

**Lesson Plan: Day 1 Workshop Introduction****35 minutes total****Learning Outcomes**

At the end of this session participants will be able to:

1. List the ground rules that will be followed during the workshop.
2. Discuss what they expect to learn from the workshop.

**Materials**

- Flip chart paper
- Markers
- Name tags (optional)
- Notebooks (1 for each participant)
- Pens (1 for each participant)
- Small bucket or container
- *Introduction Word Game*

**Preparation**

- Read and prepare the lesson plan
- Prepare flip chart with Agenda for Day 1
- Prepare flip chart with heading 'Group Agreement'
- Prepare flip chart with heading 'Learning Expectations'
- Cut the *Introduction Word Game* into small pieces with individual words

**Introduction****5 minutes**

1. Introduce guests as appropriate.
2. Introduce the training.
  - *This introductory training covers topics related to water, sanitation and hygiene. This is the first in a series of workshops which cover these topics in more detail.*
  - *This workshop is designed for community people, WASH volunteers, and those who may be Community Health Promoters (CHP).*
  - *This workshop is participatory. There many types of group work.*

**Icebreaker – Getting to Know Each Other****15 minutes**

1. Tell the participants that in the small bucket or container there are pieces of paper with words written on them. Each word is written on two different pieces of paper.
2. Ask them to each to take one piece of paper and find the person who has the same word as them. The trainers should also participate in this activity.
3. Explain that they will be introducing their partner to the group with the following details:
  - Name
  - Education or occupation
  - Where are you from
  - What is your favorite place
4. Tell the participants they have 3 minutes to get to know each other.
5. Ask the participants to introduce their partner to the rest of the group.

**Group Agreement – Making Ground Rules****10 minutes**

1. Explain that ground rules are agreements created by the group that will allow everyone to learn together.
2. Ask participants what we need to do to create a positive learning environment for everyone.
3. Write the ideas on the flip chart paper titled 'Group Agreement'. Ex: *Respect, ask questions, silence cell phones, and come on time, etc.*
4. Place the group agreement in a place where it can be seen.

**Group Expectations****5 minutes**

1. Explain that there is a range of understanding among the participants. Some of the material that will be presented may be new for some and repetition for others. It is helpful for participants who have more knowledge or experience to share with the group.
2. Ask participants to list what they hope to learn during the training.
3. Record participants' expectations on the flip chart paper titled 'Learning Expectations' as they list them. Connect relevant expectations to the workshop agenda. If some expectations will not be met within this workshop's lessons, explain to participants you can discuss other ways to address them outside of this workshop.

5. Review the agenda for the two days. Ask the participants if there are any issues regarding the timing for the workshop. Get agreement on the time to start, time for breaks, time for lunch and time to end.
4. Introduce the next lesson and the facilitator(s).

## Introduction Word Game

**Water**

**Water**

**Sanitation**

**Sanitation**

**Hygiene**

**Hygiene**

**Disease**

**Disease**

**Vulnerable Population**

**Vulnerable Population**

**Transmission Routes**

**Transmission Routes**

**Action Plan**

**Action Plan**

**Gender**

**Gender**

**Poor WASH**

**Poor WASH**

**Water-Related Disease**

**Water-Related Disease**