

Lesson Plan 8: Key Messages on Total Sanitation**60 minutes****Lesson Description**

In this lesson plan, participant will get the key message on water, sanitation, hygiene, safe and hygienic food, kitchen management.

Learning Outcomes

At the end of the session participants will be able to:



1. Identify key messages on total sanitation to deliver at community level

Materials

- Brown sheet paper
- Markers
- Masking tape
- Meta cards

Preparation

- ◆ Prepare learning outcomes
- ◆ Prepare news print with the following titled: either “Water Related Key Message”, “Sanitation Related Key Message”, Hygiene Related Key Message”, “Safe and Hygienic Food Related Key Message” and “Kitchen Management Related Key Message”

Introduction**10 minutes**

1. Tell the participants about water disinfectant process by using chlorine :
 - a. There are so many chemicals available in the market. Some are useful and some are not. Chlorine is a chemical having a property to kill pathogens present in water. People use different forms of chlorine for water disinfectant. Use appropriate quantity of chlorine in the water to disinfect.
 - b. We can use chlorine to disinfect water. Use three drops of Piyush in one liter of water.
2. Ask the participants which process do they remember and why?
3. Explain to the participants that while working in the community, it is essential to focus on important information, when a lot of information is to be delivered at once. It should be given in simple and easy method, so as to understand and remember for the longer period.
4. Present learning outcomes.

Identifying key messages**45 minutes**

1. Ask the participants: “What do we mean when we say key messages?”
2. Ask 1-2 participants to volunteer ideas.
3. Summarize their responses and define key messages as follow: key messages are the important things to say about something.
4. Ask the participants: “When dealing with the community people, why do we need to use key messages with WASH information?”
5. Ask 1-2 volunteers for their suggestions.

Possible response include: We should not overwhelm people with too much information, avoid highly technical information; we want to make WASH messages simple and easy for people; we want things to be easy and easy to remember; key messages should specific and focused so participant stay interested.

6. Tell the participants that they are going to work in 4 groups and in it they have to focus on the most important WASH information to help people stay healthy and prevent the spread of disease.
7. Tell participants each group will create **no more than 3 to 4** key messages. Ask the participants to consider what information is the most essential in the community. Each key message should contain only one idea and must be simple to understand.
8. Divide the participants into 4 groups. Give each group a sheet of flip chart paper and assign each group either "Water Related Key Message", "Sanitation Related Key Message", "Hygiene Related Key Message", and "Kitchen Management with safe and Hygienic Food Related Key Message". Ask each group to discuss within themselves and list down key messages.
9. Possible key messages might include:

Safe Water	Better Sanitation	Sustained Hygiene	Kitchen Management and safe food
<ul style="list-style-type: none"> - Clean water is not safe water - Disinfect water before consumption - Safe storage of water to prevent recontamination 	<ul style="list-style-type: none"> - No open defecation - Construction, proper use and management of latrine - Reduce, reuse and recycle waste 	<ul style="list-style-type: none"> - Hand washing-critical times - Hand washing station - Maintaining menstrual hygiene and bathing station 	<ul style="list-style-type: none"> - Cover foods, - Cover utensils, - Upgrade stoves,

10. Provide 10 minutes to the group to complete the activity.
11. Ask each group to present their key messages. One participant from each group can present.
12. After each group presents, discuss with the large group and make necessary changes if there is disagreement.
13. Ask participants to write down the completed list of key messages to use as a reminder when working with community.

Review

5 minutes

Passing the question (Game)



Inform participant that we are going for the review activity of the session. For this participant have to work on the earlier group and provided the time of 5 minutes.

In this, 1st group have to ask for two key message of their topic (assigned in previous activity) to the next group of its choice (say 2nd group). Furthermore, the 2nd group will answer the question of 1st group and 2nd will ask a question of their topic to 3rd group of their choice (without repetition of group). The process will be continued unless the entire group has got their chance to ask question. The initial group should call out the name before asking their question.

Total Sanitation

Key message on total Sanitation

1. Facilitator will ask the nearest group to continue to activity. The following group has to call the name of concerned group before asking their question. by asking for any two
2. Start the game by asking any two key message of the assigned topic to the next group.
3. The concerned group will give their answer and they have to ask the question to another group (without repetition of group).
4. And this process continues until all group get chance to ask their question and get reply.

Reflection on lesson