

## First Choice Instant Skim Milk Powder

Typical Nutritional Information			
		Per 100ml	Per 25 ml Single Serving
<b>Energy</b> Valor energetico	kJ	1509	302
<b>Protein</b> Proteinas	g	36	7
<b>Glycaemic Carbohydrates</b> Hidratos de Carboidratos glicemicos	g	50	10
of which total sugar dos quais acucar totais	g	48.1	9.1
<b>Total Fat</b> Gorduras total	g	1.0	0.2
of which saturated fat dos quais Gordura saturada	g	0.5	0.1
Monounsaturated fat Gordura mono-insaturadas	g	0.3	0.1
Polyunsaturated fat Gordura poli-insaturadas	g	0.2	0.0
<b>Cholesterol</b> Colesterol	mg	17	3
<b>Dietary Fibre#</b> Fibras alimentares	g	1.2	0.2
<b>Total Sodium</b> Sodio Total	mg	392	78
<b>Calcium</b> Calcio	mg	1231	246
<b>Vitamin A</b>	pg	533	107
<b>Vitamin D</b>	pg	17	3
* Analysis Method: AOAC 991.43 * Methodo de analise: AOAC 991.43			
Ingredients: Whole Milk (Cow's Milk), Emulsifier (Soya Lecithin), Vitamin A, Vitamin D			
Allergens: Cow's Milk, Soya			