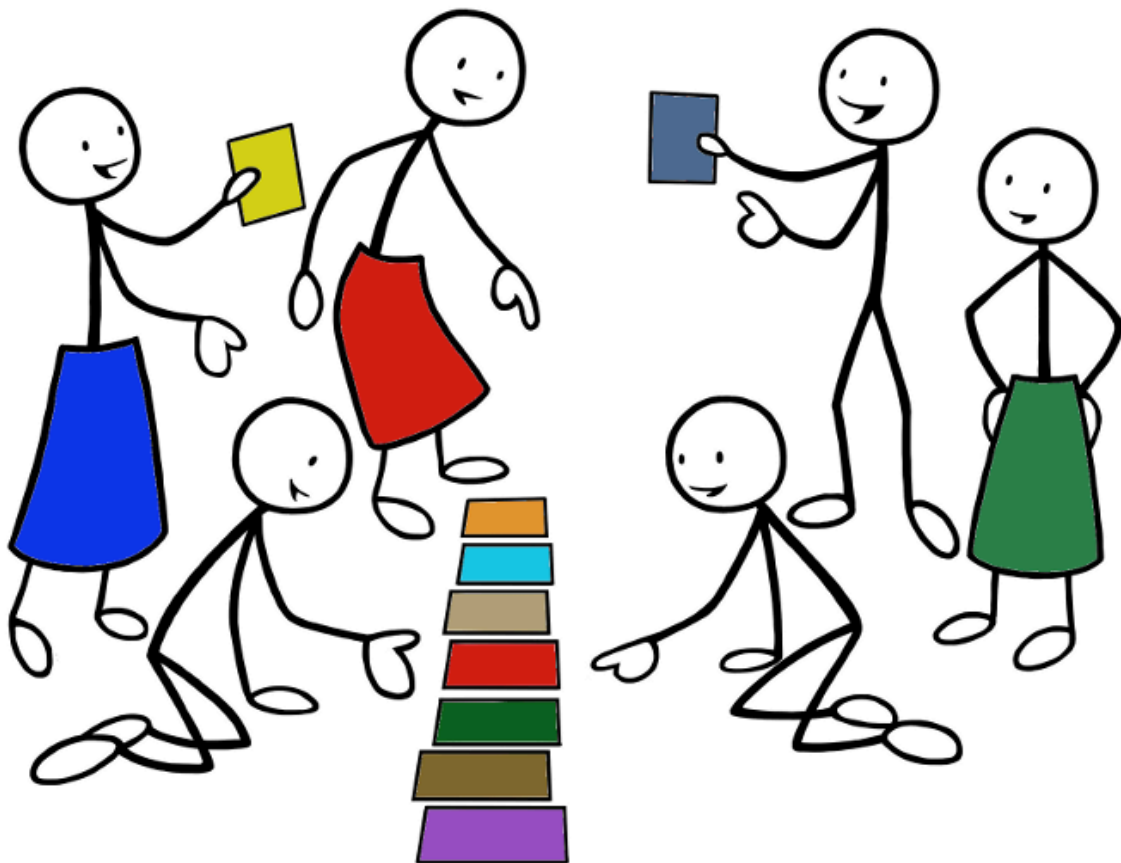


# Community Health Promotion for Trainers

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CAWST is a Canadian non-profit organization focused on the principle that clean water changes lives. Safe water and basic sanitation are fundamentals necessary to empower the world's poorest people and break the cycle of poverty. CAWST believes that the place to start is to teach people the skills they need to have safe water in their homes. CAWST transfers knowledge and skills to organizations and individuals in developing countries through education, training and consulting services. This ever expanding network can motivate individual households to take action to meet their own water and sanitation needs.

One of CAWST's core strategies is to make knowledge about water common knowledge. This is achieved, in part, by developing and freely distributing education materials with the intent of increasing its availability to those who need it most.

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## Acknowledgments

Organizations and individuals have been developing and using participatory learning and action tools over many years and in many countries. The original source of each tool is rarely known or acknowledged. However, many of the tools featured in this manual have been adapted and referenced from the following sources:

- **SARAR (Self-esteem, Associative Strengths, Resourcefulness, Action Planning, and Responsibility).** This methodology was first conceived by Lyra Srinivasan in the 1970s. Over the years, Srinivasan and her colleagues worked to develop participatory activities that would increase the self-esteem of individuals and community groups and help them to acquire skills to contribute effectively to decision making and planning for meaningful change.
- **PHAST (Participatory Hygiene and Sanitation Transformation).** The PHAST initiative undertaken by the UNDP/World Bank Water and Sanitation Program and WHO in 1992 adapted the SARAR methodology more specifically for sanitation and hygiene behaviour change. The methods were field tested in four African countries (Botswana, Kenya, Uganda and Zimbabwe) and have since been adopted by several countries within and some outside the African region.
- **Tools Together Now.** In 2006, the International HIV/AIDS Alliance put together a selection of 100 participatory learning and action tools to use for HIV/AIDS programmes. A common theme of the Alliance's work has been encouraging community participation in the assessment, design, implementation, monitoring, evaluation and scaling up of HIV/AIDS activities.

CAWST would also like to thank our many clients who have provided case stories, photos, and examples of their training and education materials.

## Acronyms

CBO	Community based organization
CHW	Community Health Worker
CTC	Child-to-Child
HTH	High test hypochlorite
HWT	Household water treatment
ITA	International Technical Advisor
KPC	Knowledge, practices and coverage
NADCC	Sodium dichloroisocyanurate
nd	No date
NGO	Non-governmental organization
PAC	Polyaluminum chloride
PHAST	Participatory Hygiene and Sanitation Transformation
PLA	Participatory learning and action
SARAR	Self-esteem, Associative Strengths, Resourcefulness, Action Planning, and Responsibility
SODIS	Solar disinfection
UV	Ultraviolet
VIP	Ventilated improved pit
WASH	Water, sanitation and hygiene



## Projects and Organizations

ACTED	Agency for Technical Cooperation and Development
CAWST	Centre for Affordable Water and Sanitation Technology
CDC	Centre for Disease Control
CHC	Community Health Cell
DFID	UK Department for International Development
EAWAG	Swiss Federal Institute of Aquatic Science and Technology
ENPHO	Environment and Public Health Organization of Nepal
IFAD	International Fund for Agricultural Development
IRC	International Water and Sanitation Centre
MIT	Massachusetts Institute of Technology
NIMR	National Institute of Malaria Research
NPW	Nigerians for Pure Water (fictitious)
PWW	Pure Water for the World
SANDEC	Department of Water and Sanitation in Developing Countries
SAPWII	South Asia Pure Water Initiative, Inc.
UNDP	United Nations Development Program
UNICEF	United Nations Children's Fund
WERA	Wera Development Association
WHO	World Health Organization

