

**Sudbury Rowing Club Regatta Aug 7<sup>th</sup> 2021**  
**Covid Risk Assessment**  
**Completed By: Alex Elmon on June 27<sup>th</sup> 2021**

The risk assessment below was written taking into account government guidelines at the time. Club and competitors will be expected to follow current guidance on attendance and be vigilant to any changes over the coming weeks. Guidance on Covid-19 is updated regularly through BR, so club officials and competitors have easy access to updates.

**Risk assessment Matrix**

Probability	SEVERITY		
	Acceptable risk – Little or No harmful effect	Medium Risk – Potential for greater harm	High Risk – Serious harm/Disastrous effects likely
Highly Unlikely (Low probability)	TRIVIAL RISK	TOLERABLE RISK	MODERATE RISK
Unlikely (Medium Probability)	TOLERABLE RISK	MODERATE RISK	SUBSTANTIAL RISK
Likely (High probability)	MODERATE RISK	SUBSTANTIAL RISK	INTOLERABLE RISK

Hazard	Risk	To Whom	Controls	Probability	Severity	Risk Level (with controls in place)
Track and Trace	Reduced levels of infection control through inability to alert potentially infected individuals to seek a test and/or self isolate	Competitors Public Volunteers Coaches/Officials	<ul style="list-style-type: none"> <li>QR track and trace codes displayed on site and club entrances.</li> <li>People accessing Friars Meadow to be asked to scan QR codes or leave a name and number for track and trace purposes. These will be disposed of after 21 days as per GDPR regs.</li> <li>An online Google Form with a declaration of covid status will be available and competitors and volunteers expected to sign up to this. Infor will be destroyed after 21 days.</li> <li>Log of competitors kept</li> <li>Individuals to alert their own club in the event they test positive for coronavirus</li> <li>Individuals who test positive should also alert SRC, outlining any known contacts made so that Track and trace protocols can be put in place.</li> <li></li> </ul>	Highly unlikely	Medium	Tolerable
Person to Person Contact <b>on Land</b>	Cross Contamination/Spread Of Covid-19 Coronavirus	Competitors Public Volunteers Coaches/Officials	<ul style="list-style-type: none"> <li>Clear Social distancing Signage displayed throughout Friar's Meadow</li> <li>Competitors/Clubs requested in advance not to bring additional personnel to support (Unless in support of adaptive rowers)</li> <li>SRC will not actively encourage attendance from general public, however Friar's Meadow is a public area, which SRC respects. In the event of public interest, attendees will be encouraged to maintain social distancing and respect national coronavirus guidelines</li> <li>Hand sanitation stations will be placed for all to use at strategic points along the Meadow</li> <li>Volunteers to wear face coverings where roles or situations do not allow for maintenance of 2m distance</li> <li>Substitutions to be made through BROE or not accepted</li> </ul>	Unlikely	Medium(Moderate Harm)	Moderate

			<ul style="list-style-type: none"> <li>• Rowers to compete in 3 “waves” throughout the day – Divisions within each wave to boat up/land boats separately. This allows for boating times to be more accurate, minimising crowding at the boating area</li> <li>• Race categories to boat and de-boat in an all on / all off circulatory system, thus minimising any cross-over and crowding at the landing stages</li> <li>• Officials and cox’s to wear face coverings at weight-in’s</li> <li>• Officials to wear face coverings at boat inspections</li> <li>• Rowers encouraged to leave the regatta once their races are completed</li> <li>• The structure of the event will allow for enough space for rigging to occur once a wave has been called. Competitors wishing to rig their boats before this, will be requested to do so at their vehicle.</li> <li>• The above information will be provided to competitors upon registration as part of the overall safety guidance for the event</li> <li>• Race winners will send an individual representative from their crew to collect their pots. Face coverings must be worn by the official awarding and the recipient.</li> </ul>			
Person to person contact/proximity <b>On Water</b>	Cross Contamination/Spread Of Covid-19 Coronavirus	Competitors Coaches Volunteers Launch boat/stake boat personnel	<ul style="list-style-type: none"> <li>• Social distancing Guidelines to be followed wherever practicable</li> <li>• Where it is impracticable to maintain adequate social distances, volunteers and officials will be provided with PPE</li> <li>• Launch boats will have a stock of PPE and sanitising gel, in case of emergency rescue.</li> <li>• Competitors to adhere to the circular route to start and finish and will wait for full completion of the</li> </ul>	Highly unlikely	Medium	Low (tolerable)

			<p>previous race category prior to proceeding to the regatta start.</p> <ul style="list-style-type: none"> <li>• Rowers waiting to make their way to the start, will wait in the holding area upstream of the landing stages</li> <li>• Rowers/crews will be encouraged to maintain maximal distance from other crews</li> </ul> <p>Launch</p> <ul style="list-style-type: none"> <li>• In the event of a capsize, crew will be requested to get back into the boat if possible/safe to do so.</li> <li>• If unsafe or not possible, the usual rescue protocol will be initiated, with launch crew wearing PPE. PPE will be disposed of immediately after use, hands sanitized and new PPE donned.</li> </ul>			
Equipment Sharing	Refreshment's (to include alcoholic beverages)	Competitors Volunteers Officials/Coaches	<ul style="list-style-type: none"> <li>• Equipment sharing generally discouraged</li> <li>• Where clubs have a need to share boats, blades, cox boxes etc. all aforementioned equipment should be thoroughly wiped down following each use with a suitable sanitizing agent/disinfectant. This includes wiping riggers, oar shafts and handles, seats etc.</li> <li>• Launch boats will be operated by either family members, those in a rowing bubble OR suitable facemasks must be worn.</li> <li>• Where possible, officials will be provided with their own equipment for use ver the course of the day. Where this is not possible, detergent wipes will be provided and equipment will be wiped down when transferred.</li> </ul>	Highly unlikely	Medium	Low
Food/beverage Marquee	Cross Contamination/Spread Of Covid-19 Coronavirus	Competitors Volunteers/officials Public	<ul style="list-style-type: none"> <li>• A refreshments marquee will operate offering a limited selection of hot and cold food.</li> <li>• The tent will remain fully open to front and rear</li> <li>• All those volunteering will have undergone food hygiene training and have had 2 Coronavirus vaccinations</li> <li>• PPE will be worn by those volunteering in the foot tent (Gloves/face mask)</li> <li>• Hard surfaces will be wiped after each contact with a new customer</li> <li>• A one way system will be in operation with hand sanitiser at the start and end of the queue</li> </ul>	Highly unlikely	Medium	Low

			<ul style="list-style-type: none"> <li>• Queueing distance between individuals who are not family members or crew, should be maintained at 2m.</li> <li>• A small number of tables will be present in the tent, with a minimum of 2.5m distance in between and which will be wiped down with a suitable agent between each user.</li> <li>• Refreshment's (to include alcoholic beverages) to be served at the opposite end of the marquee with a separate one-way queuing system.</li> <li>• Hand sanitizer will be provided at the start and end of the queue.</li> <li>• All reciprocals for food and drink will be disposable</li> <li>• Surfaces/bar wiped down regularly</li> <li>• Obviously inebriated customers to be refused service</li> </ul>			
Toilets	Cross contamination/spread of Covid-19 coronavirus	Competitors Public Volunteers Officials	<ul style="list-style-type: none"> <li>• A number of porta-loo's will be available</li> <li>• Social distancing to apply to queues</li> <li>• The porta-loo's will be equipped with running water and there will be clear signage encouraging hand washing after use.</li> <li>• Sanitising gel will be placed outside the cubicles to minimise the risk of cross infection occurring</li> <li>• SRC club members competing at the regatta will have access to the clubhouse on a limited basis – the numbers permitted in the clubhouse changing facility at any one time is 3 persons. This restriction will be managed by the senior club member on site at any one time.</li> </ul>	Unlikely	Medium	Moderate Risk
First Aid	Cross Contamination/Spread Of Covid-19 Coronavirus	Casualty Competitors Volunteers Officials Public	<ul style="list-style-type: none"> <li>• A professional first aider will be on hand throughout the day.</li> <li>• Clubs/competitors will be asked to advise SRC of any specific first aid requirements (i.e. potential for anaphylaxis/eplispy/angina) along with any established protocols to be followed.</li> <li>• Where the casualty presents with a simple injury and is able to follow instruction – advise on how to self manage where possible. Provide plasters/bandages etc where necessary, minimising the need for contact.</li> </ul>	Highly unlikely	Moderate	Tolerable

			<ul style="list-style-type: none"> <li>• Where the casualty is more serious – Full PPE should be donned – Gloves, Apron, Mask and removed and disposed of in the correct fashion.</li> <li>• Any clinical waste should be disposed of in appropriate bags and clothing changed at the first opportunity.</li> <li>• Hand washing will be available and following any first aid protocol, hands should be washed in the correct way for min. 20seconds with alcohol based hand sanitiser applied thereafter.</li> <li>• Any serious incidents to be documented – time, place and action taken.</li> </ul>			
Spectating and Larger Public gatherings	Cross Contamination/Spread Of Covid-19 Coronavirus	Public Competitors Officials Volunteers	<ul style="list-style-type: none"> <li>• Clubs in attendance will be responsible for their own entourages and be vigilant to the whereabouts of any junior members at all times</li> <li>• A small amount of spectators is inevitable, however club volunteers and officials will encourage those viewing races to maintain a safe distance from one-another where they are not in specific rowing or family bubbles.</li> <li>• Friar's Meadow is a large space and previous history suggests that unexpected crowding is highly improbable at this event</li> <li>• In the event of a large crowd gathering, Volunteers and race officials will encourage them to disperse and re-establish safe distancing</li> <li>• Rowers not on the water at that time will be encouraged to disperse away from any areas of crowding, returning to their vehicles if necessary/practicable</li> <li>• In the event that a large crowd gathers and does not disperse, racing may be suspended or stopped.</li> </ul>	Highly Unlikely	Moderate	Tolerable
Adverse Weather	Over-crowding of Marquees leading to coronavirus/covid-19 cross infection		<ul style="list-style-type: none"> <li>• In the event of a thunder storm or high winds, competitors will be advised to leave the water and seek shelter.</li> <li>• Under non-covid circumstances, this may mean gathering in Marquees or at the clubhouse</li> <li>• Due to the risk of over-crowding these areas, competitors will be asked to return to their vehicles and adhere use the 30-30 rule to guide their return.</li> <li>• In the event of continued adverse weather, racing may be cancelled.</li> </ul>	Highly unlikely (Based on probability of lightning strikes)	Low	Trivial

			<ul style="list-style-type: none"> <li>This information will be provided to competitors upon event sign-up.</li> </ul>			
Overnight Camp			<ul style="list-style-type: none"> <li>A small number of people from SRC will stay onsite overnight. They will camp, either in family OR rowing bubbles if tent sharing. Gates will close by 11pm and facilities will remain open for use by campers – the same hygiene guidance will apply as during daytime operations.</li> <li>A select number of people will camp over from the Lea Rowing Club. There will be a total of 12 people in 8 tents. Those sharing tents will be in Rowing or family bubbles.</li> </ul>	Highly unlikely	Low	Low