

MEDIA RELEASE

Monday 19 October, 2015

Travellers beckoned to Seven Bridges Walk**Sunday 25 October**

Visitors with a love of walking are being invited to experience the splendour of Sydney's beautiful harbour and walk across its seven coastal bridges as part of the Seven Bridges Walk, on Sunday 25 October.

The tenth annual Cancer Council NSW Seven Bridges Walk will attract walkers from all over the State and the country to take part in this unique event, raise money for Cancer Council's vital research and experience some of Sydney's most spectacular views.

More than 1,200 registrations have been received so far from interstate and regional visitors who will travel to Sydney for this family-friendly and community-focused event in which many opt to walk in matching outfits and colourful costumes to memorialise loved ones. More than 13,000 walkers are expected to participate on the day.

Participants can walk all or part of the 27km clockwise course, which includes seven of the city's coastal bridges that can be crossed on foot: the Sydney Harbour Bridge, Pyrmont Bridge, ANZAC Bridge, Iron Cove Bridge, Gladesville Bridge, Tarban Creek Bridge and Fig Tree Bridge.

The course will bring some of Sydney's most iconic and spectacular landmarks into view, from the unmistakable white sails of the Sydney Opera House, to the city's newest financial and business hub at Barangaroo, the bustling entertainment precinct of Darling Harbour and the peaceful bays and coves of the Parramatta River.

Seven villages are spaced along the course where walkers can register and access information, water stations, toilets, food and entertainment. The route is also serviced by free event buses to take the strain for those that can't make the distance all on foot.

In the ten years since its inception, over 75,000 people have participated in the Seven Bridges Walk and more than two million dollars have been raised through sponsorship and donations, all of which goes towards Cancer Council NSW's vital cancer research, prevention and support services.

This year's 10th annual Seven Bridges Walk is especially important for Ambassador, Tracey Spicer, who will be walking on the anniversary of her mother's death from pancreatic cancer.

ENDS

Event images can be downloaded here:

https://www.dropbox.com/sh/he9hi7hb8cdbmih/AAASWDIIVgPNy6_1R3DdX7OJa?dl=0&s=sl

More information on the Cancer Council NSW Seven Bridges Walk can be found on the event site, www.7bridgeswalk.com.au.

For more information on Sydney and NSW, visit www.sydney.com or www.visitnsw.com.

Media Contact:

Tara Bojdak, Destination NSW, 02 9931 1462, tara.bojdak@dnsw.com.au