

## First Choice Instant Full Cream Milk Powder

Typical Nutritional Information			
		Per 100ml	Per 25 ml Single Serving
<b>Energy</b> Valor energetico	kJ	1921	480
<b>Protein</b> Proteinas	g	29	7
<b>Glycaemic Carbohydrates</b> Hidratos de Carboidratos glicemicos	g	43	11
of which total sugar dos quais acucar totais	g	36.3	9.1
<b>Total Fat</b> Gorduras total	g	28.7	7.2
of which saturated fat dos quais Gordura saturada	g	22.9	5.7
Monounsaturated fat Gordura mono-insaturadas	g	5.0	1.3
Polyunsaturated fat Gordura poli-insaturadas	g	0.8	0.2
<b>Cholesterol</b> Colesterol	mg	43	11
<b>Dietary Fibre*</b> Fibras alimentares	g	0.8	0.2
<b>Total Sodium</b> Sodio Total	mg	377	94
<b>Calcium</b> Calcio	mg	912	228
<b>Vitamin A</b>	pg	485	121
<b>Vitamin D</b>	pg	6	2
* Analysis Method: AOAC 991.43			
* Metodo de analise: AOAC 991.43			
Ingredients: Whole Milk (Cow's Milk), Emulsifier (Soya Lecithin), Vitamin A, Vitamin D			
Allergens: Cow's Milk, Soya			