

## First Choice Velvet Dairy Ice Cream - Vanilla Flavoured

Typical Nutritional Information			
		Per 100ml	Per 250 ml Single Serving
<b>Energy</b> Valor energetico	kJ	769	1922
<b>Protein</b> Proteinas	g	4.8	12
<b>Glycaemic Carbohydrates</b> Hidratos de Carboidratos glicemicos	g	17	42
of which total sugar dos quais acucar totais	g	16.6	41.5
<b>Total Fat</b> Gorduras total	g	10.9	27.3
of which saturated fat dos quais Gordura saturada	g	3.1	7.8
trans fat Gordura trans	g	0.2	0.5
Monounsaturated fat Gordura mono-insaturadas	g	5.0	12.5
Polyunsaturated fat Gordura poli-insaturadas	g	2.6	6.5
<b>Cholesterol</b> Colesterol	mg	48	121
<b>Dietary Fibre<sup>#</sup></b> Fibras alimentares	g	0.3	0.7
<b>Total Sodium</b> Sodio Total	mg	56	139
*Analysis Method: AOAC 985.29 *Methodo de analise: AOAC 985.29			
Ingredients: Full Cream Milk (53%), Cream (Cow's milk), Sucrose, Skim milk powder, Dextrose, Fructose, Stabiliser, flavouring			
Contains: Cow's Milk			