# Maricopa Community Senior Center

41614 W. Smith-Enke Rd #100 Maricopa, AZ 85138 520.233.2400 option #3

| Mon                           | Tues   | Weds  | Thurs   | Fri  | Sat          |
|-------------------------------|--|---|---|--|--------------|
| HOURS OF OPERATION            |  |   | 1   | 2  | 3            |
| Mon-Fri<br>9am-4pm            |  |   | Open Games/Cards<br>Ceramics Class<br>11:00am-12:30pm<br>Grief Journey-<br>1:00pm-2:00pm<br>Birthday Bingo-Host:<br>MPD Chief Goodman<br>1:00pm | Open Games/Cards<br>Quilting Divas<br>9:00am-12:30pm<br>Movie Matinee<br>1:00pm  | CLOSED       |
| <b>5</b><br>Open Games/Cards  | 6<br>Open Games/Cards<br>Meet & Greet<br>10:00-11:00am<br>Coffee with Friends<br>1:30pm                        | 7<br>Open Games/Cards<br>Creative Sisterhood<br>with Stitches for Love<br>9:00am-12:00pm<br>Beginner Line Dancing<br>12:00pm-1:30pm   | 8<br>Open Games/Cards<br>Grief Journey<br>1:00pm-2:00pm   | 9<br>Open Games/Cards<br>Sisterhood of<br>Traveling Quilts<br>9:00am -1:30pm<br>Blood Pressure Clinic<br>10:30 AM<br>Movie Matinee<br>1:00pm | 10<br>CLOSED |
| <b>12</b><br>Open Games/Cards | <b>13</b><br>Open Games/Cards<br>Meet & Greet<br>10:00-11:00am<br>Coffee with Friends<br>1:30pm                | <b>14</b><br>Open Games/Cards<br>Creative Sisterhood<br>with Stitches for Love<br>9:00am-12:00pm<br>Sassy Lady August<br>Craft-<br>9:30 AM<br>\$5 - Registration<br>Required- (Sold Out)<br>Beginner Line Dancing<br>12:00pm-1:30pm | 15<br>Open Games/Cards<br>Grief Journey<br>1:00pm-2:00pm<br>ThirdsDay Bingo with<br>Dan- 1pm  | <b>16</b><br>Lunch and Learn<br>*11:00am<br>Lunch/*11:30am<br>Presentation<br>Open Cards/Games<br>1:00pm – 3:30pm<br>*NO Matinee Movie*      | 15<br>CLOSED |
| <b>19</b><br>Open Games/Cards | 20<br>Open Games/Cards<br>Meet & Greet<br>10:00-11:00am<br>Games with Peg-1pm<br>Coffee with Friends<br>1:30pm | 21<br>Open Games/Cards<br>Creative Sisterhood<br>with Stitches for Love<br>9:00am-12:00pm<br>Caregivers Support<br>Group<br>10-11:30am<br>Beginner Line Dancing<br>12:00pm-1:30pm   | <b>22</b><br>Open Games/Cards   | 23<br>Open Games/Cards<br>Sisterhood of<br>Traveling Quilts<br>9:00am -1:30pm<br>Movie Matinee<br>1:00pm                                     | 24           |
| <b>26</b><br>Open Games/Cards | 27<br>Open Games/Cards<br>Meet & Greet<br>10:00-11:00am<br>Coffee with Friends<br>1:30pm                       | 28<br>Open Games/Cards<br>Creative Sisterhood<br>with Stitches for Love<br>9:00am-12:00pm<br>Beginner Line Dancing<br>12:00pm-1:30pm  | 29<br>Open Games/Cards<br>Grief Journey<br>1:00pm-2:00pm  | <b>30</b><br>Open Games/Cards<br>9:00am -1:30pm<br>Movie Matinee<br>1:00pm   | 31<br>CLOSED |

August

## **August Maricopa Community Center Senior Programming**

## **Games and Social**

#### CARDS | DAILY | 9:00-3:45 pm | FREE

Any time is a great time to come to the community center and play cards! Below you will find the standing schedule for the most popular games. Please note there is not always a guaranteed room to play cards in, but there will always be space.

Canasta: Mondays, Tuesdays, Thursdays & Fridays 11:00am - 3:45pm Wednesdays 12:00- 3:45 Pinocle: Mon, Tues, Thurs & Fri 9:00-12:00 Mah Jongg: 1st & 3rd Friday 1:00-3:45pm Mexican Train: Mondays 11:00-3:45pm Farkle: Thursdays 9:00-12:00

#### MEET & GREET | Tuesdays | 10:00-11:00am | FREE

This is a great chance to socialize and meet some fellow seniors that are living here in Maricopa, all while enjoying a free donut & coffee.

#### BIRTHDAY BINGO | Thursday August 1st | 1pm | FREE

Come out and join us for a fun afternoon of Bingo, followed by our monthly Birthday Celebration. Whether you have a June birthday or not, please join us in honoring those that do! This month host: MPD Chief Goodman

#### ThirdsDAY BINGO with Dan | 3rd Thursday |1pm | FREE

This untraditional bingo is sure to have you giggling while shouting out "BINGO!" Join us on the 3rd Thursday of every month with this one-of-akind white elephant Bingo with Dan.

#### MOVIE MATINEE | Fridays | 1pm | FREE

Join us at The Community Center every Friday afternoon, (with exception of the 3rd Friday which is LUNCH and LEARN) to gather and watch a movie with friends. You are welcome to bring your own snack and drink to enjoy during the movie.

#### COFFEE WITH FRIENDS | Tuesdays | 1:30pm | FREE

Formerly known as Friends of the Library; now Coffee with Friends invites everyone to enjoy yet another chance to get to know your neighbors. Come socialize and connect while making new friends!

LUNCH and LEARN | Friday, August 16th | Maricopa Community Ctr I 11:00am-1:00pm I \$5 Speakers: Vice Mayor Amber Liermann & Dr. Tracey Lopeman . Registration is Required 72 Hrs. prior to event if you would like lunch. The cost is \$5 and will be provided by Sprouts. Learn more about our community schools, the future of education in Maricopa and other updates. If you want to just listen to the Speaker, arrive at 11:30 AM, no registration is necessary and there is no fee.

## **Speciality Events**

#### Games With Peg | Tuesday, August 20th | 1pm - FREE

Come learn and play exciting new games with Peg Chapados in a relaxed but fun environment. Registration is not necessary.

## **Hobbies and Crafts**

#### CREATIVE SISTERHOOD with charity-based group STITCHES for LOVE | Wednesdays | 9:00-12:00 pm

Come join in on some creative activities! Learn a new skill, share yours; or help a charity-based group who works locally in Maricopa for groups requiring assistance. Enjoy knitting, crocheting, and sewing projects like hats, gloves, and throws to give back to the community.

#### SISTERHOOD OF TRAVELING QUILTS | 2nd & 4th Friday | 9:00-1:30 PM

Like-minded quilters gather here for fellowship and inspiration. Learn new quilting skills and techniques while working on charitable projects for the community and fellow local organizations. Beginner and accomplished quilters are welcome.

#### QUILTING DIVAS | 1st Friday | 9:00am-12:30pm

Share the love and joy of quilting through demos, speakers, challenges, community projects, trips and parties.

#### CERAMICS CLASS | 1st Thursday | 11:00am | \$12

Join us for Ceramics class and learn clay hand building techniques and ceramic bisqueware painting. Creations will be fired in a pottery kiln and returned to you. No experience necessary. **Reg. Required- Fee.** 

#### MONTHLY CRAFT with DJ –Sassy Lady Craft (Sold Out) | Wednesday August 14th | 9:30am | \$5

This month come create a flirty personalized face using a small flowerpot. Registration Required - Fee- Limited to 10 Spaces Only

## **Health and Wellness**

#### GRIEF JOURNEY I Thursdays | 1:00-2:00pmI Free

Support Group for the Bereaved. Please contact Monica White, MSW at 520-421-7143 or <u>monica.white@compassus.com</u> for more information. -Grief Group canceled on August 22nd only.

#### CARE GIVER'S-DEMENTIA or ALZHEIMER'S SUPPORT GROUP | 3rd Wednesday 10:00-11:30am | Free-

A safe, supportive environment where you can share your experiences and encourage other caregivers in their journey.

#### BLOOD PRESSURE CLINIC | 2nd Friday | 10:30-11:00am | Free

Join us on the 2nd Friday of each month as we invite Nurse Erin to the center to offer free blood pressure checks! No registration is required.

#### BEGINNING LINE DANCING | Wednesdays | 12-1:30pm | Free

Join in on some dancing fun. Bring water and wear sturdy shoes that will slide. You are participating at your own risk-**Registration Required.** 

Sign Up for Activities at: www.maricopa-az.gov Click on ActiveNet at the top of the page. In the burgindy bar at the top, click on "Activities" and select "Active Adults 55+"