



Sudbury Regatta 2023 – Competitor's Briefing

Welcome to Sudbury Regatta

1. The Race Committee consists of Andrew Blit (Chair), Jon Bartram, Jo, Cotgrove and Lianne Stanford
2. Please look at the map on the Control Tent and acquaint yourself with the course before you boat.
3. This regatta is run in divisions, due to the width of the river. The Suffolk bank is the enclosure/meadow side, and Essex is the far side of the river. Note that there is **NO** access to the Essex bank.
4. Please keep an eye on the progress board to see which division is racing and which is boating. Note that “regatta time” is “division time” and the whole of each division needs to be at the start before racing can start.
5. Boating should take place whilst the preceding division is racing. Boat marshals will be firm, because the division times will be strictly adhered to.
6. Boat marshals will be present to direct you to the best available staging. Please boat promptly and, where possible, ‘adjust off’
7. **All boating crews will proceed upstream in the MIDDLE of the river after boating, turn at the large orange buoy in the middle of the river and come back to queue above the cut on the Essex/ North/ Starboard/ Bowside/ Green bank unless instructed otherwise. Please take care as there is a lot of weed in the river here.**
8. Each division will not be allowed to proceed past the finish towards the start until the last race in the preceding division has finished.
9. **Crews for the Long Start should proceed downstream of the stakeboats and turn beyond the large orange buoy.**
10. The regatta course is a 650m buoyed 2-lane course, with a staggered stake-boat start. **Buoys are grouped to help you navigate the bends!**
11. The Sprint 8's are contested over a 350m course measured from the regatta finish – this is the length of Friar's Meadow. The course record is 56s.
12. Races will start following the Race Announcement – “2 minutes” will be omitted
13. Please be aware that the race order within Divisions is only indicative and that Start Marshalls will attempt to get races off in the order which will best help us run the event to time!
14. Water safety is provided by a safety boat. If you capsize please stay with your boat. If possible please swim your boat to the **Suffolk** bank.
15. The finish is the line across the river from the white post on the Essex bank to the post on the Suffolk bank, immediately in front of the Finishing Umpire/Control tent.
16. **After racing all crews will proceed upstream in the MIDDLE of the river to turn at the large orange buoy in the middle of the river and queue above the cut on the Suffolk/ South/ Port/ Strokeside/ Red bank unless instructed otherwise. Please take care as there is a lot of weed in the river here.**
17. Boat marshals will direct crews to the best available staging for deboarding. Please clear the landing stages as soon as you can.