

# First Choice Double Cream Plain Dairy Snack

## TYPICAL NUTRITIONAL INFORMATION (as packed)

	Per 100 g	Per 150 g (single serving)
Energy (kJ)	361	542
Protein (g)	2.4	3.6
Glycaemic Carbohydrate (g)	5	8
of which total sugar (g)	1.5	2.3
Total Fat (g)	6.5	9.8
of which Saturated Fat (g)	5.0	7.5
Trans Fat (g)	<0.1	<0.1
Monounsaturated Fat (g)	1.3	1.95
Polyunsaturated Fat (g)	<0.1	<0.1
Cholesterol (mg)	14	21
Dietary Fibre* (mg)	<1.0	<1.0
Total Sodium (mg)	25	38
Calcium (mg)	72.4	108.6

\* AOAC985.29 method of analysis

**INGREDIENTS:** Full Cream Milk, Water, Cream, Stabiliser (Contains Gelatine), Yoghurt Cultures, Preservative (Potassium Sorbate). Contains: Cow's Milk.