

**Lesson Plan 2: Role of Community Health Promoter**

1 hr 15 min total

**Learning Outcomes**

At the end of this session participants will be able to:

1. Explain what a Community Health Promoter (CHP) is.
2. Describe the role and responsibilities of a Community Health Promoter (CHP).
3. Identify the qualities of an effective CHP.

**Materials**

- Markers
- Meta cards
- Masking tape
- Ball
- Flipchart paper

**Preparation**

- Read and review Lesson Plan
- Divide the board into 3 sections (or post 3 pieces of flip chart paper) with the following headings: knowledge, skills, attitudes

**Introduction****5 minutes**

1. Ask the participants to think about a time when they helped someone in need.
2. Ask 2-3 participants to volunteer what motivated them to want to help.
3. Explain that Community Health Promoters are active helpers in their communities. They help people make changes in WASH behaviors so that they can have healthier families.
4. Present the Learning Outcomes.

**What is a CHP****30 minutes**

1. In large group ask the participants to share what they think a CHP is.
2. After participants have volunteered their ideas, summarize this into the following definition:
  - *Someone who is a leader in water, sanitation, and health in the community and encourages others to adopt good practices.*
3. Write the above description of a CHP on a piece of flip chart paper. Tape it somewhere visible so that participants can refer to it throughout the workshop.

4. Ask 1 of the participants to volunteer to create a group change. The change should involve all participants, and it can be anything. For example, the volunteer could lead the group to change where they are standing or sitting.
5. After the volunteer creates the group change, ask the participants to find a partner. In pairs, ask them to discuss what the volunteer did to create the change in the group.
6. Explain that in this same way, a CHP will conduct activities that can create change and impact their local communities.
7. Ask the participants to stand in a circle.
8. Explain to the participants that they are going to play with a ball. When they receive the ball they must say one of the things that a CHP can do in a community and then throw the ball to someone else. Continue playing the game until everyone has participated.

### Qualities of CHP

**35 minutes**



1. Ask the participants to close their eyes and imagine themselves as a CHP.
2. Ask them to consider:
  - What knowledge must they have?
  - What activities will they be doing?
  - What attitudes must they have towards their work and their community?
3. Divide participants into 3 groups and give each group some meta-cards.
4. Ask the first group to write the knowledge or information that the CHP needs to know; the second group to write all the skills they require; the third group to write the attitudes they need to do their work well (1 on each card).
5. Divide the board into 3 columns: knowledge, skills, and attitudes.
6. In turns, ask each group to paste their meta-cards in the correct section of the board. As they paste their meta-cards, ask them to present their ideas and discuss them with the larger group. If the larger group thinks of additional ideas, add them to the board.

### Review

**5 minutes**



1. In their groups, have the participants look at the board and ask them to choose 1 meta-card from each category (knowledge, skills, and attitude) that they think is most important.
2. After making their choices have each group explain them to the larger group.

### Reflections on Lesson