

First Choice Vanilla Choc Chip Flavoured Low Fat Dairy Snack

Typical Nutritional Information (as packed)			
		Per 100g	Per 150g serving
Energy	kJ	346	519
Protein	g	1.9	2.9
Glycaemic Carbohydrates	g	15	23
of which total Sugars	g	8.0	12
Total Fat	g	2.0	3.0
of which Saturated Fat	g	1.6	2.4
of which Trans Fat	g	<0.1	<0.1
of which Monounsaturated Fat	g	0.4	0.6
of which Polyunsaturated Fat	g	<0.1	<0.1
Cholesterol	mg	8	12
Dietary Fibre*	g	<1.0	<1.0
Total Sodium	mg	30	45
* A0AC 985.29 method			
Ingredients: Cow's Milk, Water, Sugar, Syrup (Chocolate pieces (sugar, vegetable fat, full cream milk powder, skim milk powder, low fat cocoa powder, whey powder, emulsifiers (soya lecithin), vanillin), Flavourings, Acid Regulator: Citric Acid Monohydrate), Stabiliser (Contains: Gelatine), Yoghurt cultures, Preservative (Potassium sorbate).			
Contains: Cow's Milk.			