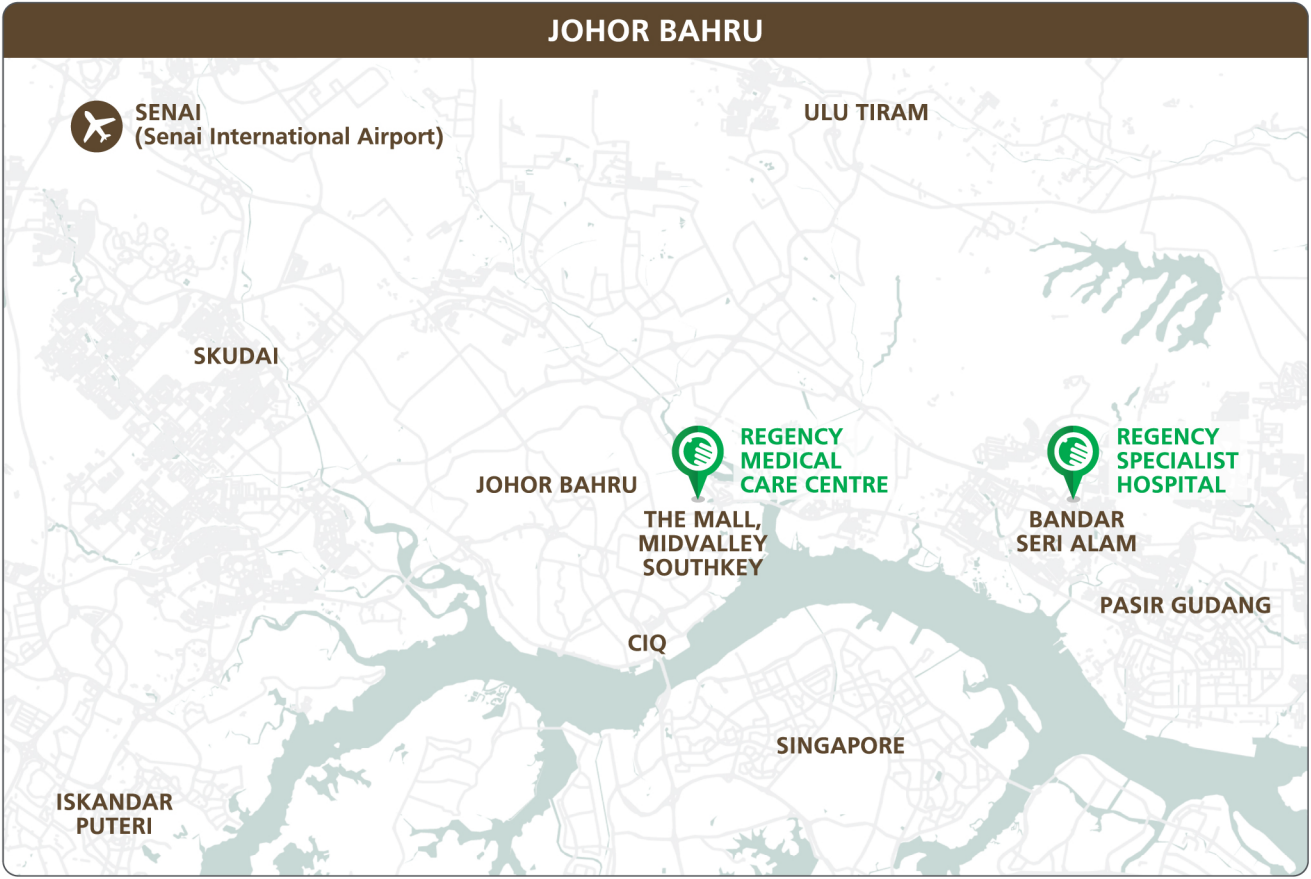


At Regency Medical Care Centre, we understand the importance of a healthy mind and body. Our high-end medical care packages are designed to cater to your specific needs, ensuring a comprehensive and personalised approach to your well-being.



**Prepare for your medical check-up with ease by following our simple guidelines**

- Fasting**  
Fast for at least 4 hours prior to your appointment if you're undergoing ultrasound abdomen (Signature+ & Supreme packages only)
- Hydration**  
Consume adequate plain water during the fasting period.
- Medications**  
Continue routine medications as prescribed.
- Special Considerations**  
Refrain from applying contact lens and applying deodorant or powder.
- Pap Smear**  
Ladies, schedule a pap smear at least 7 days from the completion of the last menstrual period and avoid sexual intercourse 2 days before your check-up.
- Footwear**  
Bring along jogger shoes for treadmill stress test.
- Identification**  
Bring along an identification card/ passport for verification and booking.



**Free shuttle service is available by appointment.**

Pick-up points available:

**Shopping Mall**

- KSL City Mall

**Airport Terminals**

- Singapore Changi Airport
- Senai International Airport

**Ferry Terminals**

- Berjaya Waterfront Ferry Terminal
- Pasir Gudang Ferry Terminal
- Puteri Harbour Ferry Terminal

**Singapore MRT Stations (Thursdays only)**

- Kranji Station
- Bishan Station

For appointment, kindly contact us at:

- ☎: +6016-220 9700 (WhatsApp only)
- ☎: +607-381 7700 (Ext 8026)
- ✉: [rmcc\\_teleservices@regencyspecialist.com](mailto:rmcc_teleservices@regencyspecialist.com)

Scan QR code for appointment:



Our centre operates daily from 8:00am - 8:00pm.  
For general enquiries, please contact +607-333 8888.



**Elevating  
Your Health,  
Enriching Your Life**  
**Health Screening  
Packages**



REGENCY MEDICAL CARE CENTRE WELLNESS PACKAGE

More than  
85  
Tests

SIMPLE

- ABO Blood Group & RhD Typing
- Diabetes Profile - HbA1c
- Haematology Profile - Full Blood Count (FBC)
- Hepatitis A Screening
- Hepatitis B Screening
- Lipid Profile
- Liver Function Test
- Renal Function Test
- Thyroid Function Test
- Syphilis Screening (VDRL)
- Urine FEME
- InBody Test - Body Fat Analysis
- Electrocardiogram - Resting ECG
- Chest X-ray

Inclusive of physical examination, pre-screening consultation, dietitian consultation and report review by doctor.

♂ MEN

RM588.00

♀ WOMEN

RM588.00

More than  
90  
Tests

STARTER

- ABO Blood Group & RhD Typing
- Diabetes Profile - HbA1c
- Haematology Profile - Full Blood Count (FBC)
- Hepatitis A Screening
- Hepatitis B Screening
- Lipid Profile
- Liver Function Test
- Renal Function Test
- Thyroid Function Test
- H.Pylori IgG
- Rheumatoid Factor
- Tissue Inflammation Screening (ESR)
- Cancer Screening for Intestine - CEA
- Syphilis Screening (VDRL)
- Urine FEME
- Audiometry
- Tonometry
- InBody Test - Body Fat Analysis
- Electrocardiogram - Resting ECG
- Chest X-ray
- Abdomen X-ray

Inclusive of physical examination, pre-screening consultation, dietitian consultation and report review by doctor.

♂ MEN

RM988.00

♀ WOMEN

RM988.00

More than  
95  
Tests

SIGNATURE

- ABO Blood Group & RhD Typing
- Diabetes Profile - HbA1c
- Haematology Profile - Full Blood Count (FBC)
- Hepatitis A Screening
- Hepatitis B Screening
- Lipid Profile
- Liver Function Test
- Renal Function Test
- Thyroid Function Test
- H.Pylori IgG
- Rheumatoid Factor
- Tissue Inflammation Screening (ESR)
- Cancer Screening for Liver - AFP
- Cancer Screening for Ovary - CA-125
- Cancer Screening for Pancreas - CA 19-9
- Cancer Screening for Intestine - CEA
- Cancer Screening for Prostate - PSA
- Syphilis Screening (VDRL)
- Urine FEME
- Stool Occult Blood
- Audiometry
- Tonometry
- Spirometry
- InBody Test - Body Fat Analysis
- Electrocardiogram - Resting ECG
- Chest X-ray
- Abdomen X-ray

Inclusive of physical examination, pre-screening consultation, dietitian consultation and report review by doctor.

♂ MEN

RM1,488.00

♀ WOMEN

RM1,488.00

More than  
110  
Tests

SIGNATURE+

- ABO Blood Group & RhD Typing
- Diabetes Profile - HbA1c
- Haematology Profile - Full Blood Count (FBC)
- Hepatitis A Screening
- Hepatitis B Screening
- Hepatitis C Screening
- Lipid Profile
- Liver Function Test
- Renal Function Test
- Thyroid Function Test
- H.Pylori IgG
- Rheumatoid Factor
- Tissue Inflammation Screening (ESR)
- Cancer Screening for Liver - AFP
- Cancer Screening for Ovary - CA-125
- Cancer Screening for Pancreas - CA 19-9
- Cancer Screening for Intestine - CEA
- Cancer Screening for Prostate - PSA
- Vitamin D
- Syphilis Screening (VDRL)
- Urine FEME
- Urine Microalbumin
- Stool Occult Blood
- Pap Smear Screening
- Audiometry
- Tonometry
- Spirometry
- InBody Test - Body Fat Analysis
- Electrocardiogram - Resting ECG
- Treadmill ECG
- Chest X-ray
- Abdomen X-ray
- Bone DEXA - Lumbar Spine & Hip
- Mammogram or Ultrasound Breast
- Ultrasound Prostate Gland
- Ultrasound Abdomen

Inclusive of physical examination, pre-screening consultation, dietitian consultation and report review by doctor.

♂ MEN

RM2,488.00

♀ WOMEN

RM2,688.00

More than  
120  
Tests

SUPREME

- ABO Blood Group & RhD Typing
- Diabetes Profile - HbA1c
- Haematology Profile - Full Blood Count (FBC)
- Hepatitis A Screening
- Hepatitis B Screening
- Hepatitis C Screening
- Lipid Profile
- Liver Function Test
- Renal Function Test
- Thyroid Function Test
- H.Pylori IgG
- Creatine Kinase - CK/CPK
- Rheumatoid Factor
- Tissue Inflammation Screening (ESR)
- Cancer Screening for Liver - AFP
- Cancer Screening for Ovary - CA-125
- Cancer Screening for Pancreas - CA 19-9
- Cancer Screening for Intestine - CEA
- Cancer Screening for Prostate - PSA
- Testosterone
- Vitamin D
- Syphilis Screening (VDRL)
- Urine FEME
- Urine Microalbumin
- Stool Occult Blood
- Pap Smear Screening
- Audiometry
- Tonometry
- Spirometry
- InBody Test - Body Fat Analysis
- Electrocardiogram - Resting ECG
- Treadmill ECG
- Chest X-ray
- Abdomen X-ray
- Bone DEXA - Lumbar Spine & Hip
- Mammogram or Ultrasound Breast
- CT Calcium Score
- Ultrasound Pelvis
- Ultrasound Abdomen

Inclusive of physical examination, pre-screening consultation, dietitian consultation and report review by doctor.

♂ MEN

RM3,388.00

♀ WOMEN

RM3,588.00

GLOSSARY

**BLOOD ANALYSIS**

**Diabetes Profile**  
To detect average blood sugar levels over the past 2-3 months.

**Haematology Profile**  
To detect abnormalities in blood cells, including red blood cells, white blood cells, and platelets.

**Hepatitis A, B or C Screening**  
To detect the presence of viral infections affecting the liver.

**Lipid Profile**  
To measure the levels of cholesterol and triglycerides, a type of fat, in your blood.

**Liver Function Test**  
To detect the levels of enzymes and proteins related to liver functions.

**Renal Function Test**  
To assess the function of the kidneys.

**Thyroid Function Test**  
To detect thyroid disease.

**Tissue Inflammation Screening**  
To detect tissue inflammation.

**Cancer Screening**  
To detect and monitor certain cancers such as liver and colon cancers.

**Syphilis Screening**  
To detect venereal disease syphilis infection.

**URINE ANALYSIS**

**Urine FEME**  
To detect cells, proteins, glucose and bacteria in the urine.

**Urine Microalbumin**  
To detect early signs of kidney damage.

**STOOL OCCULT BLOOD**

**Stool Occult Blood**  
To indicate possibility of colon cancer.

**PATHOLOGY TEST**

**Pap Smear**  
To detect cervical cancer.

**FUNCTIONAL TESTS**

**Audiometry**  
To detect hearing loss.

**Tonometry**  
To detect raised intraocular pressure (glaucoma) which is a common cause of blindness.

**Spirometry**  
To diagnose conditions such as asthma, chronic obstructive pulmonary disease (COPD), and other respiratory disorders.

**InBody Test**  
To provide a detailed interpretation on body fat mass, total body water, protein & mineral levels and muscle-fat analysis.

**CARDIOVASCULAR SYSTEM PROCEDURES**

**Electrocardiogram**  
To detect abnormalities in the structure and function of the heart.

**Treadmill ECG**  
To evaluate coronary artery disease, assess exercise tolerance, and evaluate heart rhythm abnormalities.

**RADIOLOGICAL TESTS**

**Chest X-Ray**  
To detect various conditions affecting the lungs, heart and other structures in the chest.

**Abdomen X-ray**  
To detect abnormalities in the abdomen such as gas patterns, organ positions, bowel obstruction and foreign objects.

**Bone DEXA - Lumbar Spine & Hip**  
To detect osteoporosis of bone, which carries a higher risk of fracture.

**Mammogram**  
To detect early breast cancer and fibrocystic disease of the breasts. Baseline mammogram is recommended at age 40 or earlier if there is a family history of breast disease.

**Ultrasound Breast**  
To detect and evaluate various conditions affecting the breast tissue. It is often used in conjunction with mammography for comprehensive breast evaluation.

**CT Calcium Score**  
To detect any early heart vessel calcification before blood flow reduction occurs.

**Ultrasound Pelvis**  
To detect issues with the prostate (for males), uterus (for females) and urinary bladder.

**Ultrasound Prostate Gland**  
To detect if any growth in the prostate gland is benign or malignant.

**Ultrasound Abdomen**  
To look at organs in the abdomen, which includes liver, gallbladder, bile duct, spleen, pancreas and kidneys.

● For men only. ● For women only. \*These tests can be replaced. Certain diagnostic tests may be adjusted based on doctor's assessment.