



**Centre for Research  
and Information on  
Substance Abuse**

## **PROGRAMME**

**6<sup>th</sup> Biennial National Symposium on  
Drugs and Drug Policy in Nigeria**

***THEME:***

**Community-based Approaches to Substance Use  
Interventions: Best Practices and Innovative Programmes**

**30-31 August 2023  
Luton Park Hotel, Uyo, Nigeria**



# PROGRAMME

<b>DAY 1: WEDNESDAY, 30 AUGUST 2023</b>	
<b>08:00AM</b>	<b>REGISTRATION</b>
<b>10:00AM</b>	<b>OPENING SESSION</b>
Introduction of Guests	
National Anthem	
Welcome Address by CRISA Director, Professor Isidore S. Obot	
Chairperson's Opening Remarks: Her Excellency, Dr (Mrs) Martha Udom Emmanuel, Executive Director, FEYReP, Uyo, Akwa Ibom State	
Goodwill Messages	
Address by Guest of Honour	
<b>10.00 AM</b>	<b>First Keynote Address</b>
<b>Title: Innovative Approaches to Addressing the Drug Use Crises in Nigeria: What Needs to be Done</b> <b>Speaker: Dr Akanidomo Ibanga</b> , National Programme Officer, UNODC Country Office, Abuja	
<b>10.45AM</b>	<b>Presentation of Recent CRISA Publications</b>
<b>11:00AM</b>	<b>BREAK</b>
<b>11:30AM</b>	<b>Second Keynote Address</b>
<b>Title: Understanding Drugs: From the Academy to the Community</b>	

**Speaker: Professor Neil Carrier**, Bristol University, United Kingdom

**DAY 1: WEDNESDAY, 30 AUGUST 2023**

**12:00PM | FIRST PLENARY SESSION**

**Topic: Best Practices in Community Based Interventions for Substance Use**

**Moderator:** Dr Nkereuwem Ebiti, Federal Neuropsychiatric Hospital, Kaduna

**Panelists:**

- 1. Dr Bartholomew Ochonye**, Heartland Alliance Nigeria
- 2. Henry Okiwu**, YouthRise Nigeria, Abuja
- 3. Mr Aniedi Akpan**, DAPHO, Nigeria
- 4. Mr Andy Eyo**, Excellence Community Education Welfare Scheme (ECEWS) Nigeria

**VENUE: BLISS HALL**

**01.00 PM | FIRST SCIENTIFIC SESSION: CONCURRENT SESSION ONE**

**Sociocultural Factors in Substance Use**

**CHAIRPERSON: Dr Ann Madukwe**

**VENUE: Bliss Hall**

1. Drug abuse, touting culture: A sociological interrogation of street life in Uyo metropolis, Akwa Ibom State, Nigeria  
*Nsidibe, A. Usoro & Udo Torobong Monday*
2. The impact of stigma on help seeking behaviour among drug users in Plateau State, Nigeria  
*Ojenya Henry, Obindo Taiwo, J., Hon Praise M. & Enejoh Victor A*

3. Epidemiological and clinical profiles of people dependent on psychoactive substances treated in the Psychiatric Hospital in Bangui  
*André Tabo, Madel Tribunal, Guylaine Marie Danielle Gondia, Aimé Ngremende Guinol, Judicaël Charlemagne Guela, Alfred Koffi Dondup, Rodrigue Junior Amoda-Tamas Sakimy et René Gualbert*
4. Cultural perceptions of drug supply and drug trafficking in Oyo town: An analysis of attitudes, beliefs and values  
*Joseph, Afolabi Ibikunle*
5. Socio-psychological distributions of harmful drug use among university undergraduates in Imo State  
*Ann U. Madukwe, Juliana C. Njoku & Chidinma Diala Nnorom*
6. Impact of traditional rulers in the fight against consumption of illicit drug/alcohol abuse in Nupeland  
*Kenneth Anethor & Mahmood Abubakar*
7. Assessment of Knowledge of Community-Based Approaches to Substance Use Interventions: Best Practices and Innovative Programs Among Medical Doctors in Akwa Ibom State  
*Evelyn Osemhen Eziagu, Eno-obong Nkanga, Margaret Egan Erhunmwunsee, Henry Jombo & Uchechukwu Brian Eziagu*

**01:00 PM**

**FIRST SCIENTIFIC SESSION: CONCURRENT  
SESSION TWO**

**PREVENTION AND TREATMENT**

**CHAIRPERSON:** Professor Gboyega Abikoye, University of Uyo, Uyo

**VENUE:** Felicia Hall

1. Perceived access and barriers to care among older adults who inject drugs: Findings from the problem drug use assessment in Nigeria 2017  
*JohnBosco Chika Chukwuorji, Chidiebere Wisdom Obioha, Nsidibe Essien, Akanidomo Ibanga, Reginald Tette-Ahumah Ocansey, James Edem Effiong, Emmanuel Ekpedoho Abiama, Clement Adambah & Isidore Obot*
2. Adolescents' drug knowledge, attitudes and skills as preventive approach towards underage drinking  
*Angela Bekederemo, Honest Anaba & Nehemiah Sambo*
3. The impact of covid 19 pandemic on substance use in secondary school students and the effectiveness of comprehensive intervention approaches  
*Musa Aminu, Rasheed O Taiwo, Oche Adam Itodo, Julfa Timkuk, Mbaliyasemaveni Ginindza & Sophia Osawe*
4. Evidence-based psychotherapeutic intervention among clients with substance use disorder: Application of insight oriented and motivational interviewing  
*Nwaoru Chiamaka Rose, Nwamaka Nwaebube Chukwuba, Nnadozie Fortune Udoka & Nnadozie Anulika Onyinye*
5. A depressed female medical student who self medicates with cannabis: A case report with review of literature  
*Enobong Nkanga, Evelyn Eziagu, Seyi Ogundipe & Henry Jombo*
6. Addressing adolescents drug problems with the lens of vested interest theory- persuasive message advocacy for social media, community leaders and civil society practitioners in Nigeria.  
*Scent, Grace Atije Tonye & Esukene, Pius Bertha*
7. Opioids, new psychoactive substances and social adjustment among teachers in Yola Adamawa State: implications on community-based treatment approach  
*Ebenezer Olutope Akinnawo & Akpunne Bede Chinonye*
8. Supernatural Conceptualization of Addiction as Barriers

to Community-Based Substance Use Interventions in Selected Communities in Akwa Ibom State

*James E. Effiong & Isaiah Uwemedimo*

9. Difficult Client Under Rehabilitation

*Ethel Umoetuk*

**2:00 PM** | **LUNCH BREAK**

**3:00 PM** | **Research WORKSHOP: Cannabis Africana Project**

**Topic: Drug research beyond the survey**

**VENUE: Bliss Hall**

**Speakers:**

1. **Janet Ogundairo**, IFRA, Nigeria
2. **Neil Carrier**, Bristol University, UK
3. **Gernot Klantschnig**, Bristol University, UK

**4:00 PM** | **Second Plenary Session: Panel discussion**

**Methodological Issues in Substance Use Research**

**Moderator:** Professor James Gire, Virginia Military Institute, USA

**Panelists:**

1. **Dr Ogochukwu Odeigah**, Department of Psychology, Chrisland University, Nigeria
2. **Ediomo-ubong Nelson**, Centre for Research and Information on Substance Abuse (CRISA), Nigeria
3. **Dr Abayomi Olaseni**, University of Ilorin, Ilorin, Nigeria
4. **Dr Samson Femi Agberotimi**, Covenant University, Nigeria

**5:00 PM**

**CLOSE OF DAY ONE**

**DAY 2: THURSDAY, 31 AUGUST 2023**

**9:00 AM      THIRD PLENARY SESSION**

**MODERATOR:** Dr Donatus Ukpong, Mobile Manna, Uyo

**VENUE:** Bliss Hall

1. Why History Matters: 100 years of prohibition, exclusion and obstacles to drug policy change in Nigeria  
*Gernot Klantschnig*
2. Closing the gap in meeting the treatment and care needs for people with drug use disorders in Nigeria: Lessons from the national harm reduction programme.  
*Dr Uduak Daniel & Dr Akanidomo Ibang* (UNODC, Nigeria)

**10:00 AM      SECOND SCIENTIFIC SESSION: CONCURRENT SESSION ONE**

**Tobacco and Alcohol**

**CHAIRPERSON:** Dr Bartholomew Ochonye

**VENUE:** Bliss Hall

1. Alcohol outlet density in Abeokuta, Nigeria  
*Ogochukwu W. Odeigah, Robert Patton, & Pamela Trangenstein*
2. Cycle of alcohol and tobacco abuse in African families  
*Moses I. Peters, Nsidibe A. Usoro, Nsikanabasi U. Wilson, & Aniekan E. Basse*
3. Combating tobacco use: Exploring health belief model and smokeless tobacco use among older persons in Nigeria  
*Nneoma G. Onyedire & Kalu T. Ogba*

4. The moderating role of resilience on the relationship between fear of negative evaluation, self-esteem and hazardous alcohol use among undergraduate students.  
*Nelson Ifedili Nwankwo. & Michael O. Ezenwa*
5. Sources of alcohol and consumption in rural communities: The unabated danger  
*Ursula Ette, Nsidibe Usoro & Aniefiok Ukommi*
6. Impact of alcohol intake, income and gestation period on psychological distress among pregnant women in Uyo metropolis  
*David O. Iloma*
7. Role of ASAAHN and WAAPA in the development of an effective alcohol policy in West Africa  
*Nsidibe Essien*

**10:00 AM**

**SECOND SCIENTIFIC SESSION: CONCURRENT  
SESSION TWO**

**Gender and Demographic Issues in Drug Use**

**Chairperson: Dr Akanidomo Ibanga**

**Venue: Felicia Hall**

1. Demographic Variables and gender differences in Access to Needle and Syringe Program among PWIDs in Cross River State: A secondary data Review of GF/FHI360/HALG National Aligned HIV/AIDS Initiative (NAHI)  
*Paul Umoh, Blessing Edet, Roger Abang, Godwin Emmanuel, Bartholomew Ochonye, Nanribet Mwoltu*
2. You just hover over me: teenage drug socialization, contextual evolutionary explanations and the point of parental discipline  
*Iboro F.A. Ottu, Gabriel R. Umoh, Emeh A. Udoh, James E. Effiong, Lucky S. Inyang, Enwongo A. Okediji, Ikakke-Abasi Udom, Comfort Esau, Kufre Akadi, Mercy Ukpong*



3. HIV self-testing acceptability among people who inject drugs in Nigeria  
*Oji Grace Mmesommachukwu*
4. Parenting styles and drug use among secondary school students in Calabar: A cross-sectional study  
*Bassey Eyo Edet, Emmanuel Aniekan Essien, Asu Benedict Obasse, Idongesit Ayemo Ubi, Ehiaghe Jennifer Aigbomian, Olusola Olojo Attoe*
5. Assessment of Medical Doctors' knowledge of new psychoactive substances and their neurobehavioural effects  
*Evelyn Eziagu, Chidimma Nwanknwo, Ayoyinka Ayorinde, Margaret Erhunmwunsee, Seyi Sunday, Uma Agwu, Emedoh Chimezie, Uchechukwu Eziagu*
6. Evaluation of substance use-related mortalities among women in the reproductive age group in Akwa Ibom State, Nigeria  
*Ben, Victor Effiong & Emejuru, Peter Ikechukwu*
7. Psycho-spatial predictors of drug use among inner city youths in Uyo  
*Akpan, Wilson Eseme & Gboyega E. Abikoye*

<b>11:00 AM</b>	<b>Break</b>
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<b>11:30 AM</b>	<b>FOURTH PLENARY SESSION: Panel Discussion</b>
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**Topic: The place of Young People in the Future of Drug Policy Reform Efforts in Nigeria**

**Venue: Bliss Hall**

**Facilitator: Nsidibe Essien, CRISA Nigeria**

1. **Molly Unoh Ogbodom**, Students for Sensible Drug policy
2. **Imo Uchenna Frank**, Students for Sensible Drug policy
3. **Isaac Olusola**, Students for Sensible Drug policy

<b>12:30PM</b>	<b>FIFTH PLENARY: Panel Discussion</b>
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**Panel Session: Cannabis policy in Africa: Past, present and future**

**Chairperson: Neil Carrier, Bristol University, UK**

**VENUE: Bliss Hall**

Panellists:

1. Maria-Goretti Anne Loglo, IDPC, Ghana
2. Bernice Apondi, VOCAAL, Kenya
3. Ediomu-ubong Nelson, CRISA, Nigeria
4. Gernot Klantschnig, Bristol University, UK

<b>1.30PM</b>	<b>THIRD SCIENTIFIC SESSION: CONCURRENT SESSION ONE</b>
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**Drug Policy Issues**

**Chairperson: Gernot Klantschnig, Bristol University, UK**

**Venue: Bliss Hall**

1. A pot of gold at the end of the rainbow: Subsistence cannabis cultivation in the changing legislative context in South Africa  
*Kelly Fortune*
2. Non -custodial sentencing as alternative to punishment for people with drug use disorders: the role of legal aid providers  
*Jonathan Agbo*
3. ‘...We must get-tough on them’: The politics, political economy, and fallout of hawkish regulatory policy on prescription drugs in Nigeria  
*Macpherson Uchenna Nnam & Babatunde Michel Idowu*
4. Government policy and mass media as a panacea in

addressing the use of illicit drugs in Nigeria

*Yahaya Abdulkarim*

5. Applying theatre for development (TFD) methods towards ameliorating increase in substance use in rural Benue

*Helen Dennis Teghtegh*

6. National Policies and Stigmatization and Discrimination against People who use Drugs in Nigeria: A Scoping Review

*Godswill Nwabuisi Osuafor and Monica Ewomazino*

*Akokuwebe*

**1.30PM**

**THIRD SCIENTIFIC SESSION:  
CONCURRENT SESSION TWO**

### **Substance Use and Society**

**Chairperson: Dr Ogochukwu Odeigah**

**Venue: Felicia Hall**

1. The role of the media and community leaders in controlling the use and abuse of datura metel in Cross River State  
*Ugor, M. A. & Oko, Blessing O*
2. The social context of drug use: A preliminary report among adolescents in Calabar  
*Bassey Eyo Edet, Emmanuel Aniekan Essien, Idongesit Ayemo Ubi, Asu Benedict Obasse, Ehiaghe Jennifer Aigbomian & Olusola Olojo Attoe*
3. Influence of substance use among youths: An application of the differential theory in Elele Alimini Community, Emohua Local Government Area of Rivers State, Nigeria  
*Emejuru, Peter Ikechukwu & Ben, Victor E*
4. Illicit drugs consumption and immoral behaviours among public secondary school students in Ikot Ekpene Local

Government Area

*Gertrude J. Udoh & Idopise O. James*

5. Drug and psychoactive substance abuse and divorce in Bayelsa State  
*Wisdom S. Krokeyi & Scent, Grace Atije-Tonye*
6. Two sides of a coin: Exploring the narratives around cannabis in rural communities in South Western Nigeria  
*Janet A. Ogundairo, Ediomu-Ubong Nelson & Gernot Klantschnig*
7. Role of type a personality and substance use on perceived social stigma among undergraduates  
*Umoren, E., Okoye, A.C., & Okediji, A.A*

**1.30PM**

**Sixth Plenary Session**

**Topic: Implementing Harm Reduction in Nigeria: Lessons Learned**

**VENUE: Bliss Hall**

**Moderator: Dr Bartholomew Ochonye, Heartland Alliance LG**

**Panellists:**

1. Paul Umoh, Heartland Alliance LG
2. Nanribet Mwoltu, Heartland Alliance LG
3. Olufunke Tewobola, Heartland Alliance LG
4. Akanji Michael, Heartland Alliance LG

**2:30 PM**

**LUNCH**

**3:30PM**

**Seventh Plenary Session**

**Workshop on Grant Proposal Writing**

**Presenter: Dr Emmanuel Akpabio, Department of Geography and Natural Resources, University of Uyo**

**VENUE: Bliss Hall**

**5 PM**

**BUSINESS SESSION:**

**Communique, Certificates of attendance, Evaluation**

	<b>RAPORTEURS:</b> <b>Nsidibe Essien, Anietie Etteyit, Uchenna Imo</b> <b>VENUE: Bliss Hall</b>
<b>6:00 PM</b>	<b>CLOSING</b>

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## PAST INTERNATIONAL CONFERENCES ON “DRUGS, ALCOHOL AND SOCIETY IN AFRICA”

NUMBER	YEAR	MAJOR THEME
1 <sup>st</sup>	1991	Approaches to Demand Reduction
2 <sup>nd</sup>	1993	The Social Costs of Drug Abuse and Drug Trafficking
3 <sup>rd</sup>	1995	Drugs in the Work Place: An Emerging Labour Crisis in Nigeria
4 <sup>th</sup>	1999	Drug Abuse Prevention and Treatment: What Works?
5 <sup>th</sup>	2000	Drugs, Alcohol and Youth: From Research to Policy
6 <sup>th</sup>	2002	Social and Economic Consequences of Drug Abuse: Research and Policy Consideration for Sub-Saharan Africa
7 <sup>th</sup>	2006	Responding to Alcohol and Drug Problems: A Focus on Effective Policies and Interventions
8 <sup>th</sup>	2008	Substance Abuse and Social Development
9 <sup>th</sup>	2010	Substance Abuse and HIV/AIDS in Africa
10 <sup>th</sup>	2012	Social Determinants of Substance Abuse in Africa: From Knowledge to Action
11 <sup>th</sup>	2014	Improving Access to Effective Treatment for Drug Use Disorder in Africa
12 <sup>th</sup>	2016	Public Health and Drug Policy in Africa: Beyond the UN General Assembly Special Session (UNGASS 2016)
13 <sup>TH</sup>	2018	Substance use and Sustainable Development in Africa: Strengthening the Evidence Base for Policy and Action

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<b>14<sup>th</sup></b>	<b>2022</b>	<b>Towards the Reform of Drug Law and Policy in Africa: Research, Practice and Advocacy Considerations</b>
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**PAST NATIONAL SYMPOSIA ON DRUGS AND DRUG POLICY IN NIGERIA**

<b>NUMBER</b>	<b>YEAR</b>	<b>THEME</b>
<b>1<sup>st</sup></b>	<b>2013</b>	<b>Enhancing Capacity for Substance Abuse Research and Interventions</b>
<b>2<sup>nd</sup></b>	<b>2015</b>	<b>Legal and Policy Framework for Drug Control in Nigeria</b>
<b>3<sup>rd</sup></b>	<b>2017</b>	<b>Working with Local Communities to Reduce Drug and Alcohol Problems</b>
<b>4<sup>th</sup></b>	<b>2019</b>	<b>Non-Medical Use of Prescription and Over the Counter Medications in Nigeria: Causes, Consequences and Effective Response</b>
<b>5<sup>th</sup></b>	<b>2021</b>	<b>Substance Use, Addictive Behaviours and COVID-19</b>



# Centre for Research and Information on Substance Abuse

## ABOUT CRISA

The African Centre for Research and Information on Substance Abuse (CRISA) was founded in Jos, Nigeria, in 1990 as an independent, non-profit, organization devoted to drug and alcohol research, prevention and treatment of substance use disorders, and promotion of healthy lifestyles. CRISA is registered at the Corporate Affairs Commission, Abuja, as a non-governmental organization (limited by guarantee of the Attorney General of the Federation) and in the U.S as a non-profit organization.

The specific objectives of the Centre are:

- To carry out and support research on all aspects of licit and illicit drug use and other lifestyle and health issues;
- To offer treatment and rehabilitation services to people with alcohol and drug use disorders;
- To serve as a clearing-house for state-of-the-art information on alcohol, tobacco and other drug use;
- To organize conferences, training workshops and seminars on substance abuse epidemiology, prevention and treatment;
- To provide regular information to researchers, prevention and treatment professionals, the public and media through the publication of pamphlets, newsletters, books and an academic journal;
- To engage in all other activities that may contribute to the promotion of healthy lifestyles, especially among African youth.

The major activities of the Centre include research, a biennial international conference on Drugs, Alcohol and Society in Africa, publication of the *African Journal of Drugs and Alcohol Studies* and



books, library services, consultancy and community outreach and counselling programmes.

## **RESEARCH**

CRISA staff and Associates are actively engaged in many areas of substance abuse research, including epidemiology, treatment and prevention, and drug law and policy. A major objective of the Centre is to enhance the capacity of African scholars and professionals to engage in research that advances our understanding of psychoactive substances, substance use and related problems.

CRISA Associates have completed important research projects on drug use among secondary school students; inhalant abuse among students and out-of-school youth in Jos; a WHO-funded project on alcohol, gender and culture in Nigeria; and national surveys of problematic drug users and key informants.

## **COUNSELLING, TREATMENT AND COMMUNITY OUTREACH**

CRISA staff members are available to provide brief advice and counselling for people suffering from alcohol and drug use disorders. The Centre provides information on available services in the country and offers drop-in treatment and rehabilitation services. In collaboration with community and other organizations, the CRISA organizes community events to address the prevention of substance use problems, mental health issues, and general health promotion.

## **RESEARCH LIBRARY**

The CRISA Research Library holds thousands of publications (books, journals, newsletters, etc.) on substance abuse, health and social sciences, including books published by the Centre, rare materials from the World Health Organization, other UN agencies and local and

international organizations. You can contact the centre for information on how to register and use the library resources.

## **CONFERENCES**

In June 1991 the Centre held its first biennial international conference on “Drugs, Alcohol and Society in Africa” in Jos. Since then a total of twelve conferences have been held in the series drawing participants from all parts of the world. Beginning with the fifth edition, this biennial gathering of academics, policy makers, professionals, and students has been held in Abuja and Lagos, Nigeria.

In 2013 CRISA launched the “National Symposium on Drugs and Drug Policy” to focus attention on drug issues of particular relevance to Nigeria.

## **PUBLISHING AND INFORMATION DISSEMINATION**

CRISA is registered as a publisher at the Nigerian ISBN Agency, National Library, Lagos. The Centre has published several research monographs, a well-received bibliography on drugs and alcohol in Nigeria, a prevention guide for parents and guardians, and an academic journal. The *African Journal of Drug and Alcohol Studies* is devoted to the publication of empirical research findings, informed opinion, and policy analysis on alcohol-and –drug-related issues in Africa. Recent issues of the journal were published with grants from IOGT-NTO (Sweden) and FORUT-Campaign for Development (Norway). The journal and other Centre publications have also been produced with support of the Medical Research Council (Cape Town, South Africa), the U.S Centre for Disease Control and Prevention, the UNODC and the NDLEA.

## **CONSULTANCY**

CRISA has served as a consultant to other NGOs interested in initiating drug abuse prevention activities for their organizations. Also, between 1999 and 2001 the Centre served as the appointed consultant on drug demand reduction to both the House of Representatives and Senate Committees on Drugs and Financial Crimes of the Nigerian National Assembly, Abuja. CRISA has also worked with the Economic Commission of West African States (ECOWAS), the African Union, the European Union and the United Nations Office on Drugs and Crime (UNODC) on drug control issues in Africa.

### **COLLABORATING ORGANISATIONS**

CRISA has worked in collaboration with the Nigerian National Drug Law Enforcement Agency (NDLEA), United Nations Office on Drugs and Crime (UNODC), the World Health Organization (WHO), the Public Affairs Office of the U.S Embassy (formerly USIS), University of Jos, Pro-Health International, World Federation for Mental Health, Medical Research Council (Cape Town, South Africa), IOGT-NTO (Sweden) and FORUT-Campaign for Development (Norway), Federal and State Ministries of Health, Youth and Sports, Social Welfare, etc.

CRISA is a member of several societies and networks, including the International Society of Addiction Journal Editors (ISAJE), the Substance Abuse Librarians and Information Specialist (SALIS) Network, and the International Confederation of ATOD Research Associations (ICARA).

### **WHAT YOU CAN DO TO ADVANCE OUR MISSION**

You can:

- Support the Centre financially
- Become a CRISA Associate and participate in all Centre activities
- Donate books and materials to the library
- Serve as a substance abuse counsellor at CRISA
- Volunteer during CRISA events

## **MEMBERS OF THE LOCAL ORGANISING COMMITTEE**

Ediomo-Ubong Nelson (Chair, LOC), Prof Gboyega E. Abikoye, Gloria Akpabio, Mrs Ursula Ette, Dr Mfon Ineme, Anietie Etteyit, Dr Princewill Egwuasi, Dr Iboro F. Ottu, Dr NsikanAbasi Wilson, Okokon Umoh, Dr Victor Ben, Aniedi Akpan, Dr Nsidibe Usoro, Prof. Isidore S. Obot, Nsidibe Essien (Secretary, LOC)

## **CRISA CONTACT INFORMATION**

### **HOW TO CONTACT US**

**Postal Address:** CRISA, P.O.Box 4230, University Post Office, Uyo, Nigeria

### **Main Office and Research Library:**

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