

Lesson Plan 7: Working with Households

**1 hr 20 min total**

Learning Outcomes



At the end of this session participants will be able to:

1. Prioritize WASH issues in a household level according to what would be easiest for a household to change
2. Recommend solutions to WASH issues in a household
3. Demonstrate and discuss attitudes and good manners needed when working in a household
4. Discuss ways to support a household in making WASH changes.

Materials



- Flip chart paper
- Markers (board and permanent)
- Masking Tape
- Signs for each station (included in this lesson plan)
- Pictures of WASH issues in household. These can be taken from the 3 Pile Sort cards.

Preparation



- Select 5 different locations to set up stations. Place a number and a set of instructions at each station (see end of lesson for large size of instructions).

Introduction

10 minutes

1. Ask participants to introduce themselves to someone as if they have never met the person before. Tell them that they will have 1 minute to introduce themselves to someone.
2. After they have finished introductions, ask the participants to introduce themselves to someone as if they are old friends. Tell them that they have 1 minute to introduce themselves to someone.
3. Ask the participants to return to the large group. Ask them to discuss the difference between the how they talk to somebody new and somebody they know well.
4. Tell the participants that when working with households they will have the opportunity to work with lots of different types of people. They will probably focus on people they know because it is easier, but will also work with people that they do not know. There are many skills they will need when working with households. In this lesson we will work on developing those skills.
5. Present the learning expectations.

Working with Households**60 minutes**

1. Tell the participants that they will be divided into groups. The groups will rotate around 5 different stations.
2. Describe the 5 stations to the participants:
 - Station 1: Prioritization Exercise – Look at the pictures. All of these issues exist in one household. Make a recommendation to the household. Remember: focus on changing what is easy first so that the household feels successful and will continue on its journey to a healthier home.
 - Station 2: Preparing for household visit – In the next station you will visit a household where you will have to figure out what WASH issues they have and prioritize recommendations. Discuss what questions you will ask, how you will organize yourselves, and what attitude and etiquette you will demonstrate to make sure that your visit is successful.
 - Station 3: Role Play: – Pretend you are a group of CHPs visiting a household in your community. Ask effective questions to determine what hygiene and sanitation issues this household has. Remember to listen actively, prioritize what is easy and work with the household to make sure they are successful. *The facilitator will take the role of the household at this station.*
 - Station 4: Debrief of the Role Play – After visiting a household it is good to debrief with the CHPs you are working with about what happened in the household. Practice by discussing what went well in the role play, what challenges you had, and what you could have done better. Also discuss how you support the household as they make the changes you recommended.
 - Station 5: Challenges in Households – you visited a household recently, but they ignored your recommendations. They are still not washing hands or using a toilet and they say that they do not have enough money or time to make any changes. In this situation how will you respond to the household? Discuss possible ways you can deal with these challenges.
3. Tell the participants that instructions are written up at each station that they must read before starting the activity.

Note: for station 3, you will take the role of the household and will respond to the CHP questions. Pretend that in your household, your children are often sick and you do not often do handwashing with soap. You sometimes use your neighbour's latrine. You want to know more about ways to prevent diseases.
4. Ask the participants to form 4 groups.
5. Ask Group 1 to go to Station 1, Group 2 to go to Station 2, Group 3 to go to Station 3 and Group 4 to go to Station 5. *Note: do not send any groups to station 4 at the beginning.*
6. Explain to participants that they will have 10 minutes at each station. At the end of the 10 minutes they will switch stations: Group 1 will go to Station 2, Group 2 will go to Station 3, Group 3 will go to Station 4 and so on...
7. Have participants spend 10 minutes at each station. Rotate stations until participants have visited all 5 stations.

Review**10 minutes**

1. Ask the participants to think of two things they discussed or learned during this lesson that they want to implement when they work with households in their community. Ask them to share their ideas with a partner.
2. In the large group, ask a few volunteers to share their ideas.

Reflections on Lesson

Station 1: Prioritization

Look at the pictures. All of these issues exist in one household. Make a recommendation to the household. Remember, focus on changing what is easy first so that the household feels successful and will continue on its journey to a healthier home.

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lrdqf x]g'{xf]; . oL ;d:ofx? Pp6f 3/df 5 . To; 3/sf] nflu
 ;'emfjx? tof/ ug'xf]; . ;Demg'xf];, To; 3/nfO{ kl/jt{g ug{
 s'g s'/f klxn] ug'{ h?/L 5 tf sL ;a} ;d:ofx? ;dfwfg ub}{
 :j:Yo 3/ agfpg ;lsG5 .

Station 2 : Preparing Household Visit

In the next station you will visit a household where you will have to identify what WASH issues they have and prioritize recommendations. Discuss what questions you will ask, how you will organize yourselves, and what attitude and good manner you will demonstrate to make sure that your visit is successful.

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lrqdf /x]sf] 3/df vfg]kfgL, ;/;kmfO tyf :jR5tf ;DjGwL
;d:ofx? kQf nufpg] . tL ;d:ofx?nfO{ k|ftldstfsf cfwf/df
;'emfjx? Tof/ ug]{ . To;sf] nflu s:tf] k|zg ug]{, cfkm' s;/L
k|:t't x'g] cgL s:tf] wf/0ff tyf l;i6rf/ 5 . To; 3/sf] nflu
;'emfjx? tof/ ug'xf]; . ;Demg'xf];, To; 3/nfO{ kl/jt{g ug{
s'g s'/f klxn] ug'{ h?/L 5 tf sL ;a} ;d:ofx? ;dfwfg ub}{
;j:Yo 3/ agfpg ;lsG5 .

Station 3: Role Play

Pretend you are a group of WASH volunteers visiting a household in your community. Ask effective questions to determine what hygiene and sanitation issues this household has. Remember to listen actively, prioritize what is easy and work with the household to make sure they are successful.

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dfgf} tkfOx? vfg]kfgL, ;/;kmfO / :jR5tf ;DjGwLsf]
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 . To; 3/df ePsf] vfg]kfgL, ;/;kmfO / :jR5tf ;DjGwL
 ;d:ofx?nfO{ k|efjs/L 9+un] k|Zg ;f]Wg'xf]; . ;Demg'xf];,
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Station 4: Debrief of the Role Play

After visiting a household it is good to debrief with the other volunteers you are working with about what happened in the household. Practice by discussing what went well in the role play, what challenges you had, and what you could have done better.

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 lqmofsnfkx? u^of] 5nkmn ug){ .

Station 5: Challenges in Households

you have visited a household recently, but they ignored your recommendations. In this situation how should you respond to the household ? Discuss possible ways you can deal with these challenges.

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e|v/} tkfOx/ 3/w'/Lsf] :ynut e|d0f ug'{ePsf] lyof] t/ s'g}
 3/df tkfOn] ;/;kmfOdf kl/jt{g ug{ lbPsf] ;'emfj k|tL dtnj
 /fv]gg . To; cj:yfdf ;d:ofsf] ;fjwfg s;/L ug'{ x'G5 5nkmn
 ug'{xf]; .