



## keeping you informed .. November, 2024

Hello everyone –

And welcome November. Let the holiday craziness begin! Only 54 days until Christmas, Starting with Thanksgiving – food-family and football. The holidays bring with them a variety of feelings. Memories of times past – some happy- some sad and maybe painful. The loss of loved ones is felt more strongly at this time. We may find ourselves wishing to go back to happier times. If only ...

This might be the perfect time to make new memories. To spend time with family and friends. To reach out to someone and let them know they are not alone. To embrace old family traditions and make new ones.

Time to get out those recipes of special dishes that made holiday dinners special.



**Veteran's Day 2024 is Monday, Nov. 11.** Veteran's Day honors the historical importance of the date but also celebrates and honors American veterans for "their patriotism, love of country, and willingness to serve and sacrifice for the common good." According to the Department of Veterans' Affairs (DVA) November 11, 1918, is regarded as the end of "the war to end all wars".

World War I ended with the signing of the [Treaty of Versailles](#) on June 28, 1919. Seven months earlier the fighting ceased when a truce between the Allied nations and Germany went into effect causing a ceasefire on the [11th hour of the 11th day of the 11th month](#).

Originally celebrated as Armistice Day, Veterans Day was first issued by President Woodrow Wilson a year after the end of WWI which occurred at 11AM on the 11th day and the 11th month in 1918. A day to honor the fallen soldiers of the Great War.

It wasn't until 1926 Congress adopted a resolution requested by President Coolidge proclaiming November 11th a legal holiday.

In 1945 Raymond Weeks a WWII veteran expanded Armistice Day to celebrate all veterans rather than just the ones who died in WWI. With the support of Gen. Eisenhower the first Armistice Day was signed into law on May 26th, 1954. On June 1st the bill was amended replacing "Armistice" to "Veterans".

For information about services provided by the go to: [VA.gov Home | Veterans Affairs](#)



On November 11<sup>th</sup> at 11AM local time every train on the CPR system in the United States and Canada will come to a stop and observe a minute of silence followed by 1 long whistle blast in memory of those who served in the military. From Veterans Up thanks Norm

### Go Teal for Alzheimer's Awareness Month!

November is Alzheimer's Awareness Month, a time to heighten awareness about Alzheimer's disease and show support for the more than 6.2 million Americans living with it.

Teal is the Alzheimer's Awareness color of the Alzheimer's Foundation of America (AFA). AFA uses teal because it has been shown in color psychology studies to be a calming color. This is helpful when designing and decorating spaces and events to be welcoming and comforting to those living with Alzheimer's. So, next time you see someone dressed in teal, remember the more than 6 million people living with Alzheimer's and the help they need.

For more information go to: <https://alzfdn.org/alzawarenessmonth/>



The Alzheimer's Foundation of America (AFA) is urging everyone to be proactive about their brain health and get a memory screening as part of Alzheimer's Awareness Month this November. AFA provides free memory screenings every weekday through secure virtual format, with no minimum age or insurance prerequisites; appointments can be scheduled by calling AFA at 866-232-8484

November 28<sup>th</sup>, 2024 The 98th **Annual Macy's Thanksgiving Day Parade** in New York City and will be shown to viewers live on NBC that same day from 8:30 a.m. to noon EST.



**Guest Stars**  
Captain Minnie Mouse, Captain Mickey Mouse and Friends, will perform "Live the Adventure" (Magic Meets the Seas)  
Macy's, Inc. Choir (Macy's Singing Christmas Tree)  
Santa Claus and Mrs. Claus (**Santa's Sleigh**)

At long last, Minnie Mouse will make her Macy's Thanksgiving Day Parade debut on Nov. 28. The beloved Disney character is getting

her own towering, 60-foot balloon, joining Mickey Mouse (whose balloon debut was in 1934), Pluto (1934), Donald Duck (1935) and Goofy (1992).



More information go to: The 98th Annual Macy's Thanksgiving Day Parade (2024) | Macy's Thanksgiving Day Parade Wiki | Fandom

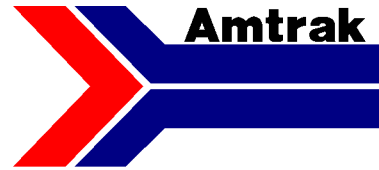
Macy's Thanksgiving Day Parade NYC 2024: How to watch, route timings & line-up

## Across the USA by Train for Just \$213

**AMTRAK** is offering a scenic trip from San Francisco to New York.



Crossing the continent by train you will discover many beauties of nature and unique landscapes in addition to traveling through 11 states and four time zones to eventually cross the entire continent of North America from coast to coast. They pointed out that you could also see the Pacific and the Atlantic Oceans without taking a flight.



This is a 3,400-mile journey from one coast to the other, a feat that can be accomplished in 4 days if you choose not to make any stops. Simply purchasing direct tickets for the California Zephyr and Lake Shore Limited will transport you from San Francisco to New York, with prices starting at just \$ 186.

If you chose to make intermediate stops and make the most of the trip, Separate tickets must be purchased for each part, which would increase the cost of the trip. You must buy the 15-day rail pass for \$ 429,00 including eight train rides.

Check out the entire article from Thrillist >>>

<https://www.thrillist.com/news/nation/you-can-take-amtrak-across-the-country-for-213>

Also from Amtrak: **AMTRAK** is launching a new temporary route between Chicago and Miami. The journey will take more than 40 hours, with multiple stops in Cleveland, Pittsburgh, Washington D.C., Jacksonville, Orlando and Tampa before arriving in Miami.

The route, called the Floridian, combines two existing routes, the Capitol Limited and Silver Star, because of the upcoming East River Tunnel project in New York.

The first trip will be on Sunday, November 10.

For the complete article go to: <https://abc7chicago.com/post/amtrak-launches-new-temporary-floridian-route-between-chicago-miami-response-east-river-tunnel-project->

Voted early?

You can check to make sure your vote is counted. I voted in-person early this year on the 15th, and my ballot was verified the same day! From Vincent Manfredi.

Go to: <https://my.arizona.vote/AbsenteeTracker.aspx>

The Beaver Moon reaches peak illumination on **Friday, November 15, at :29 P.M. EST.**

Why the "Beaver" Moon? This is the time of year when beavers begin to take shelter in their lodges, having laid up sufficient food stores for the long winter ahead. During the fur trade in North America, it was also the season to trap beavers for their thick, winter-ready pelts.



This is the final supermoon of four consecutive supermoons of the year! This means that it will appear bigger and brighter than

normal! We experience one full moon every month, with each given a different evocative name. A Supermoon is a phenomenon that occurs when the full moon or new moon coincides with the moon's closest approach to Earth in its orbit, known as perigee. Because the moon is closer to Earth during this time, it appears larger and brighter than usual, hence the name. It means that the moon appears up to 14 per cent larger and 30 per cent brighter than when it's at its furthest from Earth.

*A few years ago I asked my grandson Eric to compose a Thanksgiving prayer. I have included it every year in the November Newsletter.*

*I am grateful God for all that you blessed us with. For my family and friends, my job and a place to call home. I am grateful for the beauty I see every day in all of your creations. And most of all God I am grateful*

AND NOW A LITTLE



## Thanksgiving Dinner

The family was seated around the table as the food was being served. When little Johnny received his plate he started eating right away. "Johnny wait until we've said our prayer" his mother reminded him. "I don't have to" replied Johnny. "Of course you do" his mother insisted. We say a prayer before eating at our house.

"That's our house" Johnny explained, but this is grandma's house and she knows how to cook.

## LONELY SUPERBOWL SEAT

A young man was very excited because he just won a ticket to the Super Bowl. His excitement lessened as he realized his seat was in the back of the stadium. As he searched the rows ahead of him for a better seat, he found an empty one right next to the field. He approached the man sitting next to the empty seat and asked if it was taken.

The man replied, "No."

Amazed the young man asked, "How could someone pass up a seat like this?"

The older gentleman responded, "That's my wife's seat. We've been to every Super Bowl together since the day we were married but she has passed away."

"Oh, how sad," the man said. "I'm sorry to hear that, but couldn't you find a friend or relative to come with you?"

"No," the man said, "They're all at the funeral



That's it. I hope you enjoyed the Newsletter. And thank you to everyone who took the time to let me know they enjoyed the Newsletter. Very much appreciated. Just makes my day!

Ray & I want to wish everyone a very Blessed and Happy Thanksgiving. Take time to enjoy the holiday. Share the day with family and friends. And those who are alone. A smile, hug can make the difference in an otherwise lonely day. And take time for yourself.

Ray & Joan

[jkoczorinfo@gmail.com](mailto:jkoczorinfo@gmail.com)

