











September 2024

Mon Tues Weds Thurs Fri Sat

HOURS OF OPERATION					
Mon-Fri 9am-4pm					
2 HAPPY LABOR DAY 	3 Open Games/Cards Meet & Greet 10:00-11:00am Coffee with Friends 1:30pm	4 Open Games/Cards Creative Sisterhood with Stitches for Love 9:00am-12:00pm Beginner Line Dancing 12:00pm-1:30pm	5 Open Games/Cards Ceramics Class 11:00am-12:30pm Grief Journey- 1:00pm-2:00pm Birthday Bingo-1pm Host: Jim DeVenezia (Y.A.N.A.)	6 Open Games/Cards Quilting Divas 9:00am-12:30pm Movie Matinee 1:00pm	7 
9 Open Games/Cards Grandparents Day Celebration- 1:30pm- Registration Required	10 Open Games/Cards Meet & Greet 10:00-11:00am Coffee with Friends 1:30pm	11 Open Games/Cards Creative Sisterhood with Stitches for Love 9:00am-12:00pm Cactus Craft- 9:30 AM \$5 - Registration Required Beginner Line Dancing 12:00pm-1:30pm	12 Open Games/Cards Grief Journey 1:00pm-2:00pm	13 Open Games/Cards Sisterhood of Traveling Quilts 9:00am -1:30pm Blood Pressure Clinic 10:30 AM Movie Matinee 1:00pm	14 
16 Open Games/Cards Pinal Gila Medicare Presentation-1pm- Registration Required	17 Open Games/Cards Meet & Greet 10:00-11:00am Coffee with Friends 1:30pm	18 Open Games/Cards Creative Sisterhood with Stitches for Love 9:00am-12:00pm Caregivers Support Group 10-11:30am Beginner Line Dancing 12:00pm-1:30pm	19 Open Games/Cards Grief Journey 1:00pm-2:00pm ThirdsDay Bingo with Dan- 1pm	20 Lunch and Learn *11:00am Lunch/*11:30am Presentation Open Cards/Games 1:00pm – 3:30pm *NO Matinee Movie*	21 
23 Open Games/Cards	24 Open Games/Cards Meet & Greet 10:00-11:00am Pinal Gila Fall Prevention Presentation- 11:30am -Registration Required Coffee with Friends 1:30pm	25 Open Games/Cards Creative Sisterhood with Stitches for Love 9:00am-12:00pm Beginner Line Dancing 12:00pm-1:30pm	26 Open Games/Cards Grief Journey 1:00pm-2:00pm Senior Safety Jeopardy-12pm -Registration Required	27 Open Games/Cards 9:00am -1:30pm Sisterhood of Traveling Quilts 9:00am -1:30pm Movie Matinee 1:00pm	28 

September Maricopa Community Center Senior Programming

Games and Social

CARDS | DAILY | 9:00-3:45 pm | FREE

Any time is a great time to come to the community center and play cards! Below you will find the standing schedule for the most popular games.

Please note there is not always a guaranteed room to play cards in, but there will always be space.

**Canasta: Mondays, Tuesdays, Thursdays & Fridays 11:00am - 3:45pm
Wednesdays 12:00- 3:45
Pinocle: Mon, Tues, Thurs & Fri 9:00-12:00
Mah Jongg: 1st & 3rd Friday 1:00-3:45pm
Mexican Train: Mondays 11:00-3:45pm
Farkle: Thursdays 9:00-12:00**

MEET & GREET | Tuesdays | 10:00-11:00am | FREE

This is a great chance to socialize and meet some fellow seniors that are living here in Maricopa, all while enjoying a free donut & coffee.

BIRTHDAY BINGO | Thursday September 5th | 1pm | FREE

Come out and join us for a fun afternoon of Bingo, followed by our monthly Birthday Celebration. Whether you have a July birthday or not, please join us in honoring those that do!

This month host: Jim DeVenezia of Y.A.N.A.

ThirsdDAY BINGO with Dan | 3rd Thursday | 1pm | FREE

This untraditional bingo is sure to have you giggling while shouting out "BINGO!" Join us on the 3rd Thursday of every month with this one-of-a-kind white elephant Bingo with Dan.

MOVIE MATINEE | Fridays | 1pm | FREE

Join us at The Community Center every Friday afternoon, (with exception of the 3rd Friday which is LUNCH and LEARN) to gather and watch a movie with friends. You are welcome to bring your own snack and drink to enjoy during the movie.

COFFEE WITH FRIENDS | Tuesdays | 1:30pm | FREE

Formerly known as Friends of the Library; now Coffee with Friends invites everyone to enjoy yet another chance to get to know your neighbors! Come socialize with the best!

LUNCH and LEARN | Friday, September 20th | Maricopa Community Ctr | 11:00am-1:00pm | \$5 Speaker: Ronald Smith. Registration is Required 72

Hrs. prior to event if you would like lunch. The cost is \$5 and will be provided by Sprouts. Learn Fall Prevention tips and best practices from former Senior Advisory Committee member, Ronald Smith. If you want to just listen to the Speaker, arrive at 11:30 AM, no registration is necessary and there is no fee.

Speciality Events

Grandparents Day Celebration | Mon. Sept. 9th | 1:30pm | FREE

Come enjoy light refreshments while sharing your most precious Grandparent memories and more. **-Registration Required.**

Pinal Gila Medicare Presentation | Mon. Sept. 16th | 1:00pm | FREE

Shawna Storm will speak on Medicare-related matters by providing unbiased education, outreach, counseling, and information to Medicare beneficiaries, caregivers, and family members. **-Registration Required.**

Pinal Gila Fall Prevention Presentation | Fri. Sept. 24th | 11:30am | FREE

Join Mary Gonzales during National Fall Prevention month to learn tips on how to help prevent and reduce falls. **-Registration Required.**

Jeopardy: Senior Safety Edition | Thur. Sept. 26th | 12:00pm | FREE

This exciting, interactive game of Jeopardy will focus on safety topics like fire prevention, fall safety, water safety, transportation safety, and more. Hosted by Daniel Wehle from Maricopa Fire/Medical, this event promises to be both educational and entertaining, with prizes for top performers! **-Registration Required.**

Hobbies and Crafts

CREATIVE SISTERHOOD with charity-based group STITCHES for LOVE | Wednesdays | 9:00-12:00 pm

Come join in on some creative activities! Learn a new skill, share yours; or help a charity-based group who works locally in Maricopa for groups requiring assistance. Enjoy knitting, crocheting, and sewing projects like hats, gloves, and throws to give back to the community.

SISTERHOOD OF TRAVELING QUILTS | 2nd & 4th Friday | 9:00-1:30 PM
Like-minded quilters gather here for fellowship and inspiration. Learn new quilting skills and techniques while working on charitable projects for the community and fellow local organizations. Beginner and accomplished quilters are welcome.

QUILTING DIVAS | 1st Friday | 9:00am-12:30pm

Share the love and joy of quilting through demos, speakers, challenges, community projects, trips and parties.

CERAMICS CLASS | 1st Thursday | 11:00am | \$12

Join us for Ceramics class and learn clay hand building techniques and ceramic bisqueware painting. Creations will be fired in a pottery kiln and returned to you. No experience necessary. **Reg. Required- Fee.**

MONTHLY CRAFT with DJ -Cactus Craft | Wednesday September 11th | 9:30am

| \$5- This month learn to crumple and crush dampened paper towels then mold a textured cactus scene onto a canvas.

Registration Required - Fee- Limited to 10 Spaces Only

Health and Wellness

GRIEF JOURNEY I Thursdays | 1:00-2:00pm | Free

Support Group for the Bereaved. Please contact Monica White, MSW at 520-421-7143 or monica.white@compassus.com for more information.

CARE GIVER'S-DEMENTIA or ALZHEIMER'S SUPPORT GROUP | 3rd Wednesday 10:00-11:30am | Free-

A safe, supportive environment where you can share your experiences and encourage other caregivers in their journey.

BLOOD PRESSURE CLINIC | 2nd Friday | 10:30-11:00am | Free

Join us on the 2nd Friday of each month as we invite Nurse Erin to the center to offer free blood pressure checks! No registration is required.

BEGINNING LINE DANCING | Wednesdays | 12-1:30pm | Free

Join in on some dancing fun. Bring water and wear sturdy shoes that will slide. You are participating at your own risk-
Registration Required.

Sign Up for Activities at: www.maricopa-az.gov

Click on **ActiveNet** at the top of the page.

In the burgundy bar at the top, click on "Activities" and select "Active Adults 55+"