

## MEDICATIONS TO STOP BEFORE SURGERY

Many drugs, herbs, vitamins and diet supplements may increase bleeding during and after a test or surgery. Below is a list of the more common agents that may cause bleeding. This list may not include every drug. You should always contact your doctor's office if you are not sure whether a drug is safe to take.

Anti-platelet Agents		Anticoagulants
Anagrelide (Agrylin®)	Dipyridamole/aspirin (Aggrenox®)	Anisindione (Miradon®)
Aspirin (any brand, all doses)	Enteric coated aspirin (Ecotrin®)	Enoxaparin (Lovenox®) injection
Cilostazol (Pletal®)	Ticlopidine (Ticlid®)	Heparin injection
Clopidogrel (Plavix®)		Pentosan polysulfate (Elmiron®)
Dipyradamole (Persantine®)		Warfarin (Coumadin®)

Non-steroidal anti-inflammatory drugs		Herbs/ vitamins
Diclofenac (Voltaren®, Cataflam®)	Tolmetin (Tolectin®)	Ajoene
Diflunisal (Dolobid®)	Trilisate (Salicylate combination)	Birch bark
Etodolac (Lodine®)		Cayenne
Fenoprofen (Nalfon®)		Chinese black tree fungus
Flurbiprofen (Ansaid®)		Cumin
Ibuprofen (Motrin®, Advil®, Nuprin®, Rufen®)		Evening primrose oil
Indomethacin (Indocin®)		Feverfew
Ketoprofen (Orudis®, Actron®)		Garlic
Ketorolac (Toradol®)		Ginger
Meclofenamate (Meclomen®)		Ginkgo biloba
Meloxicam (Mobic®)		Ginseng
Nabumeton (Relafen®)		Grapeseed extract
Naproxen (Naprosyn®, Naprelan®, Aleve®)		Milk thistle
Oxaprozin (Daypro®)		Omega 3 fatty acids
Piroxicam (Feldene®)		Onion extract
Salsalate (Salflex®, Disalcid®)		St. John's wort
Sulindac (Clinoril®)		Tumeric
Sulfinpyrazone		Vitamins C & E

### Before a Test or Surgery

- Stop taking all vitamins, herbs and diet supplements, for 10-14 days **before** and up to 7 days **after** your test or surgery.
- Stop taking all anti-platelet drugs, non-steroidal anti-inflammatory drugs and aspirin, 7 days **before** and for 7 days **after** your test or surgery.
- Stop taking Coumadin 5 days **before** your surgery. Do not restart this drug until told to do so by your doctor.