

First Choice Velvet Dairy Ice Cream - Chocolate Flavoured

Typical Nutritional Information			
		Per 100ml	Per 250 ml Single Serving
Energy Valor energetico	kJ	728	1820
Protein Proteinas	g	4.2	10.5
Glycaemic Carbohydrates Hidratos de Carboidratos glicemicos	g	19	47
of which total sugar dos quais acucar totais	g	18.7	46.8
Total Fat Gorduras total	g	9.7	22.5
of which saturated fat dos quais Gordura saturada	g	3.1	7.8
trans fat Gordura trans	g	0.2	0.5
Monounsaturated fat Gordura mono-insaturadas	g	5.0	12.5
Polyunsaturated fat Gordura poli-insaturadas	g	2.6	6.5
Cholesterol Colesterol	mg	48	121
Dietary Fibre[#] Fibras alimentares	g	0.3	0.7
Total Sodium Sodio Total	mg	56	139
*Analysis Method: AOAC 985.29 *Methodo de analise: AOAC 985.29			
Ingredients: Full Cream Milk (53%), Cream (Cow's milk), Sucrose, Cocoa , Skim milk powder, Dextrose, Fructose, Stabiliser, flavouring			
Contains: Cow's Milk			