

## First Choice UHT Cream

Typical Nutritional Information			
		Per 100ml	Per 250 ml Single Serving
<b>Energy</b> Valor energetico	kJ	1397	210
<b>Protein</b> Proteinas	g	2.7	0.4
<b>Glycaemic Carbohydrates</b> Hidratos de Carboidratos glicemicos	g	3	<1
of which total sugar dos quais acucar totais	g	2.5	0.4
of which total lactose dos quais lactose total		2.5	0.4
<b>Total Fat</b> Gorduras total	g	35.4	5.3
of which saturated fat dos quais Gordura saturada	g	22.6	3.4
trans fat Gordura trans	g	1.4	0.2
Monounsaturated fat Gordura mono-insaturadas	g	8.5	1.3
Polyunsaturated fat Gordura poli-insaturadas	g	0.9	0.1
<b>Cholesterol</b> Colesterol	mg	58	9
<b>Dietary Fibre<sup>#</sup></b> Fibras alimentares	g	<0.5	<0.1
<b>Total Sodium</b> Sodio Total	mg	46	6
*Analysis Method: AOAC 991.43 *Methodo de analise: AOAC 991.43			
Ingredients: Cream(cow's milk), Stabilisers (E460, E466, E407) Ingredientes: Creme (leite de vaca), Estabilizantes (E460, E466, E407)			
Product as packed. Contains: Cow's milk Produto como embalado. Contem. Leite de vaca.			