



IHRA

International Harm Reduction Academy

CYCLE 1

2016

LAST DATE TO APPLY:
DECEMBER, 1ST, 2015

PROGRAM DURATION:
JANUARY – JUNE, 2016



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What is Harm Reduction Academy?



Harm Reduction Academy is a global learning, dialogue and skills building course established with the vision to end AIDS and Hepatitis C among people who inject drugs.

Inspired by the successes in response to HIV epidemic in some of the most challenging settings, contrasted by the emergence of injecting use-driven epidemic in new settings, the course combines decades of practical experience and most recent developments in effective and impactful responses.

We have formed a partnership of leading program developers and lecturers, individuals from inside the drug using community, clinical experts to conduct a practical learning course on harm reduction – **Harm Reduction Academy** – in diverse drug using contexts and response modalities.



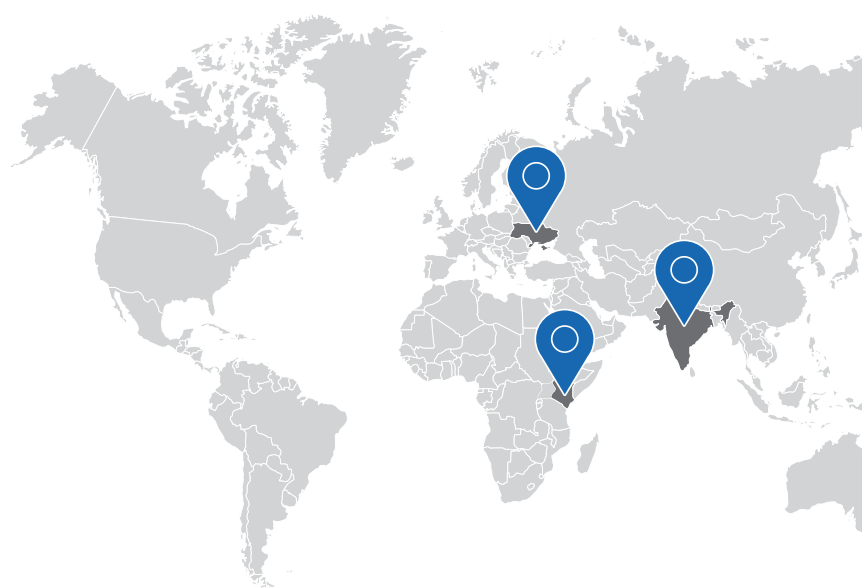
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Over the course of six months, three exciting weeks will be dedicated to lecture hours, combined with practical field visits to three countries in Europe, Asia and Africa. Course participants will learn:

- how to evaluate the needs of a given drug using community and how to effectively develop response programs;
- which interventions and their combinations have the highest capacity of epidemic impact in the given context;
- how to allocate the scarce resources most effectively with maximum health and social outcomes;
- how to reach drug users and motivate behaviour change and link them to key medical services in ways that ensure their adherence.

Harm Reduction Academy will bring together individuals with a mix of international backgrounds ensuring professional and cultural diversity in the classroom and the field. We hope that the participation in the Academy itself will lead to establishment of effective networks and joint global harm reduction initiatives by the alumni.

Join our **Harm Reduction Academy** if your goal is to end AIDS and Hepatitis C in people who use drugs. After completing our course you will find smart and effective responses not in the classroom or the field, Ukraine, India or Kenya – but in your own head.



Cycle structure



February



Kyiv,
Ukraine



5 days

Module 1. Harm reduction: strategies, services, plans

Module 2. Community: mobilization, empowerment, monitoring

April

New Delhi,
India

5 days

Module 3. Politics: resourcing, environment, responding to crisis

June

Nairobi,
Kenya

5 days

Unique to the Harm Reduction Academy

1 International Harm Reduction Scope

The program embraces 3 parts of the world and gives opportunity to learn from harm reduction in Europe, Asia and Africa. Our local partnerships ensure insider's access to learning and field work in Ukraine, India and Kenya. Diversity of the drug using and implementation scenes leads to the conclusion about the similarity of issues faced by injecting drug users in different settings and how the universal logic of ham reduction can be applied in diverse contexts.

2 Uniting Theory and Practice

The Academy provides a unique opportunity of learning both theory and practice of harm reduction through didactic lectures combined with field visits to organizations providing harm reduction services in the 3 countries hosting the modules. The participants will learn various drug scenes, response programs, interventions linking prevention and treatment, interact with drug using communities, service providers, and key stakeholders.

3 Decades of Experience in 3 Weeks

The Academy is anchored by more than 15 years of successful experience in planning and managing large HIV, tuberculosis and hepatitis C programs for key populations at risk. Our lecturers are international experts who have field experience in the creation, implementation and evaluation of harm reduction programs. Their leadership and commitment will inspire and motivate the participants to plan big and ambitious targets and to achieve durable outcomes.



Participants profile

This course is designed primarily for representatives of international, national and local organizations who implement and support harm reduction programs. This includes principal organisers of programs providing services to people who use drugs or those who have just started working with people who use drugs. This is the target group for HIV, TB and Hepatitis C treatment and prevention programmes.

By the end of the course, participants will be able to:

- Successfully argue for their harm reduction approach
- Understand the technologies and logic of the program
- Know the quality standards for harm reduction and how they can be implemented in different contexts
- Know how to plan their own comprehensive harm reduction program
- Know how to build up linkages between prevention, care and treatment in harm reduction programs
- Decide on the types and number of commodities and harm reduction materials required for harm reduction program
- Understand all the components of a successful harm reduction program
- Understand methods of monitoring and evaluation for harm reduction program and how they can be applied into practice

- Understand the key principles of budgeting and managing of a harm reduction program
- Understand methods and approaches for community mobilization and empowerment
- Analyse the program in different contexts and be able to provide specific recommendations on its improvement



Duration:

180 hours (5 days for each module * 3 modules)



Locations:

Kyiv (Ukraine), New Delhi (India), Nairobi (Kenya)



Fees:

3500 USD for course attendance. Not included: flights to Ukraine, Kenya and India and accommodation at sites.



Scholarship will be available to the most distinguished candidates. In order to apply for a scholarship, please mention that in the application form.



Languages:

the course is available in English and Russian.



Module 1.

Harm reduction: strategies, services, plans



Theoretical part of the module will be looking at the planning of harm reduction programs.

THEORETICAL PART:

- Key principles of harm reduction and quality standards.
- Components of harm reduction programs: needle and syringe program; opioid substitution therapy and other drug dependence treatment; HIV testing and counselling; antiretroviral therapy; prevention and treatment of sexually transmitted infections; condom distribution programs for people who inject drugs and their sexual partners; targeted information, education and communication for people who inject drugs and their sexual partners; vaccination, diagnosis and treatment of viral hepatitis; prevention, diagnosis and treatment of tuberculosis.
- Planning the harm reduction program: participatory site assessment; size estimation for the key groups; drug scene; policy environment; needs of target populations.
- Changing policy environment: key principles of successful advocacy based on the practical cases from Ukraine.
- Budgeting and managing harm reduction program: unit cost, implementing partner's assessment and grant cycle.

FIELD VISITS:

- Drug scene. Outreach.
- Drop-in centre.
- Mobile outreach.
- Pharmacy-based interventions.
- Opioid substitution therapy program.
- Gender sensitive programs.
- Case management intervention linking prevention and treatment.
- Key stakeholders.



Module 2.

Community: mobilization, empowerment, monitoring



Theoretical part of the module will be looking at community mobilization and community empowerment components and monitoring and evaluation.

THEORETICAL PART:

- Quality standards of harm reduction program in different contexts.
- Methods of program monitoring and evaluation. SyrEx (clients' and services' tracking database) use for planning and analysis of harm reduction program.
- Community mobilization and empowerment.
- Provision of services to bridge populations.
- Analysis of programs in different contexts and provision of specific recommendations.

FIELD VISITS:

- Drug scene. Outreach. Drop-in centre.
- Opioid substitution therapy program.
- Programs providing services to family members of drug users.
- Case management intervention linking prevention and treatment.
- Key stakeholders.



Module 3.

Politics: resourcing, environment, responding to crisis



Theoretical part of the module will be looking at key issues of harm reduction program context and management.

THEORETICAL PART:

- Donor reporting.
- Use of programmatic and reporting data for decision making.
- Ensuring comprehensive harm reduction package in resource limited setting.
- Managing the program in the context of crises (political, economical, etc.)
- Building supportive environment for the program.
- Resource mobilization for harm reduction.

FIELD VISITS:

- Outreach. Drop-in centre.
- Opioid substitution therapy program.
- Case management intervention linking prevention and treatment.
- Key stakeholders.

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