



# Sioux Lookout First Nations Health Authority

HEALTH CARE IN PARTNERSHIP WITH FIRST NATIONS

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## MEMORANDUM

TO: Sioux Lookout Area Chiefs and Health Directors  
FROM: Dr. John Guilfoyle, Public Health Physician, SLFNHA  
DATE: February 8, 2021.  
SUBJECT: COVID-19: Ontario Stay-at-Home Order Extension

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On Tuesday January 12, 2021, the Ontario government had announced a provincial stay-at-home order and new restrictions. A recent release from Ontario states that this order has been extended until Tuesday February 16, 2021.

We need to exercise ongoing vigilance and continue efforts to keep the virus out of our communities. As your public health physician, I would like to make the following recommendations:

- Maintain perimeter security around communities to ensure all coming from high-risk areas are screened and subject to the public health measures the community has in place.
- Allow travel by community members in and out of the community for only essential reasons, eg. medical, educational, work, etc.
- Allow non-community members who are carrying out essential tasks into community provided there is adequate screening, isolation and observance of public health measures.
- Postpone discretionary visits from community members who live off-reserve.
- Test all returning community members, on entry and 5-7 days later, as surveillance for asymptomatic individuals.
- Encourage all who have symptoms compatible with COVID-19 to contact nursing stations for urgent assessment.
- Continue current in-community workplace and school practices.
- Continue observance of current public health measures and adherence to social bubbles.
- Avoid close contact, enclosed and crowded spaces, as much as possible.

Your continued adherence to public health guidance and the care and caution you have implemented in the communities is very impressive. You have maintained the firewall that is keeping the virus out. We encourage that communities keep doing what you have been doing so successfully.

We continue to emphasize the importance of deciding to get the COVID-19 vaccine when it becomes available in your community. The vaccine will: protect you, protect your loved ones, slow the spread of the virus, and help end the pandemic.



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If you have any questions about how to best protect the health of your community, please do not hesitate to contact the following: Emily Paterson, Director of Approaches to Community Wellbeing ([emily.paterson@slfnha.com](mailto:emily.paterson@slfnha.com)) or Dr. John Guilfoyle, SLFNHA Public Health Physician ([John.Guilfoyle@slfnha.com](mailto:John.Guilfoyle@slfnha.com)).

For more information on the COVID-19 vaccine, please email [ACWInfo@slfnha.com](mailto:ACWInfo@slfnha.com), or visit <https://www.slnha.com/covid/covid-resources/covidvaccine/>.

cc. James Morris, Executive Director, SLFNHA  
SLFNHA Board of Directors  
SLFNHA Chiefs Committee on Health  
Community Health Directors and Physicians  
Sioux Lookout area Tribal Councils  
Nishnawbe Aski Nation