



...
 ..keeping you informed
 February 2025

Hello everyone –

And welcome February! The month of love. And a few interesting days to look back on.

Has been a little chilly most days. Have to remember to put a coat on before going out.

Ray's doctor recently has said no salt of any kind and 2 liters of water a day. Should he have included one slice of bread? Searching for 'no salt' products I have only found Mrs. Dash and water. .Everything it seems has sodium/salt added.



February is Black History Month

President [Gerald Ford](#) began the tradition of declaring February to be Black History Month in 1976.



Carter Godwin Woodson founded *The Journal of Negro History* in 1916 and began Negro History Week (later Black History Month) in 1926, earning him the nickname “The Father of Black History.”

The son of enslaved African Americans, Carter Woodson earned undergraduate degrees at Kentucky’s Berea College in 1903 and at the University of Chicago in 1907. He also studied at the Sorbonne in Paris, and after he earned a graduate degree at Chicago (1908), he went on to earn his doctorate in History from Harvard University in 1912. He was the second African American to earn a Ph.D. at Harvard — the first was [W.E.B. DuBois](#) Woodson.

Carter Goodwin also taught in public schools in Washington, D.C. and served as a dean at both Howard University and the West Virginia Collegiate Institute.

But his greatest impact was as the leader of the Association for the Study of Negro Life and History, an organization he founded in Chicago in 1915. (The name was changed to the Association for the Study of African American Life and History — ASALH — in 1972.)

Carter Woodson began Negro History Week in 1926, designating a week in February, because that month held birthdays for [Abraham Lincoln](#), [Frederick Douglass](#) and [Booker T. Washington](#). That went on to become Negro History Month and then Black History Month, designated as February each year by presidential proclamation.

Groundhog Day is on [Sunday February 2nd, 2025](#).

This popular observance starts in Punxsutawney, Pennsylvania where Punxsutawney Phil, the official groundhog lives. The day, it is believed, the groundhog comes out of his deep sleep and is comparable to the European tradition, Candlemas Day. The official groundhog is named Punxsutawney Phil, who appears from his hideaway at Gobbler's Knob in Pennsylvania every year.



Groundhog Day originated from German immigrants who settled in Pennsylvania. They had a tradition of watching a badger predict when to plant their crops. Since there were not many badgers in Pennsylvania, they used a groundhog. On February 2, if the groundhog sees his shadow it will run from it, predicting another 6 weeks of winter. If it does not see its shadow then Spring is closely coming

The first recorded celebration of Groundhog Day, then still known as Candlemas Day, was in the year 1841 in Morgantown, Pa. Punxsutawney Phil is very popular and has met President Reagan in Washington.

Many visitors come to the festivities surrounding the groundhog's prediction.

February 3rd The Day the Music Died. On February 3, 1959, American [rock and roll](#) musicians [Buddy Holly](#), [Ritchie Valens](#), and "[The Big Bopper](#)" [J. P. Richardson](#) were killed in a plane crash near [Clear Lake](#)



After stopping at Clear Lake to perform, and frustrated by such conditions, Holly chose to charter a plane to reach their next venue in [Moorhead, Minnesota](#). Richardson, suffering from flu, swapped places with Jennings, taking his seat on the plane, while Allsup lost his seat to Valens on a [coin toss](#). Soon after takeoff, late at night and in poor, wintry weather conditions, the pilot lost control of the light aircraft, a [Beechcraft Bonanza](#), which subsequently crashed into a cornfield, killing all four on board.

The event has since been mentioned in several songs and films. Various monuments have been erected at the crash site and in Clear Lake, where an annual memorial concert is also held at the [Surf Ballroom](#), the venue that hosted the artists' last performances.

February 3rd The Day the Music Died. On February 3, 1959, American [rock and roll](#) musicians [Buddy Holly](#), [Ritchie Valens](#), and "[The Big Bopper](#)" [J. P. Richardson](#) were killed in a plane crash near [Clear Lake, Iowa](#), together with pilot Roger Peterson. The event later became known as "[The Day the Music Died](#)" after singer-songwriter [Don McLean](#) referred to it as such in his 1971 song "[American Pie](#)".



..bye..bye..Miss American Pie....

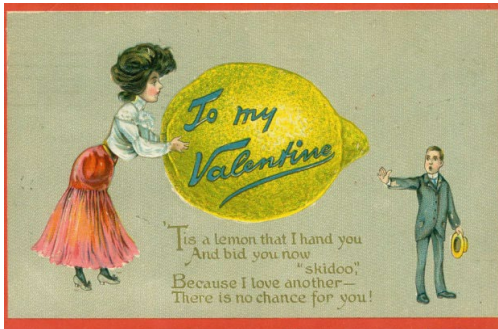
National Wear Red Day February 7th, 2025

American Heart Association's Go Red For Women campaign is celebrated on the first Friday of February every year as an awareness day for American women to understand their number one health threat - heart disease. And that heart disease is not only a man's problem

- . People are encouraged to wear the color red to raise awareness about heart disease



Valentine's Day is February 14th, 2025 Although Valentine's Day can be traced to ancient Rome, it's the Victorians who originally put a romantic spin on the holiday.



Valentine's Day became so popular that postal carriers received special meal allowances to keep themselves running during the frenzy leading up February 14th. Of the millions of cards sent, some estimate that nearly half were of the vinegar variety. For those not on good terms, or who wanted to fend off an enemy or unwanted suitor, "vinegar valentines" offered a stinging alternative.

Tis a lemon that I hand you and bid you now 'skidoo,' because I love another—there is no chance for you.



How many of you remember Valentine's Day when you were in grammar school? Going to school with a handful of valentine cards. There was usually a colorfully decorated box on the teacher's desk that held those precious cards. How special it was to hear your name called to come and collect your Valentine cards.

I have a few Valentine cards my parents exchanged when they were dating and the ring my dad gave her. My mom was 14 years old. Yes, 14 years old.

February's full Moon reaches peak illumination on **Wednesday, February 12, 2025**. Look skyward on that night to catch the best view of this full Moon!



It's known as the **Snow Moon** due to the typically heavy snowfall that occurs in February. Other traditional Native American names for this Moon include the Eagle Moon (Cree), Raccoon Moon (Dakota), and Hungry Moon (Cherokee).

shutterstock.com · 2206831933

Super Bowl LIX will begin at 6:30 PM ET on Sunday, February 9, 2025. The game will be broadcast on FOX and available for streaming on FuboTV and the FOX Sports app.

The biggest game of the year will return to the Superdome in New Orleans, Louisiana, on February 9, 2025, for the eighth time, making it the stadium that has hosted the most Super Bowls.



The last Super Bowl held at the Superdome was in 2013, when the Baltimore Ravens narrowly defeated the San Francisco 49ers with a score of 34-31, becoming the champions of Super Bowl XLVII

..of interest

J. Warren Funeral Services no longer has an office here. If you have questions about the services they offer or general information you can call their office and they will schedule an appointment for you here in Maricopa.

J. Warren Funeral Services
525 N Peart Rd, Casa Grande, AZ 85122 · 22 mi (520) 836-8041

Angel Raymond with the law office of Angel Raymond will provide a free legal clinic on the last Thursday of the month at Mountain View Community Church – Food Pantry/Jim Shoaf-from 5:30PM to 7:00PM.

Mountain View Community Church; 50881 West Papago Rd in Maricopa.

Culvers in Maricopa. The first Thursday of the month Seniors can purchase a small hamburger, small fries a small drink for \$4.00.



And now a little

IF ANYONE IS INTERESTED - A friend of mine has two tickets for the 2020 Super Bowl, both box seats. He paid \$11,500 each. It comes with a ride to and from the airport, lunch, dinner and \$400.00 bar tab.

Also a back stage pass to the winner's locker room. He didn't realize last year when he bought them, it was going to be on the same day as his wedding.

If you are interested, he is looking for someone to take his place. It's at St. Paul's Church in Orlando at 3PM.

Her name is Ashley. She's 5'4", about 115 lbs. and a good cook. She loves to fish and hunt. She'll be the one in the white dress

Repeat from last year but appropriate

89-year-old Ron Chester was stopped by the police around 2 a.m. and was asked where he was going at that time of night.

Ron replied, "I'm on my way to a lecture about alcohol abuse and the effects it has on the human body, as well as smoking and staying out late."

The officer asked, "Really? Who's giving that lecture at this time of night?"

Ron replied, "That would be my wife. 🤪🤪🤪"

Thank you everyone for taking the time to read the Newsletter and all the stuff attached to it.

And thank you to those who always took the time to let me know you enjoyed the Newsletter. I do appreciate

Ray & I want to wish everyone a blessed February. May your days be filled with sunshine and love. Remember to take time for yourself.

Ray & Joan Koczor

jkoczorinfo@gmail.com

