

VANCOUVER

Fall in Love With Vancouver

A TWO-DAY ITINERARY

At the base of mountains, nestled in urban rainforest and perched on the edge of the Pacific Coast, Vancouver is renowned for its stunning natural setting. So when the leaves start to turn, there's no better place to experience nature's seasonal transition than right here.

At a glance

- Incredible eats
- Scenic tour of Stanley Park
- Craft beer experience
- Explore Vancouver's history

DAY ONE

THE LAY OF THE LAND

Kick off your day on a **Gray Line Westcoast Sightseeing** hop-on-hop-off tour. Choose the Park Route and you can hop on and off the bus at 20 of the city's favourite sightseeing stops while enjoying expert commentary from your knowledgeable local guide.

Leave the tour at **Granville Island**, a culinary hub, home to over 300 one-of-a-kind Canadian businesses that are enjoyed by locals year-round. **Vancouver Foodie Tours** offer the **Granville Island Market Tour**, a guided culinary experience with VIP access to Canada's top artisans. You'll skip the lines and indulge in 20+ signature Canadian tastings, including organic breads, local charcuterie, British Columbia cheeses, melt-in-your-mouth donuts and more.

TIME FOR CULTURE

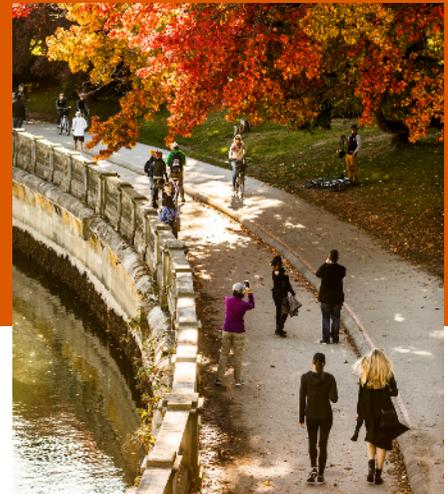
Granville Island is also home to a thriving community of local artisans. After lunch take time to explore its galleries, studios and workshops before continuing your cultural adventure with a trip to the **Museum of Anthropology** at the **University of British Columbia**.

Located just a short ride away, the museum is home to one of the world's best collections of Northwest Coast First Nations art housed within a striking building designed by renowned architect, Arthur Erickson.

UNCOVER VANCOUVER'S ROOTS

Tonight you'll explore **Gastown**, Vancouver's oldest neighbourhood. The best way to experience it is on foot as part of a tour from **Forbidden Vancouver** where you'll learn about the city's edgy early history. After your tour, delve into the "new Gastown" with dinner at one of the area's coolest eateries and a Michelin-recommended restaurant, **L'Abattoir Restaurant**.





DAY TWO

A BREATH OF FRESH AIR

This morning you'll head to **Stanley Park**, an urban oasis that's home to beaches, outdoor pools, gardens, pitch and putt courses and 1,000 acres of natural beauty. The best way to explore the park is on two wheels so join **Cycle City Tours** on their **Stanley Park Tour** to discover the park's temperate rainforest, its historical importance, as well as secrets from its history.

When you've finished, stay in the park and head to the **Vancouver Aquarium**, a leader in marine stewardship and ocean research.

FALL FLAVOURS

Return your bikes then refuel at **Steamworks Brewing Company**. This popular spot serves up hearty gastropub style fare alongside a menu of craft beers all brewed on site using steam power.

After lunch, take a short walk over to **Canada Place** to **Flyover**, a multisensory 4D ride that sees you soar across the country from coast-to-coast. Alternatively stroll to nearby **Robson** and **Burrard** to experience some of the city's best shopping.

LIVE LIKE A LOCAL

Tonight, you'll live like a local starting with a walk around trendy **Yaletown**, a former warehouse district that's been transformed into a stylish centre for chic boutiques, bars and award-winning restaurants. Settle in for dinner at **Cioppino's**, which boasts an exceptional menu alongside one of the best rooftop patios in the city.



INSIDER TIPS

- Looking for fall foliage? Head for **Stanley Park** where the 10km paved seawall provides excellent opportunities to capture nature in all its glory.
- If shopping is more your thing then head to **Park Royal** in West Vancouver, a semi-outdoor shopping centre full of exciting outlets and great brands.



ITINERARY ADD ONS

- Explore Northwest Coastal art at the **Bill Reid Gallery**.
- Get your culture on at the **Vancouver Art Gallery**.
- Enjoy tranquility in the heart of the city at the **Dr. Sun Yat-Sen Classical Chinese Garden**.
- Go wild on a **Rockwood Adventure's Rainforest River Canyons & Salmon Adventure tour**.
- If you have time, stay a few nights at the **Sonora Resort** where grizzly bear tours are available to visitors every fall.

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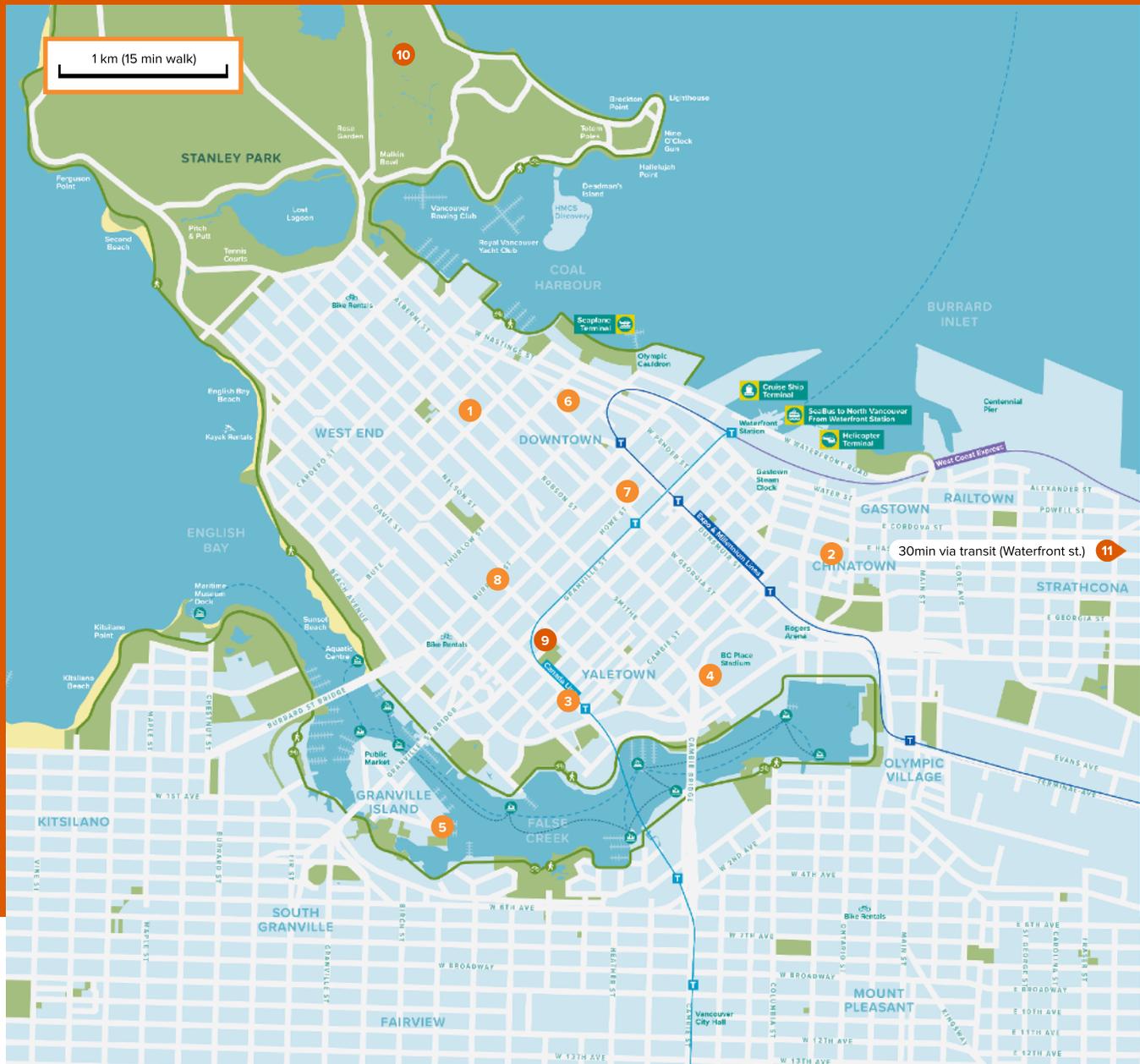
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Discover Vancouver's cultural side



WHERE TO STAY

1. The Listel Hotel
2. AZUR Legacy Collection Hotel
3. Opus Hotel Vancouver
4. The DOUGLAS
5. The Granville Island Hotel
6. Loden Hotel
7. Rosewood Hotel Georgia
8. The Burrard Hotel



FALL EVENTS

Vancouver International Film Festival

Starting in late September each year, Vancouver is home to one of North America's biggest film festivals. It is one of the largest showcases of Canadian films in the world, but the event also has a decided international flavour, screening films from over 70 countries.

Lumiere Festival

In November, 30+ illuminated artworks and light-based projections, accompanied by dynamic performances will enliven downtown Vancouver.

Fright Nights at Playland

Each October, Playland at the PNE transforms into Fright Nights, a terrifying Halloween-themed experience with haunted houses, rides, creepy decor, and live performances.



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