

Lesson Plan 2: Components of Total Sanitation**45 minutes****Lesson Description**

In this lesson plan, participants find the main components of total sanitation and the sub-components that are under the main components of the total sanitation.

Learning Outcomes:

1. Identify components of total sanitation
2. Describe the sub-components of total sanitation

Materials

- Meta cards
- Brown sheet
- Markers
- Newsprint

Preparation

- Prepare an open hand of SWASTHA and meta card with SWASTHA and its components written.
- Prepare the learning outcomes

Introduction**10 minutes**

1. Paste the picture of open hand of SWASTHA in front of the participants.
2. Ask participants if they can think or relate to anything looking at the picture. Or simply ask what the picture might indicate.
3. Paste a meta-card with SWASTHA written on the palm of the hand. Now ask what the fingers might indicate.
4. Ask the view of participants and if any components are answered by participants than paste the meta-card with the component in the finger of the hand.
5. If the participants feel difficulty on answering, explain that the fingers indicate the components of SWASTHA community.
6. Linking to it, present the learning outcomes of the session.

Components and Sub-components of Total Sanitation

1. Linking to the introduction, explain briefly about each component while pasting on the meta-cards on the fingers of the hand.
2. Explain further to participants like if fingers are closed then a strong punch is composed similarly, with these components of SWASTHA/ Total Sanitation, a SWASTHA community is formed.
3. Inform participants that they are going for the group activity. In their groups, participants are to write the activities in each component of Total Sanitation. Give an example of each component:
 - a. **Safe water:** PoU options, safe storage
 - b. **Better sanitation:** latrine construction, solid waste management
 - c. **Sustained hygiene:** hand washing, Menstrual Hygiene Management
 - d. **Kitchen Management:** Clean kitchen, Indoor air pollution
 - e. **Safe and Hygienic Food:** hygienic food production to consumption

Total Sanitation

Components of Total Sanitation

4. Divide participants into 5 groups and provide a component, newsprint paper and few markers to each group.
5. Provide 5 minutes for the activity.
6. After the time, ask groups to present and add more if anything is missing.
7. As all groups present, summarize all the activities of each component and relate the entire activities sum up to the attainment of SWASTHA which will be discussed on the particular two days training.

Review

10 minutes



1. Provide a piece of subcomponent of SWASTHA to each participant written on meta cards.
2. Ask them to share where the sub component fall among five major components.
3. Ask them to raise their hands by component wise and sit together
4. Ask them to share few points to each group

Reflections on Lesson