

## *Sudbury Regatta – Competitor’s Briefing*

**Welcome to Sudbury Regatta and we hope that you enjoy the day and the racing.**

1. Please look at the map on the Control Tent and acquaint yourself with the course before you boat.
2. This regatta is run in divisions, due to the width of the river. The Suffolk bank is the enclosure/meadow side, and Essex is the far side of the river. Note that there is **NO** access to the Essex bank, if you capsize make your way to the Suffolk bank.
3. Boating should take place whilst the preceding division is racing. Boat marshals will be firm, because the division times will be strictly adhered to. Please help us to help you to enjoy the racing by boating promptly. Please be aware that the race order within Divisions is only indicative and that Start Marshalls will attempt to get races off in the order which will best help us run the event to time!
4. Please keep an eye on the progress board to see which division is racing and which is boating. Note that “regatta time” is “division time” and the whole of each division needs to be at the start before that division starts racing.
5. All crews will boat from the staging in the Cut – there will be a one-way system from the trailer park.
6. **All boating crews will proceed upstream in the MIDDLE of the river after boating, turn at the large orange buoy in the middle of the river and come back to queue above the cut on the Essex/ North/ Starboard/ Bowside/ Green bank unless instructed otherwise. Please take care as there is a lot of weed in the river here.**
7. Each division will not be allowed to proceed past the finish towards the start until the last race in the preceding division has finished.
8. Umpires have been instructed to disqualify crews not seen to be making an effort to be on time.
9. **Crews for the Long Start should proceed downstream of the stakeboats and turn beyond the large orange buoy.**
10. The regatta course is a 650m buoyed 2-lane course, with a staggered stake-boat start. **Buoys are grouped to help you navigate the bends!**
11. The Sprint 8’s are contested over a 350m course measured from the regatta finish – this is the length of Friar’s Meadow. The course record is 56s.
12. The finish is the line across the river from the white post on the Essex bank to the post on the Suffolk bank, immediately in front of the Finishing Umpire/Control tent.
13. **After racing all crews will proceed upstream in the MIDDLE of the river to turn at the large orange buoy in the middle of the river and queue above the cut on the Suffolk/ South/ Port/ Strokeside/ Red bank unless instructed otherwise. Please take care as there is a lot of weed in the river here.**
14. All crews will deboat from the staging on the Stour above the Finish. There will be a one-way system back to the trailer park.