

## First Choice Feta - Black Pepper

Typical Nutritional Information			
		Per 100 g	Per 30g Single Serving
<b>Energy</b> Valor energetico	kJ	1205	365
<b>Protein</b> Proteinas	g	17.8	5.3
<b>Glycaemic Carbohydrates</b> Hidratos de Carboidratos glicemicos	g	0	0
of which total sugar dos quais acucar totais	g	0.0	0.0
<b>Total Fat</b> Gorduras total	g	24.4	7.3
of which saturated fat dos quais Gordura saturada	g	15.4	4.6
trans fat Gordura trans	g	1.2	0.4
Monounsaturated fat Gordura mono-insaturadas	g	5.9	1.8
Polyunsaturated fat Gordura poli-insaturadas	g	0.6	0.2
<b>Cholesterol</b> Colesterol	mg	47	14
<b>Dietary Fibre<sup>#</sup></b> Fibras alimentares	g	0.0	0.0
<b>Total Sodium</b> Sodio Total	mg	1178	353
<b>Calcium</b>	mg	403.0	121.0
* Analysis Method: AOAC 991.43 * Metodo de analise: AOAC 991.43			
Ingredients Black Pepper Flavoured Feta: Pasteurised Cow's Milk, Brine (water, salt, calcium chloride, acidity regulator ) , Black pepper (1%) calcium, chloride, cheese cultures, non- animal Rennet			