

### Important notes

- It is important that you follow these notes to ensure that your test results are accurate.
- Fast for at least 8 hours. Kindly refrain from consuming food the night before your appointment. Sips of plain water is permissible, if thirsty.
- Postpone your morning routine medication (except anti-hypertensive drugs), unless advised by physician, until your blood sample is taken.
- For ladies – pap smear and urine tests should be done 7 days after the last day of your menstruation. Those going for mammogram are advised to avoid using deodorant or powder as it may interfere with the quality of mammogram.

### Things to bring

- Comfortable attire and shoes for your Cardiac Stress Test (Treadmill).
- Previous medical records, if any, from your last check-up for comparison.
- Glasses for your vision test.



# HEALTH SCREENING CENTRE



### Health Screening Centre, Level 5 Operating Hours

Monday - Friday : 7:30am - 4:30pm  
Saturday : 7:30am - 11:30am

**Mahkota Medical Centre Sdn. Bhd.** (200619-H)  
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**Hands That Treat  
Hearts That Heal**

WELLNESS EVALUATIONS		PREMIER		WELLNESS		BASIC	
		Woman	Man	Woman		Man	Woman / Man
		RM 2,098	RM 1,788	Gold RM 998	Normal RM 888	RM 868	RM 498
DETAILED PRE-EXAMINATION MEDICAL CONSULTATION & REVIEW							
Personal and Family Medical History Review		●	●	●	●	●	●
BODY COMPOSITION ANALYSIS							
Body Mass Index (BMI)		●	●	●	●	●	●
COMPLETE PHYSICAL EXAMINATION							
Abdomen, Breast, Cardiovascular, Ear Nose Throat, Nervous System, Oral Cavity, Respiratory, Thyroid, Visual Acuity		●	●	●	●	●	●
EYE EXAMINATION							
Fundus Photography		●	●				
Tonometry		●	●	●	●	●	●
HEARING EXAMINATION							
Audiogram		●	●	●	●	●	●
PULMONARY EXAMINATION							
Lung Function Test (Spirometry)		●	●	●	●	●	●
DENTAL EXAMINATION							
Dental Check-up		●	●				
COMPREHENSIVE BLOOD INVESTIGATION							
Full Blood Count	RBC, WBC with Differential Count, Haemoglobin, HCT/PCV, MCV, MCH, MCHC, Platelet Count, RDW	●	●	●	●	●	●
Lipid (Fat) Profile	Cholesterol, Triglycerides, HDL Cholesterol, Cholesterol/HDL Cholesterol, LDL Cholesterol	●	●	●	●	●	●
Bone & Joint Profile	Uric Acid, Calcium, Phosphate	●	●	●	●	●	●
Diabetes Screen	HbA1c	●	●	●	●	●	●
Endocrine Profile	Fasting Glucose, Free Thyroxine (FT4), TSH, T3	●	●	●	●	●	●
Liver & Biliary Profile	Total Protein, Albumin, Globulin, AG Ratio, Total Bilirubin, ALT, AST, ALP, Gamma-GT	●	●	●	●	●	●
Renal (Kidney) Profile	Uric Acid, Creatinine, Urea, Chloride, Potassium, Sodium	●	●	●	●	●	●
Hepatitis Screen	Hepatitis B Surface Antibody (Anti-HBs), Hepatitis B Surface Antigen (HBsAg)	●	●	●	●	●	●
Sexually Transmitted Diseases (STD)	Anti-HIV 1, 2 Screen	●	●	●	●	●	
Tumour Marker Studies	Prostate Surface Antigen (PSA) - Prostate (Male)		●			●	
ABO Group & Rh-D Type, Erythrocyte Sedimentation Rate (ESR)		●	●	●	●	●	●
URINALYSIS							
Urine FE and Microscopic Examination		●	●	●	●	●	●
GYNAECOLOGICAL EXAMINATION							
Pap Smear		●		●	●		
Breast Ultrasound (Aged ≤ 39 years old)		●		●	●		
Mammogram - Digital (Aged ≥ 40 years old)		●		●			
RADIOLOGY EXAMINATION							
Chest X-Ray		●	●	●	●	●	●
Full Abdomen Ultrasound		●	●	●	●		
64 CT Coronary Calcium Score		●	●				
Dual Energy X-ray Absorptiometry (Bone DEXa)		●					
CARDIAC EXAMINATION							
Electrocardiogram (ECG)		●	●	●	●	●	●
Cardiac Stress Test (Treadmill ECG)		●	●			●	
DETAILED POST-EXAMINATION							
Dietitian Consultation	Post Examination Dietetics and Nutritional Recommendations	●	●	●	●	●	
Medical Consultation & Report	Post Examination Lifestyle Recommendations	●	●	●	●	●	●
	Personalised Medical Report	●	●	●	●	●	●

\* Price is subject to change without prior notice.

\* Other terms and conditions apply.