

First Choice Low Fat Peach & Apricot Dairy Snack

TYPICAL NUTRITIONAL INFORMATION (as packed)

	Per 100 g	Per 150 g (single serving)
Energy (kJ)	255	383
Protein (g)	1.9	2.9
Glycaemic Carbohydrate (g)	11	17
of which total sugar (g)	8.9	13.4
Total Fat (g)	1.1	1.7
of which Saturated Fat (g)	0.8	1.2
Trans Fat (g)	<0.1	<0.1
Monounsaturated Fat (g)	0.3	0.5
Polyunsaturated Fat (g)	<0.1	<0.1
Cholesterol (mg)	4	6
Dietary Fibre* (g)	<0.5	<0.5
Total Sodium (mg)	31	47
Calcium (mg)	85.5	128.3

* AOAC991.43 method of analysis

INGREDIENTS: Cow's milk, Water, Sugar, Fruit preparation (Peach (3%), Apricot (3%)), Sugar, water, Stabiliser, Flavourings, Colourants, Acidity regulator), Stabiliser (Contains: Gelatine), Yoghurt cultures, Preservative (Potassium Sorbate). Contains: Cow's milk