

First Choice Whipping Cream

Typical Nutritional Information			
		Per 100 g	Per 15g (1 tbsp) Serving
Energy Valor energetico	kJ	1453	218
Protein Proteinas	g	2.6	0.4
Glycaemic Carbohydrates Hidratos de Carboidratos glicemicos	g	3	0
of which total sugar dos quais acucar totais	g	2.6	0.4
Total Fat Gorduras total	g	36.9	5.5
of which saturated fat dos quais Gordura saturada	g	22.9	3.4
trans fat Gordura trans	g	1.8	0.3
Monounsaturated fat Gordura mono-insaturadas	g	9.3	1.4
Polyunsaturated fat Gordura poli-insaturadas	g	1.0	0.1
Cholesterol Colesterol	mg	33	5
Dietary Fibre# Fibras alimentares	g	<0.5	<0.5
Total Sodium Sodio Total	mg	37	5
Calcium Calcio	mg	59.1	8.9
*Analysis Method: AOAC 991.43 *Methodo de analise: AOAC 985.29			
Ingredients: Cow's Milk Ingredientes: Leite de vaca			
Product as packed. Contains: Cow's milk Produto como embalado. Contem. Leite de vaca.			
Ingredients: Cream (cow's milk), Stabilisers (E1442, E463) Crème (Leite de cava) Estabilizadores (E1442, E463)			