

## First Choice Caramel Flavoured Low Fat Dairy Snack

Typical Nutritional Information (as packed)			
		Per 100g	Per 150g serving
<b>Energy</b>	kJ	330	495
<b>Protein</b>	g	1.8	2.7
<b>Glycaemic Carbohydrates</b>	g	15	23
of which total Sugars	g	7.6	11.4
<b>Total Fat</b>	g	1.5	2.3
of which Saturated Fat	g	1.2	1.8
of which Trans Fat	g	<0.1	<0.1
of which Monounsaturated Fat	g	0.4	0.6
of which Polyunsaturated Fat	g	<0.1	<0.1
<b>Cholesterol</b>	mg	9	14
<b>Dietary Fibre*</b>	g	<1.0	<1.0
<b>Total Sodium</b>	mg	29	44
* A0AC 985.29 method			
Ingredients: Cow's Milk, Water, Sugar, Syrup (Caramel Sauce (invert sugar, full cream powder, non-hydrogenated vegetable fat, flavourings, colourants), Acidity Regulator), Stabiliser (Contains: Gelatine), Yoghurt cultures, Preservative (Potassium sorbate).			
Contains: Cow's Milk.			