

Abuse/Personal Safety – HELP LINES and Contacts

As of 05/28/2023

Note: The **BE AWESOME RESOURCE GUIDE** was the source of most of this valuable information.

Thank you BE AWESOME!

To report suspected elder/child abuse or neglect: *call 911 in an emergency!*

EMERGENCY SERVICES:

AK-Chin Tribal Police: 520-568-1200

City of Maricopa Police Department: 520-316-6800

CRISIS HOTLINES:

National Domestic Violence Hotline: 1-800-799-SAFE (7233) TTY 1-800-787-3224

National Sexual Assault Hotline: 1-800-656-4673

National Suicide and Crisis Lifeline: Dial 988

Veterans Crisis Line: Dial 988 then press: 1

(You don't have to be enrolled in VA benefits or health care to connect.)

SAMHSA National Helpline: 1-800-662-HELP (4357) TTY 1-800-487-4889

(Substance abuse and mental health services)

Solari Crisis Response Network: 1-602-222-9444 TTY 1-800-327-9254

(Crisis intervention specialists)

Teen Lifeline: In Maricopa: 602-248-TEEN (8336) **Outside of Maricopa:** 800-248-TEEN (8336)

Our hours are:

Call 24/7/365

Text weekdays 12-9 p.m. & weekends 3-9 p.m.

Peer Counseling: 3-9 p.m. daily

Warm Line: 602-347-1100 (If you only need to talk to someone)

DOMESTIC VIOLENCE:

Against Abuse- 24/7 Crisis Lines: *Central:* 520-836-0858 or *Maricopa:* 520-568-5999

Child Abuse Hotline: 1-866-495-6738

La Frontera-Empact: 480-736-4949 or 480-784-1500

Shelter Hotline: *Maricopa:* 520-568-0858

SEXUAL ASSAULT:

Rainn (Rape, Abuse, Incest National Network): 1-800-656-HOPE (4673)

Safe Hotline: *Maricopa:* 1-877-995-5247

24 HOUR SERVICES:

Area Agency on Aging 24-hour Senior HELPLINE: 602-264-HELP (4357)

(The HELPLINE will direct you to the appropriate service needed)

AZ Complete Health: 1-866-495-6738

Gila River/Ak-Chin Communities Served by Empact: 1-800-259-3449

La Frontera-Empact: *Maricopa:* 520-316-6068

La Frontera-Empact: *SanTan Valley:* 480-784-1500

Maricopa Crisisline: 1-800-631-1314

Self-Injury Hotline: 1-800-366-8288

Suicide/Crisis Hotline: 1-866-205-5229

The Trevor Project/Crisis & Suicide Prevention for LGBTQ+Youth: 866-488-7386

FILING A REPORT REGARDING ADULT ABUSE, NEGLECT/SELF-NEGLECT AND EXPLOITATION

Adult Protective Services (APS) non-emergency hotline: 877-767-2385 TDD: 877-815-5390

<https://www.azdes.gov/reportadultabuse>