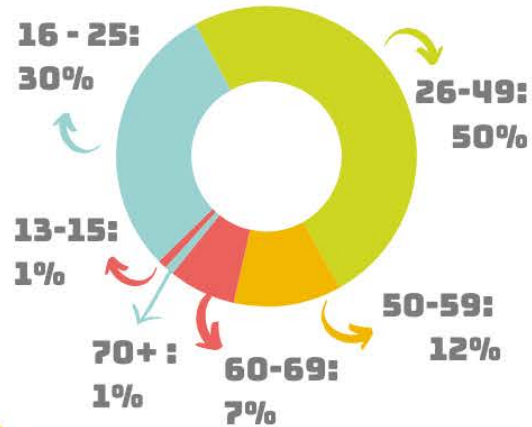


PEOPLE WE SUPPORTED

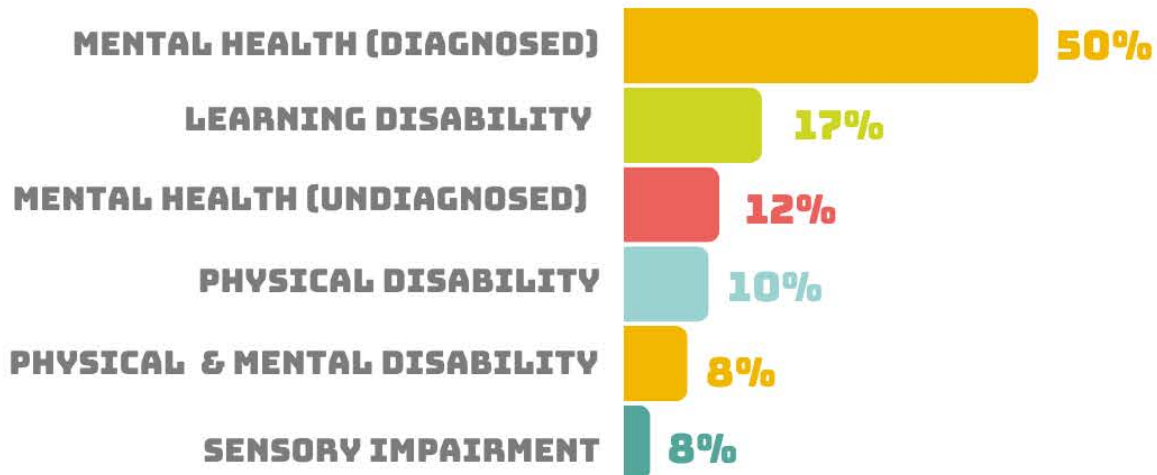
GENDER



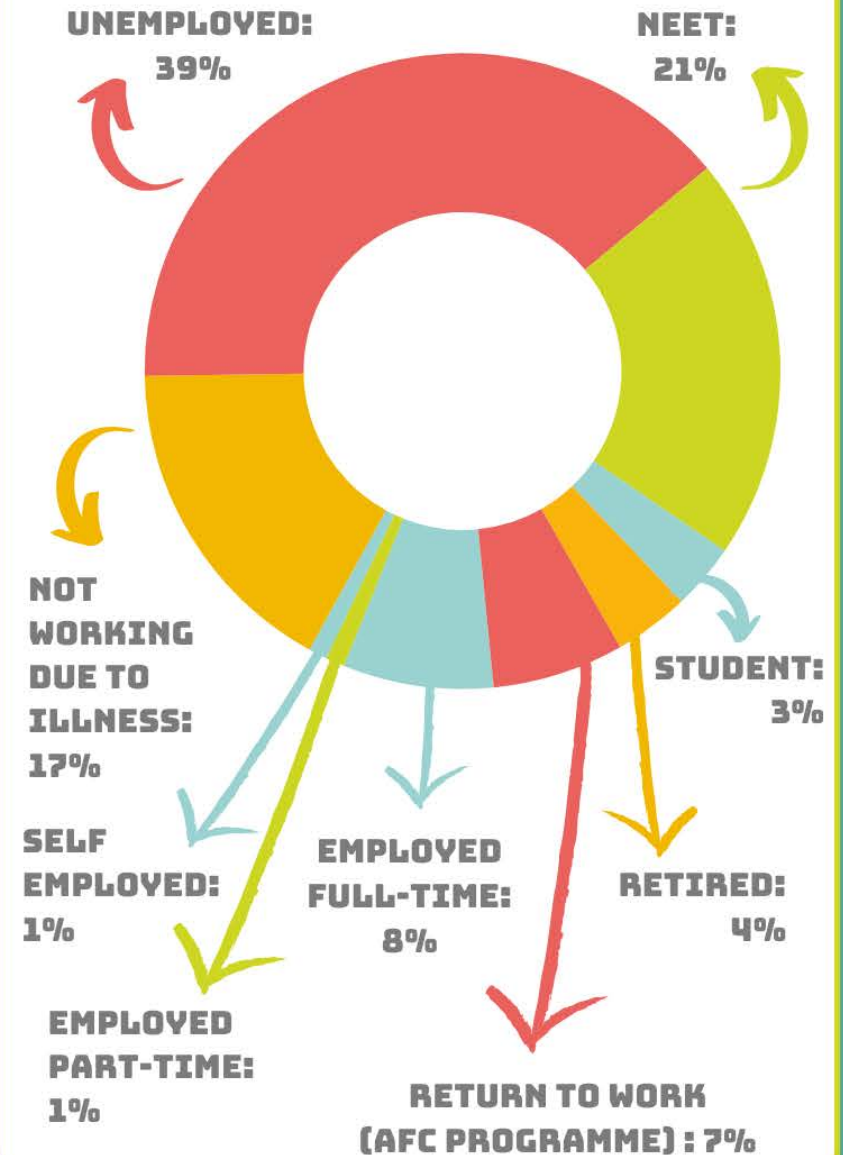
AGE



MAIN DISABILITY

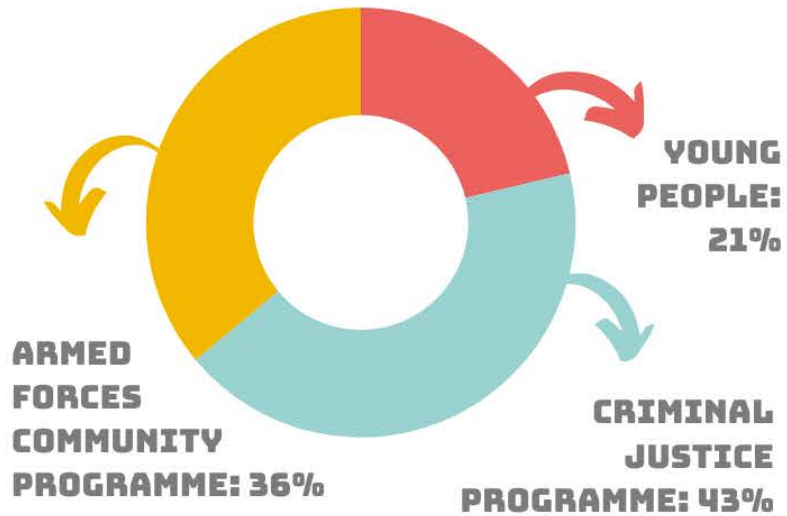


EMPLOYMENT STATUS





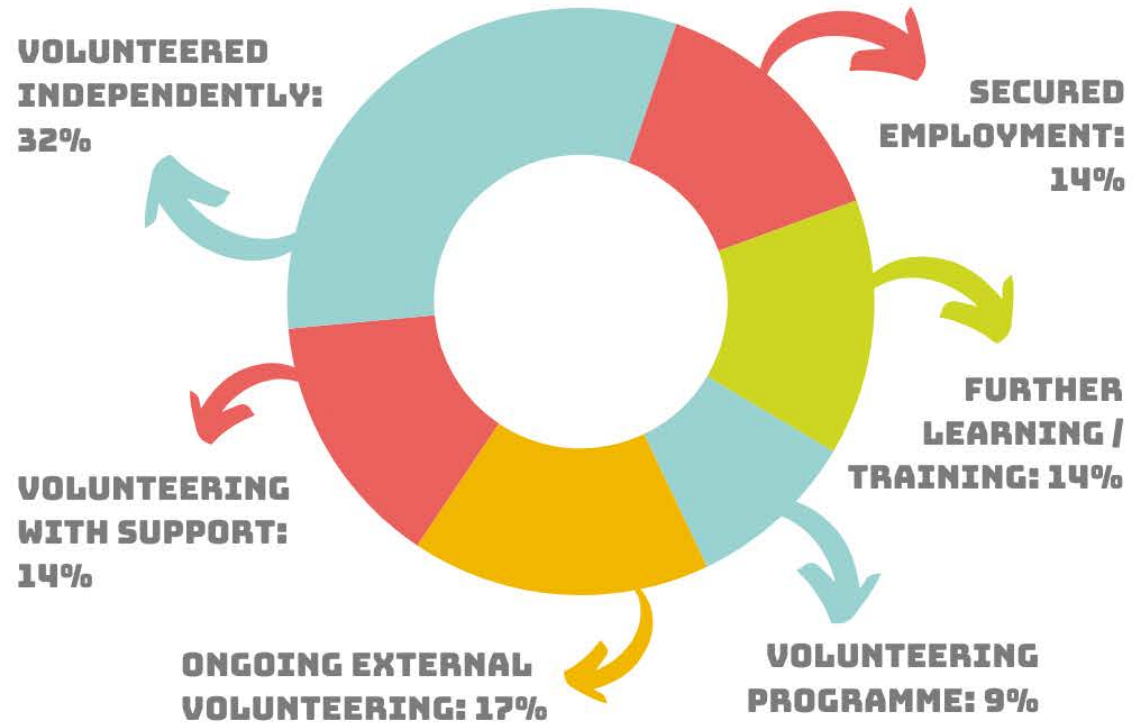
REFERRALS



of referrals we accepted did not engage with our support



FINAL OUTCOMES

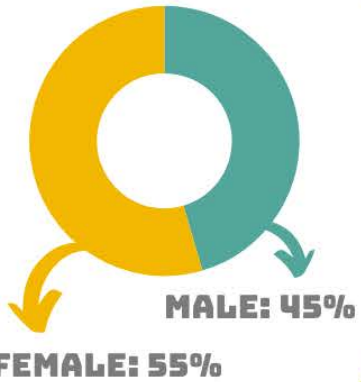


Sometimes referrals are made for people who are not yet ready to receive support. It can be a big step for many people and we understand this can take time.

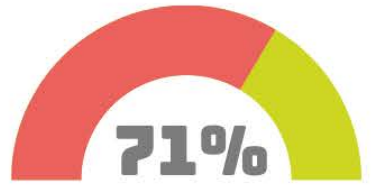
FOR MY FUTURE

EMPLOYABILITY COURSE:
CRIMINAL JUSTICE PROGRAMME, MANCHESTER

GENDER

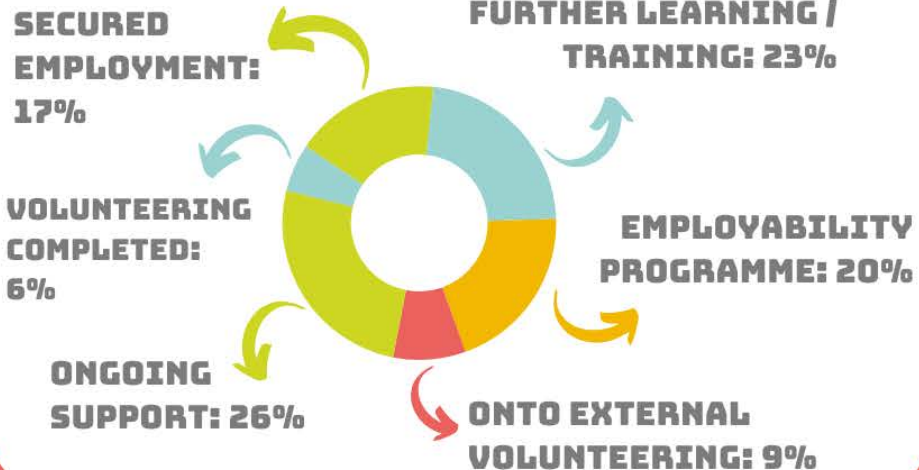


OUTCOMES



of participants went on to take positive steps for their future:

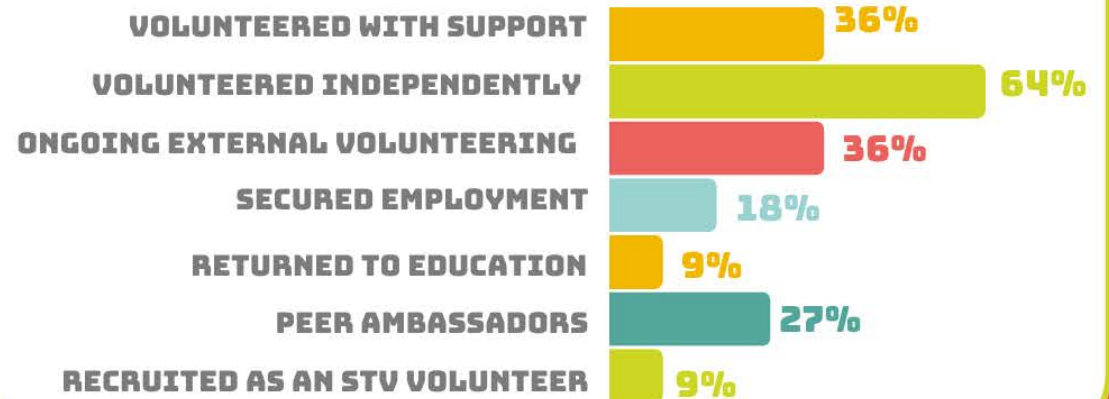
OUTCOMES



'GET GROWING!' ALLOTMENT

YOUNG PEOPLE'S PROGRAMME, BRISTOL

POSITIVE OUTCOMES



VOLUNTEERING AWARDS



ASDAN training refers to a volunteering portfolio-based programme designed to accredit up to 60 hours of activity and skills development.

Hours of volunteering:

Bronze: 10 hrs | Silver: 20 hrs | Gold: 50 hrs | Platinum: 70 hrs