

Allergens

BREAKFAST

UDON NOODLE

Kake かけ **Vo**
fish (removable), gluten (wheat), soya,
may contain crustaceans and molluscs

Kama Tama 釜玉
eggs, gluten (wheat), soya

Kitsune きつね **Vo**
fish (removable), gluten (wheat), soya,
may contain crustaceans and molluscs (removable)

Curry カレー
celery, gluten (wheat), mustard, soya

English Breakfast
イングリッシュブレックファスト
dairy, eggs, fish, gluten (wheat), soya, sulphites
may contain crustaceans and molluscs

RICE

Okayu お粥とお供 **Vo**
fish (removable), gluten (wheat), soya
may contain crustaceans and molluscs

Kinoko 木の子粥 **Ve**
gluten (wheat), soya

Kedgeriee ケジェリー
celery, eggs, fish, gluten (wheat), mustard, soya
may contain crustaceans and molluscs

English Breakfast
お粥とイングリッシュブレックファスト
eggs, fish, gluten (wheat), soya, sulphites
may contain crustaceans and molluscs

Japanese Breakfast 焼き魚
fish, gluten (wheat), sesame, soya
may contain crustaceans and molluscs

Extra Toppings

Tamago 温泉卵
eggs

Wakame ワカメ **Ve**
none

Natto 納豆
mustard (removable), fish (removable),
gluten (wheat), soya

SMALL PLATES

Umeboshi 梅干し **Ve**
none

Onsen Tamago 温泉卵 **Ve**
eggs, fish (removable), gluten (wheat), soya
may contain crustaceans and molluscs

Otsukemono 自家製漬け物
Ask staff for daily pickle, it may contain soya and wheat

Kinoko Nametake 木の子のなめたけ
gluten (wheat), soya **Ve**

Yakizakana 焼き魚
fish, gluten (wheat), sesame, soya

Rice ご飯 **Ve**
none

Miso Soup みそ汁
fish, soya
may contain crustaceans and molluscs

Wakame Soup わかめスープ
sesame (removable), gluten (wheat), soya

SOFT DRINKS

Coca Cola コカコーラ

Hot Japanese Tea ほうじ茶

Iced Barley Tea 麦茶
Barley

Apple Juice りんごジュース

Filter Coffee (free refill) コーヒー

Hot Ginger (homemade) 生姜湯

Lemonade (homemade) 自家製レモネード

V vegetarian

Ve vegan

Vo vegetarian option

- water is filtered on site
- due to the small size of our kitchen please be aware that
we are unable to guarantee the absence of allergens.

Allergen menu updated 24/08/2023

* Risk of cross contamination via shared fryer oil



BREAKFAST

Allergens

UDON NOODLE

Atsu-Atsu あつあつ

[Hot Udon in Hot Broth]

Kake かけ **Vo**
fish (removable), gluten (wheat), soya
may contain crustaceans and molluscs (removable)

Kitsune きつね **Vo**
fish (removable), gluten (wheat), soya
may contain crustaceans and molluscs (removable)

Buta Miso 豚の糟味噌
fish, gluten (wheat), soya
may contain crustaceans and molluscs (removable)

Tempura 天ぷら
crustaceans, fish, gluten (wheat), soya
may contain: barley, celery, eggs, milk,

Curry カレー **Ve**
celery, gluten (wheat), mustard, soya

Saba 鯖と青菜
fish, gluten (wheat), soya,
may contain mustard, crustaceans and molluscs

Tori 鶏
fish, gluten (wheat), soya
may contain crustaceans and molluscs

Kaiso 海藻 **Ve**
sesame, gluten (wheat), soya

Niku 肉
fish, gluten (wheat), soya
may contain crustaceans and molluscs

Kinoko 木の子のくるみ味噌 **Ve**
soya, gluten (wheat), walnuts (removable)

Lamb Cumin Miso ラムクミン味噌うどん
fish, gluten (wheat), soya
may contain crustaceans and molluscs

Kamo 鴨
fish, gluten (wheat), soya
may contain crustaceans and molluscs

Hiya-Atsu ひやあつ

[Cold Udon with Hot Broth]

Hiya-Atsu ひやあつ **Vo**
Fish (removable), Soya, Wheat
(may contain Crustaceans - removable)

Buta Miso Hiya -Atsu 豚の糟味噌ひやあつ
Fish, Soya, Sulphites, Wheat
(may contain Crustaceans)

Tori Hiya-Atsu 鶏ひやあつ
Fish, Soya, Wheat
(may contain Crustaceans)

Niku Hiya-Atsu 肉ひやあつ
Fish, Soya, Wheat
(may contain Crustaceans)

Kinoko Hiya-Atsu **Ve**
木の子のくるみ味噌ひやあつ
Soya, Sulphites, Walnuts (removable), Wheat

Lamb Cumin Miso Hiya - Atsu
ラムクミン味噌うどん
fish, gluten (wheat), soya
may contain crustaceans and molluscs

Yasai Ten Hiya-Atsu **V**
野菜かき揚げ
crustaceans*, gluten (wheat), sesame (removable), soya
may contain: celery, eggs, milk, barley

Ten Hiya-Atsu 天ひやあつ
crustaceans, fish, gluten (wheat), sesame (removable), soya
may contain: celery, eggs, milk, molluscs, barley

Kamo Hiya-Atsu 鴨ひやあつ
fish, gluten (wheat), soya
may contain crustaceans and molluscs

Hiya-Hiya ひやひや

Zaru Udon

[Cold Udon with Cold Sauce to Dip]

Zaru ざる **Vo**
fish (removable), gluten (wheat), soya, sesame (removable)
may contain crustaceans and molluscs (removable)

Zaru Gomadare ざる胡麻だれ **Ve**
gluten (wheat), soya, sesame

Yasai Tenzaru 野菜かき揚げ **V**
crustaceans*, gluten (wheat), sesame (removable), soya
may contain: barley, celery, eggs, milk,

Tenzaru 天ざる
crustaceans, fish, gluten (wheat), sesame (removable), soya
may contain: barley, celery, eggs, milk, molluscs

Hiyashi Udon

[Cold Udon with Cold Sauce to Pour]

Hiyashi Kitsune 冷しきつね **Vo**
fish (removable), gluten (wheat), mustard (removable), sesame,
soya
may contain crustaceans and molluscs (removable)

Hiyashi Buta Miso 冷やし豚味噌
fish, gluten (wheat), sesame (removable), soya
may contain crustaceans and molluscs

Hiyashi Saba 冷やし鯖と青菜
fish, gluten (wheat), mustard, soya
may contain crustaceans and molluscs

Hiyashi Kaiso 冷し海藻 **Ve**
gluten (wheat), mustard (removable), sesame (removable),
soya,

Hiyashi Kinoko 冷やし木の子 **Ve**
gluten (wheat), mustard (removable), soya

Hiyashi Lamb Cumin Miso
冷やしラムクミン味噌
fish, gluten (wheat), sesame (removable), soya
may contain crustaceans and molluscs



Allergens

DONBURI all served with miso soup

[Rice in a bowl with...]

Gyudon 牛丼

fish, gluten (wheat), soya

may contain crustaceans and molluscs

Chicken Kara-age Don 鶏の唐揚げで親子丼

crustaceans*, eggs, fish, gluten (wheat), soya

may contain crustaceans and molluscs

Kamodon 鴨丼

fish, gluten (wheat), mustard, soya

may contain crustaceans and molluscs

Ten Curry Don 天カレー丼

celery, crustaceans, fish, gluten (wheat), mustard, soya

may contain: eggs, milk, barley

Yasai Tendon 野菜天丼 V

gluten (wheat), sesame (removable), soya

may contain: celery, eggs, milk, barley

Tendon 天丼

crustaceans, fish, gluten (wheat), soya

may contain: celery, eggs, milk, barley, molluscs

Ten Toji-don 天とじ丼

crustaceans, eggs, fish, gluten (wheat), soya

may contain: celery, milk, barley, molluscs

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Ve vegan

Vo vegetarian option

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SMALL PLATES

Umeboshi 梅干し Ve

none

Onsen Tamago 温泉卵

eggs, fish (removable), gluten (wheat), soya

may contain crustaceans and molluscs

Otsukemono 自家製漬け物 Ve

Ask staff for daily pickle, it may contain soya and wheat

Kaiso Sunomono Ve

胡瓜と海藻と生姜の酢の物

gluten (wheat), soya, may contain mustard (removable)

Kinoko Nametake 木の子のなめたけ

gluten (wheat), soya

Kakuni アップルサイダーで豚の角煮

gluten (wheat), mustard (removable), soya

Atsu-Age 厚揚げの網焼き Ve

gluten (wheat), soya

Namayasai Green Salad

ナマヤサイ農園のグリーンサラダ

gluten (wheat), sesame (removable), soya

Chicken Kara-age 鶏の唐揚げとピクルス

crustaceans*, gluten (wheat), soya

Yasai Ten Mori 野菜天ぶら盛り合わせ V

crustaceans*, gluten (wheat), sesame (removable), soya

may contain: celery, eggs, milk, barley

Ten Mori 天ぶら盛り合わせ

crustaceans, fish, gluten (wheat), soya, sesame (removable)

may contain: celery, eggs, milk, barley, molluscs

Rice ご飯 Ve

none

Miso Soup みそ汁

fish, soya

may contain crustaceans and molluscs

Wakame Soup わかめスープ Ve

gluten (wheat), sesame (removable), soya

Extra Toppings

Tanuki たぬき

crustaceans*, fish*, gluten (wheat)

may contain: barley, celery, eggs, milk

Natto 納豆

mustard (removable), fish (removable),

gluten (wheat) - removable, soya,

Wakame わかめ Ve

none

Tamago 温泉卵 V

eggs

Prawn Tempura えび天

crustaceans, fish*, gluten (wheat)

may contain: barley, celery, eggs, milk

