

First Choice Honey Nutritional Information

Orange Blossom Honey

Ingredients: Honey

100% Natural and 100% Proudly South African.

Sweet, thick, and dark golden in colour. Produced from the nectar of the citrus blossoms in the heart of the citrus valley of Patensie – Eastern Cape.

Multi Floral Honey

Ingredients: Honey

100% Natural and 100% Proudly South African.

Varies in colour, flavour, and consistency depending on the kind of blossom from which the bees have gathered their nectar. Produced from the nectar of many different flowers from the indigenous bush along the coastal belt of the Eastern Cape.

Raw Creamed Honey

Ingredients: Creamed Honey

First Choice creamed honey is made of 100% Canola Flower Honey. Creamed honey is honey that has been whipped to control crystallization, which results in a smooth, cream and spreadable honey.