

## Lesson Plan 12: Action Planning



75 min

### Learning Outcomes



At the end of this session participants will be able to:

1. To create an action plan for WASH promotion activities in a community

### Materials



- Markers
- Flip chart paper
- Community Action Plans* (1 copy per participant)
- Blindfolds for blind bumper cars
- Rulers
- Masking tape

### Preparation



- Read and prepare lesson plan
- Write the session learning outcomes on flip chart paper
- Prepare pieces of paper with four situations
- Print *Community Action Plans* (1 copy per participant)

### Introduction: Blind Bumper Cars

1. Ask the participants to find a partner.
2. Tell the pairs to organize themselves with one person standing in front of the other.
3. Explain that the person standing at the front will close their eyes and walk forward slowly. They will be guided by the person behind who will give them directions by tapping their shoulders.
4. Explain the signals for giving directions
  - Turn right: tap on the right shoulder
  - Turn left: tap on the left shoulder
  - Stop: touch both shoulders
  - Go: let go of shoulders
5. Tell participants to start when they are ready. The person giving directions should not let the person walking bump into any objects or other people. After about two minutes get the participants to switch places and repeat.
6. At the end of the game ask: How did it feel to move forward not knowing where you were going? How does this connect to the idea of action planning?
7. Share the learning outcomes

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**Creating Action Plans****50 minutes**

1. Ask participants to divide themselves in groups according to the part of the community they live in and/or who they will be working with.
2. Ask participants to determine a specific objective for their action plan as a CHP. For example: Access to Safe Drinking Water.
3. Distribute flip chart paper, rulers and markers to each group.
4. Ask the groups to list the activities that are necessary to complete in order to meet the objective for their community. Provide ten minutes for groups to complete their lists.
5. Ask the groups to share their lists with the class and prioritize the activities based on need, context and resources available. Ask them to pick two to three activities they can plan within the next 6 months.
6. Ask the participants to prepare their *Community Action Plan* on paper with a timeline mentioning what they are going to do. Where? When? How and with whom? (target group)
7. Distribute a *Community Action Plan* to each participant. Allow 5 minutes for participants to work on them.
8. Ask each participant to exchange their action plans with a partner and provide feedback to each other.

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**Review****5 minutes**

1. In groups of 3, ask the participants to discuss the advantages of having clear action plans and share what they will do within the coming 6 months.

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**Reflections on Lesson**