



ISSUE 10

University Hospitals Birmingham
Charity Newsletter



hospitalcharity.org

University Hospitals Birmingham Charity

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“I prepared myself for whatever fate had in store... and then the miracle happened.”

Read about our transplant patient, Andy's amazing story on page 6.



Sign up to our weekly Lottery for a chance to win £3,000 in our Christmas Bumper Draw

See more on Page 17

MIKE'S LETTER



What we do at UHB Charity

Together with your help we raise money to provide world-class facilities for patients and their families at Good Hope Hospital, Heartlands Hospital, Queen Elizabeth Hospital Birmingham and Solihull Hospital that go 'over and above' what the NHS can provide.

We spend your generous donations on cutting-edge equipment, world-leading research, specialist facilities and 'added extras' that help to improve the hospital experience for over two million patients who are treated across the Trust each year.

Welcome to the latest edition of your hospital charity's Over and Above newsletter where we bring you our latest news, our upcoming events and examples of incredible charity projects.

With the stark reality that one in two of us born since 1960 will develop some form of cancer in our lifetime, we want to do all we can to help those going through one of the hardest challenges of their lives. That is why we have re-launched our multimillion-pound Cancer Appeal. It has helped to expand the cancer units across Heartlands, Good Hope and Solihull Hospitals and provides accommodation for families to stay close to their loved ones when they are having to travel great distances for long and complicated treatment at Queen Elizabeth Hospital Birmingham. We have exciting plans for patients across the West Midlands with our relaunched Cancer Appeal which you can read about on pages 2 and 3.

We are also very excited to see the Edmonds Transplant Centre Birmingham opening early in the new year. This dedicated centre for transplant patients, will provide the best possible care and support to those going through treatment and their families. The centre would not have been made a reality if it were not for the generous support of so many people, and particularly our major donors, A Edmonds and Co Ltd and Garfield Weston Foundation. You can read how it will benefit our patients on pages 6 and 7.

Head to pages 8 and 9 as we say a special thank you to the amazing businesses and Trusts and Foundations across the West Midlands that have been incredibly supportive. Without them we wouldn't be able to help the thousands of patients we support every year.

On pages 12 and 13 you can see how we will be celebrating Christmas and supporting patients and staff during the festive period with our Christmas Appeal, while on page 17, you'll find all the information on how to enter our Christmas Lottery Bumper Draw with a first prize of £3,000! If you sign up to our weekly lottery for £1 per week, you will automatically be entered into the bumper draw on the **13 December**. You can play today to be in with the chance of winning cash prizes, all while supporting your local hospital charity.

We always love to hear from you, so please contact us on social media, just search @UHBCharity on Facebook, Instagram, X or @University Hospitals Birmingham Charity on LinkedIn and follow us to send us a direct message. Alternatively, call us on 0121 371 4852 or email charities@uhb.nhs.uk. It is thanks to our donors and supporters that we are able to change and save lives each year, so thank you for your ongoing support.

Mike Hammond
Charity Chief Executive,
University Hospitals Birmingham Charity



DATES FOR YOUR DIARY

Giles' Trust Ball

Get your hair gel ready and pink ladies' jackets on for our Grease style fancy dress ball! Enjoy a fabulous 3-course meal, drinks, and live entertainment all while raising funds for life-saving research to help brain tumour patients.

12 October 2024



Fireworks Spectacular!

Join us for a fantastic night of fireworks at Moseley Rugby Club. The event includes charity stalls, hot food and a licensed bar. Enjoy a fun evening with family and friends and support your local hospital charity.

Sunday 3 November 2024

Run for Brum



Set a challenge for the new year and Run for Brum! Don your running shoes and sign up to one of our charity places at the Great Birmingham Run 2025 half marathon or 10K and raise vital funds for your local hospital charity.

4 May 2025

Ride for Brum



Fancy getting on your bike for your local hospital? You'll get to see famous landmarks as you ride through London and into the beautiful Essex countryside. We have charity places in the 100 and 60-mile rides.

26 May 2025

Fancy flying?



Take on the ultimate challenge and feel the freedom of flying. Sign up to one of our skydives and help patients at your local hospital fighting their own challenges.

Various dates throughout the year

Pub Quiz anyone?

Test your general knowledge at one of our pub quiz events at The Plough in Harborne to help our patients, their families, and staff at Queen Elizabeth Hospital Birmingham.

Various dates throughout the year

Thank you!

To see all the events we have on offer this year, scan the QR code or head to hospitalcharity.org/events



SCAN HERE

Fighting cancer to give

Your local hospital charity wants to do all it can to help those going through one of the hardest challenges of their lives. Our Cancer Appeal has helped thousands of patients over the years and continues to support those dealing with cancer, especially as we now live in the stark reality that one in two people will develop this terrible disease during their lifetime.



With our multimillion-pound Cancer Appeal we will be able to provide state-of-the-art treatment machines in Birmingham, giving hope to thousands of cancer patients in the city and across the West Midlands. Having to deal with a cancer diagnosis can really take its toll mentally and physically, but with your support, we can continue to fund items from Cancer Cloud Kits to explain to younger family members what their loved one is going through to free accommodation for families so they can stay close to their loved ones who have travelled great distances for complicated treatment.

Did you know?

Stats: Cancer - NHS (www.nhs.uk)



It is estimated that there are currently **3 million people living with cancer in the UK** - this will rise to **4 million by 2030** and **5.3 million by 2040**.

On average someone in the UK is diagnosed with cancer every **90 seconds**.



Each year, around **167,000 people die from cancer in the UK**, an average of **460 people every day**.

Sadly, children aren't immune to this dreadful disease, which is why, as a hospital charity, we do all we can to offer our young cancer patients the home comforts that can help take away some of their fears and sadness during treatment.

Whether they are patients at Heartlands, Good Hope, Solihull or Birmingham Children's Hospital, all come to the QE's Radiotherapy Department to benefit from the cutting-edge radiotherapy equipment funded by the Charity. We also fund personalised blankets that keep patients warm during their radiotherapy sessions and specially designed masks, that can be painted to look like their superheroes, boosting their confidence and prevent them from needing an anaesthetic. Once they have completed their treatment, we also fund a special toy to celebrate what brave little ones they are.

As well as funding vital work such as groundbreaking research and immunology trials we also fund a teacher, so our young patients don't fall behind on their studies. And to help lighten things up while on the Young Person's Unit, we fund cooked breakfasts on a Friday and pizza nights to encourage a sense of normality in what can be a turbulent time for our patients.



Queen Elizabeth Hospital Birmingham is a centre of excellence for cancer care in the West Midlands. As such, we are raising funds for a new pioneering machine, a PET-CT Scanner. This will transform the care we are able to provide the thousands of patients treated at the QE by helping to investigate cancer cases and create more efficient care plans, determining both the spread of cancer and how well it has responded to treatment. This will allow doctors to diagnose patients quicker, giving them access to life-saving treatment sooner. The new scanner can also mean that approximately 2,500 more patients could be seen each year, cutting waiting times and help reduce anxiety levels.



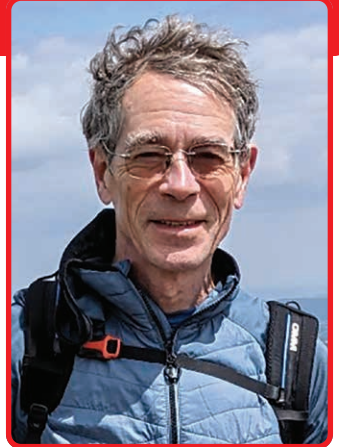
them back their future

MEET OUR FABULOUS FUNDRAISER, DAVID

David Waide took on a 132-mile trek around the coast of Anglesey in July and raised almost £3,500 to go towards funding the PET-CT Scanner.

Last October David had an accident and hit his head, knocking him unconscious. He went to A&E and had a scan that didn't show any broken bones but did identify a suspicious lesion on his right lung. This turned out to be lung cancer. David had no symptoms, so he was extremely fortunate the tumour was discovered.

David received excellent care from the team at Queen Elizabeth Hospital Birmingham, and following a successful lobectomy using robotic surgery, the cancer was removed, and he has made an amazing recovery. David's donations will go towards the new scanner to thank the QE team who cared for him and help other cancer patients.



SCAN HERE

We want to keep providing all these vital services and much more to help our cancer patients when they need us most – but we can't do it without you.

For more on how you can support and donate to this appeal today, please scan the QR code or visit: hospitalcharity.org/appeals/cancer.

"I felt reassured that everything was taken care of"



Victoria

"Hi, I'm Victoria. I was diagnosed with Acute Myeloid Leukaemia in March 2023 and admitted to the QE, where I spent several

weeks including 5 admissions onto the Young Persons Unit and had many visits to the Haematology Day Centre for treatment. It was tough and gruelling, but many people supported me through my hospital journey, in particular the services who receive funding from QEHB Charity.

During my first admission Jayne, the specialist teacher on the ward, helped me sort my leave of absence from university and change to student finance as well as all the other things that came with a sudden absence from my course due to my cancer treatment. I felt reassured that everything was taken care of, and

she involved me in the whole process. Jayne has continued to support me leading up to my return to university and my application for Disabled Student Allowance.

Whilst in hospital I enjoyed a weekly cooked breakfast and treats like Easter eggs and lollies all funded by the Charity which provided happier moments. I also had access to a variety of games, books and films on the ward to keep me occupied and distracted from treatment. Since being in remission, I have had the opportunity to attend the education awards night earlier this year with other young people in similar situations.

Thousands of cancer patients have faced a similar battle to me and thousands more will face one. Please join me in supporting the Cancer Appeal so the Charity can help more cancer patients in the future."

QEHB Charity provides so much for cancer patients from lifesaving state-of-the-art technology and decorating wards that make our patients feel more at ease during treatment, to blankets that keep them warm during radiotherapy and lollipops that take away the metallic taste that Chemotherapy leaves behind.

To find out how you can help patients like Victoria, please visit: hospitalcharity.org/appeals/cancer or scan the QR code above.

Charity Champs

Over the last few months, we have been humbled by the number of people who have donated and fundraised to help our patients and staff.

Thank you to each and every one of you for your incredible support.

Here are just some of the amazing fundraisers who have done something special over the past few months

Thank you!



Fundraisers Running for Charity

We'd like to say a huge thank you to all the incredible fundraisers who took part in the Great Birmingham Run in May.

We had an amazing turnout, with 80 runners taking part in the half marathon and 10k supporting Queen Elizabeth Hospital Birmingham, Heartlands, Good Hope, and Solihull Hospitals, as well as Fisher House, our military home from home, and The Giles' Trust Brain Tumour Fund.

Between them, they managed to raise a staggering £21,213! All the money raised will go towards funding a wide range of appeals and projects to support patients and staff at our hospitals



Another of our fundraisers running the extra mile for charity is **Lauren Thurley**, who took part in the **Reading Half Marathon** to raise money for the Liver Foundation, part of Queen Elizabeth Hospital Birmingham Charity. Lauren's sister, Rachel, underwent a life-saving liver transplant five years ago, and Lauren wanted to say thank you to the incredible team that gave her sister exceptional care and support. Lauren smashed her fundraising target and raised over £900!



Lee Bashford

Thank you to Lee Bashford, who took part in this year's Royal Sutton Fun Run to fundraise for Good Hope Hospital Charity.

Lee chose to support the hospitals' Special Care Baby Unit (SCBU) after his son was born almost two months prematurely. Lee saw how staff on the unit work tirelessly to give premature and poorly babies the best start in life with round the clock care. He wanted to give something back and help the hospital charity fund state-of-the-art medical equipment and supplies to support families going through what he and his family went through.

Lee said, "We wanted to try and give something back to the Special Care Baby Unit at Good Hope Hospital after the amazing care we received when our son Reuben was born prematurely. We were lucky to only need their care for two weeks as he was strong enough to come home, but during that fortnight we saw the team work tirelessly to care for babies in much worse situations. We're incredibly grateful and hope that the money we raised can go towards helping them purchase more equipment and continue their amazing work! A massive thank you from Lee, Keri and Reuben!"

Paul Woodcock



Meet our amazing fundraiser, Paul, who drove from John O'Groats to Lands' End in his 1940 Foden Truck to raise money for the Cancer Centre at Queen Elizabeth Hospital Birmingham.

Paul was diagnosed with testicular cancer in 2007 and after 12 years of various operations and chemotherapy, he has now been in remission for almost 5 years.

Paul and his family are so grateful to the team at the QE for the excellent care and support they provided throughout his treatment. Paul wanted to do something to give back and help future cancer patients.

Paul's truck reaches a top speed of 40 mph, so it was quite a long trip. He said, "It was an enjoyable but challenging achievement. I hope the money I've raised will go towards helping other cancer patients; if it helps just one person, it

will make it all worth it! I wanted to say thank you to the team at the QE for saving my life. Thanks to them I am able to take on these fundraising challenges and give something back."

Dermot Begley

We'd like to say a big thank you to our superstar fundraiser, 80-year-old Dermot Begley, who took on the fastest zip line in Europe and raised over £900 for Solihull Hospital Charity.

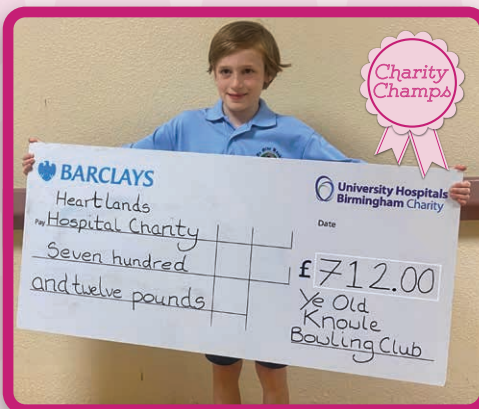
In August 2020, Dermot was diagnosed with stage 4 bowel cancer with secondaries on his liver and lungs. Four years on, after half his liver was removed and various rounds of radiotherapy and chemotherapy, Dermot is still going strong!

Dermot celebrated his 80th birthday in May and to mark the occasion he wanted to do something special to support Solihull Hospital Charity and show his appreciation for the amazing care he received from the team on the Oncology Department.

We are incredibly grateful to Dermot for taking on this epic challenge and supporting Solihull Hospital Charity. Thanks to his fundraising efforts we are able to continue supporting cancer patients going through treatment.



Sebastian Blight & Olde Knowle Bowling Club



Meet 9-year-old Sebastian, who was joint winner of Ye Olde Knowle Bowling Club's annual Charity Cup where he plays bowls. Sebastian and his fellow winners decided to nominate Heartlands Hospital Charity to receive the winnings and have kindly donated over £700 to help the Paediatric Physiotherapy Department at Heartlands Hospital.

The department helped Sebastian get back on his feet after he broke his leg when he was three years old. He and his family felt that the money would help other children like Sebastian who need the support of the Physio Team.

Laura is a children's Physiotherapist, she said, "Thank you so much for this donation, we are very grateful to Sebastian for choosing to donate to the

Children's Physiotherapy Department. We have a lot of work to do to create an outdoor therapeutic space for the children we treat, and this donation helps us get that important work done and make a positive impact."



If this has inspired you to get involved and fundraise for one of our local hospital charities, please visit: hospitalcharity.org/fundraising or scan the QR code

Supporting our transp life-changin

“I prepared myself for whatever fate had in store...and then the miracle happened.”

Andy had been living with a chronic lung disease (Idiopathic Pulmonary Fibrosis (IPF)), until he received a life-changing double lung transplant at Queen Elizabeth Hospital Birmingham in 2018.

Aged 42, Andy first started noticing problems with his breathing in 2006. He went to his GP who said it was nothing to be concerned about, as he was still physically active at the time, playing badminton, squash, golf and football. A year later he developed a horrible cough and began to lose his voice. That was the beginning of his journey to find answers.

Over the next 6 years, Andy went through various tests, biopsies and CT scans. In 2006, his lung function was 60% of what a “normal” person should have at his age and by 2012 it was down to 45%. Andy was told he would need a lung transplant within 2-3 years.

By August 2018 Andy was barely holding on, planning each day carefully and using supplemental oxygen. His lung function was so low by this point that if it should drop any lower the machines would not be able to register it. Andy said, “I prepared myself for whatever fate had in store. I was still trying to live a ‘normal life’, to provide for my family and took joy in watching them smile or laugh, savouring those moments.”

Andy’s quality of life was getting progressively worse, until, in his words, “the miracle happened.” On September 18, Andy received the call telling him suitable lungs



had been found and within half an hour he was at the hospital. There were some issues concerning his heart and kidneys, but after six weeks in hospital, Andy was allowed home.

Since his transplant, Andy has been living life to the full, enjoying every day and making future plans with his loved ones. He has seen more grandchildren join his family and this year attended his surprise 60th birthday party, a day he didn't think he'd live to see.

Andy says he received wonderful care from the team at Queen

Elizabeth Hospital Birmingham and is extremely grateful to them for all their support. He is hoping to raise awareness about the importance of organ donation and raise funds to help transplant patients by riding his motorcycle from John O'Groats to Lands' End.

He said, “To save more lives, we need more people to register for organ donation. I will continue to raise awareness of the chronic lung condition I had and hopefully effect change in the research and the lives affected by this disease.”

It can be a hard conversation to have, but knowing your loved ones wishes when it comes to organ donation can have a huge impact on future lives. For more on how we are supporting our transplant patients, please visit: hospitalcharity.org/appeals/transplant-patients

lant patients on their g journey

The road for a transplant patient can be a long and arduous one with multiple appointments and tests for weeks and months, sometimes years.

The multimillion-pound Edmonds Transplant Centre Birmingham is due to open in early 2025 and will greatly improve transplant patients' treatment journeys by providing them with everything they need pre-op and post-op, all in one place.

The new centre, funded by Queen Elizabeth Hospital Birmingham Charity will become a national centre of excellence for organ transplantation. Queen Elizabeth Hospital Birmingham carries out all the major organ transplants – heart, lung, liver and kidney, headed up by world-leading surgeons and cutting-edge equipment. Edmonds Transplant Centre Birmingham will further cement the city's reputation as a leader in organ transplants.

Clinical Care Consultant, Nick Murphy, explained how the new centre will streamline patient journeys, saying that, "Patients can come in and see their physician, the surgeon, the transplant coordinators, their psychologist and their dietician all on the same day, and in one location. This will take away a huge amount of stress for patients and therefore speed up their recovery time."

The Edmonds Transplant Centre Birmingham will also provide a single place where patients can spend time together and build up support networks. We are very grateful to A Edmonds and Co Ltd and the Garfield Weston Foundation for their amazing contributions which will have a huge impact on our transplant patients.

Mark Edmonds, from A Edmonds and Co Ltd, came to see the building work at the new centre and told us, "We were very pleased to see the development of the Edmonds Transplant Centre Birmingham and grateful to QEHB Charity and UHB Trust for spending the time to update us and show us around the new site. We were impressed with the progress, which seemed far greater than we had expected. It looks great so far, and we can't wait to see it fully developed and open to patients in the new year."

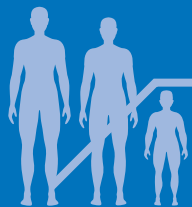
Did you know?

Stats from: Organ donation and transplantation - NHS Blood and Transplant (nhsbt.nhs.uk)



There are over 7,500 people currently on the UK transplant waiting list

Last year over 415 people died while waiting for a transplant



In 2023/24 over 4,650 successful organ transplants took place in the UK

Receiving an organ transplant is life-changing and we want to help make that journey as easy as possible for patients and their families. The new centre will allow patients to visit just one area of the hospital, bringing all the specialist care to them in one place, including pre-transplant consultations, additional fitness classes before surgery, patient support groups, and rehabilitation classes after surgery. It will also be home to world leading surgeons and researchers at the forefront of research and technology improving the success of transplantation.



Our donors and fundraisers are making a huge difference to future transplant patients and their families. If you would like to get involved and help us support transplant patients on this journey right now, please scan the QR code or visit:

hospitalcharity.org/appeals/transplant-patients



SCAN HERE



CORPORATE

Local businesses and community group

We would like to say a huge thank you to some of the local businesses and community groups who have donated to the hospital Charity recently. Thanks to their support we can continue going over and above for our patients, their families and staff at your local hospital.

We are excited to announce that The Provincial Grand Lodge and Provincial Grand Chapter of Warwickshire have chosen to partner with Fisher House UK for their Provincial Tercentenary 2028 Appeal.

In 2028, the Province of Warwickshire will be celebrating its 300-year anniversary. To celebrate they are making immensely generous donations to support Fisher House at Queen Elizabeth Hospital Birmingham over the next four years leading up to this momentous anniversary.

Provincial Grand Master, Philip Hall said, "The support provided by Fisher House is without equal. The positive impact it has on the recovery of injured service personnel being treated next door at the Royal Centre for Defence Medicine, in knowing their loved ones are safe while they are being cared for, is immeasurable. Warwickshire Freemasons are truly proud to support this unique facility as the primary charity recipient to mark our 300-year celebrations in 2028. Set in the heart of Birmingham, Fisher House is the only facility of its kind in the UK and serves the whole of the UK Armed Forces worldwide."

Fisher House offers a Home away from Home for injured military personnel and their family. The 18-bedroom haven is just a few minutes' walk from Queen Elizabeth Hospital Birmingham, meaning families can stay close to their loved ones whilst they



are in hospital receiving treatment. Many of those injured have served in combat, and their injuries often require ongoing care for many years.

Fisher House UK celebrated its 11th anniversary in June and will turn 15 years old during the 2028 Tercentenary year.

We are so proud to have supported so many military patients and their families over the years. We wouldn't be able to keep our doors open if it wasn't for our amazing donors, like the Warwickshire Freemasons. Thanks to their generous donations and support, we can continue offering a home away from away to our military patients and their families when they need it most.

Laura Power, Deputy Head of Fundraising at Queen Elizabeth Hospital Birmingham Charity said, "We are extremely grateful to Warwickshire Freemasons for choosing to partner with Fisher House UK as part of their 300-year anniversary celebrations. We rely solely on donations to keep this amazing facility running year after year and we couldn't do it without our incredible donors and supporters. Guests have described Fisher House as 'one big hug' and 'a place that takes away all your problems'. We see the huge difference this makes to our patients as they embark on their road to recovery and with the Invictus Games coming to Birmingham in 2027, there will be some exciting opportunities on the horizon."



Provisional Grand Master, Philip Hall [L] and Lieutenant Colonel Davies [R]



THANK YOUs

s get behind their local hospital charity



Stan Bowley Trust

We want to celebrate the amazing Stan Bowley Trust and say a big thank you for its incredible, ongoing support over the last 12 years. The Trust was instrumental in helping us bring CyberKnife, a £3.5million state-of-the-art radiotherapy machine, to Queen Elizabeth Hospital Birmingham in 2013.

The Stan Bowley Trust began as a website which aimed to share the story of Alan 'Stan' Bowley, a Staffordshire Police Sergeant who was diagnosed with an inoperable tumour on his pancreas. His family raised the money for him to travel to the US to receive CyberKnife treatment. CyberKnife is a state-of-the-art radiotherapy machine which uses high doses of radiation to sub-millimetre accuracy, meaning it is able



to treat small well-defined tumours located in difficult-to-reach parts of the body.

Sadly, Stan is no longer with us,

but his family believe that CyberKnife gave him a second chance and three more years of quality time with his wife and children. The Stan Bowley Trust has continued to support CyberKnife over the years by organising various fundraising activities and events, including its annual ball. Thanks to its support we have been able to progress with new trials and treat even more patients, including children with brain tumours. The support and donations from the Stan Bowley Trust have significantly impacted the way we are able to treat cancer patients, helping us to change and save lives.

The
Stan
Bowley
Trust



Home Instead



Home Instead kindly sponsored our Summer Lottery Bumper Draw in July, gifting an incredible £3,000 towards the jackpot prize.

Home Instead is the world's largest home care provider for the past 27 years, arranging bespoke elderly home care services to support individual family needs, with personalised care plans to suit every case.

Terry Cheung, Managing Director of Home Instead said, "We are honoured to have sponsored Queen Elizabeth Hospital Birmingham Charity this year and we are delighted to support the Birmingham community." Home Instead aims to transform people's lives by providing companionship, home help and personal care to both young and older adults, enabling them to stay in their own home for as long as possible.

All of the money we raised from our Summer Lottery Bumper Draw has gone towards supporting patients at QEHB, Heartlands, Good Hope and Solihull Hospitals. Thanks to generous donors, like Home Instead, we can continue to fund cutting edge equipment and facilities, groundbreaking research and added extras to help patients and staff at our hospitals.

The Renato Lounge

We'd like to say a big thank you to The Renato Lounge in Mere Green, who have been fundraising for the Children's Emergency Department at Good Hope Hospital this summer.

During the month of June, The Lounges Café Bar chain host fundraising events as part of what they call 'Lounge Aid'. Each bar chooses a local charity or cause that means something to them and we are extremely grateful that The Renato Lounge chose to support Good Hope Hospital Charity.



Staff organised a variety of fundraising activities including quizzes, live music nights, a teddy bears picnic and pop-up stalls. Members of the team also climbed Snowdon and took part in the Royal Sutton Fun Run. They have raised an amazing £2,841 and were able to match fund part of their fundraising. We're incredibly grateful for their efforts, and thanks to amazing corporate supporters like The Renato Lounge, we can continue going over and above for patients and staff across our hospitals.

If you are a local business or community group and would like to support one of our hospital charities or appeals, then please get in touch via email: charities@uhb.nhs.uk or call 0121 371 4852

Leave the gift of **LIFE** in your will

Gifts in wills of any size left to the Charity are invaluable in funding life-saving research, state-of-the-art equipment and the creation of less clinical hospital spaces that are more inviting to our patients during their treatment.

We are incredibly grateful to all our amazing supporters, who help fundraise, donate, volunteer their time, or think of us in their will.

LASTING LEGACIES

With your will you could change someone's future for the better, by helping to fund ground-breaking research and equipment. Patients and their families could be kept together with support from the charity's Home away from Home or benefit from medical advancements funded by your gift.

Whether you have benefitted from the great care our NHS staff provide or are inspired by the memory of a loved one, pledging a gift in your will of even 1% of your estate is a wonderful way to say thank you.

Please consider leaving a gift in your will to help your local hospital today, to benefit patients, their families, and staff at Queen Elizabeth Hospital Birmingham, Heartlands, Good Hope and Solihull Hospitals in the future.

WILL WRITING OFFERS

Making a will and leaving a gift within it has never been simpler. By writing a will, you can make sure that your money, property and possessions go to the people and causes you care about most. Your hospital charity has made it even easier, as well as affordable, by offering either a FREE online will or a discounted in-person will from our partners.

ONLINE OPTION:

We have partnered with Octopus Legacy to provide a FREE online will to our supporters, which takes just 15 minutes. While making your will you will also have the option to leave a gift to a charity of your choice.

IN-PERSON OPTION

If you prefer a face-to-face appointment, we've also partnered up with two local solicitors, Talbots Law and HCB Solicitors. The hospital charity will cover the cost of a basic standard or mirror will (you will need to pay any costs beyond these). There is also the opportunity to leave a gift to us in your will.



For more information about our will writing offers and how leaving a gift in your will can help your local hospital charity, please visit: hospitalcharitywills.org, scan the QR code or give us a call on 0121 371 4852



SCAN HERE



Thank you for your support

B&Q FOUNDATION

We are extremely thankful to the B&Q Foundation for their amazing £10,000 donation to support the refurbishment of one of our Homes away from Home. The hospital charity helps to provide free accommodation near our hospitals, keeping families close together during difficult times.

From our military haven, Fisher House, to homes near the QE and Heartlands Hospitals, they make a huge difference, helping to reduce stress and ease the burden for families trying to find somewhere to stay close by. This incredible donation from B&Q Foundation helps us fund this lifeline for families when they need it most, offering comfort and peace during what can be weeks of treatment.

Jay was diagnosed with a brain tumour in 2012 and has been through various treatments over the years. He needed to go to the QE nearly every day for 6 weeks and living over an hour away, our Home from Home was a lifeline for him and his family through this extremely difficult time.

He said, "It gave me peace of mind throughout my treatment. I didn't have to worry about finding somewhere to stay or daily travel costs, and my



wife and daughters were able to come and stay, meaning less stress for me and my family." Thank you, B&Q Foundation, for helping families like Jay's, giving them vital support when they need it most.



FOUNDATION

BIRMINGHAM DISTRICT NURSING TRUST

Over the past five years, Birmingham District Nursing Trust have given over £18,000 to the hospital Charity. Some of the projects they have funded include Cancer Cloud Kits, Prematurity Packs and YPU breakfast clubs and pizza nights. The latest donation was for £3,000 for a Rocking R gaming station for our Children's Department at Heartlands Hospital. These amazing consoles help distract the young patients on the unit and motivate



them to get out of bed and socialise with other children going through treatment. We can't thank the Trust enough for its continued support; it really does make a huge difference to our patients, their families, and the staff who look after them.

PROJECT YOUTH CANCER

We'd like to say a big thank you to Project Youth Cancer for their £2,000 donation, two laptops and lmeta portals, so patients can make video calls on the Young Persons Unit at Queen Elizabeth Hospital Birmingham. This amazing donation makes a big difference to our young cancer patients but also helps us to support the teacher we fund, working on the Young Persons Unit, Jayne Russi.



Jayne said, "Oh wow! I would like to thank QEHB Charity and Project Youth Cancer! The money and these resources will make my life so much easier and will make a huge difference to our young people. Whether they are ill, and bed bound or



on the road to recovery; the laptops and equipment will make their lives easier and will help me to support them in their studies and future plans."

W E DUNN CHARITABLE TRUST

A huge thanks to W E Dunn Charitable Trust who generously gave a £5,000 grant to support Fisher House, our Home away from Home for military personnel and their family.



Receiving donations like this makes a huge difference by enabling us to continue funding vital support to activating service personnel and veterans when they need us most. Ann recently stayed at Fisher House after her husband Nigel, who is in the RAF, was injured in a paragliding accident in Columbia earlier this year. Ann told us, "I can't put into words how amazing it was to be scooped up and looked after... I don't know what I would have done without Fisher House. It's an amazing and beautiful place, but I can't say enough about the staff here. It sounds so trite because they are so fantastic at a time when you really need their support." Ann is one of many families Fisher House has helped this year, but we can't keep the doors open without the amazing support and donations we receive like the one from W E Dunn Charitable Trust, so thank you.

Help us sprinkle some festive magic

Your local hospital charity is fundraising to bring some festive cheer to patients who are unable to spend Christmas at home with their loved ones this year. We also want to support the incredible staff who will be working hard over the Christmas period across Queen Elizabeth Hospital Birmingham, Heartlands, Good Hope and Solihull Hospitals.

Being in hospital is never easy, especially at Christmas time. Our hospitals are still extremely busy during this period and our amazing staff continue to work incredibly hard to provide the best care and support to patients and their families. Queen Elizabeth Hospital Birmingham Charity, Heartlands Hospital Charity, Good Hope Hospital Charity and Solihull Hospital Charity want to spread some festive cheer by providing treats for patients and staff to share, Christmas trees for our hospitals, and gifts for poorly children spending Christmas on a ward. But to do this ...we need your help!

Please support our Christmas Appeal and help us bring some sparkle and joy to our patients and staff by getting involved with some festive fundraising! Here are some ways you can support your local hospital this Christmas...

CHRISTMAS VIRTUAL GIFTS



Fancy buying an extra special gift for someone this year? Why not purchase a Virtual Gift that helps those less fortunate this Christmas. You can fund a stay in

one of our Homes away from Home to keep families together this Christmas. You could buy a Prematurity Pack for parents whose little ones were born early and will be in hospital over Christmas or you could buy a toy for a poorly child who won't be able to celebrate the big day with their family this year.

If you would like to buy one of these special gifts for a loved one this Christmas, please visit: hospitalcharity.org/appeals/christmas or scan the QR code.



FESTIVE JUMPER DAY



Join in with the fun and help your local hospital by taking part in Festive Jumper Day on Thursday, 12 December.

Take part

with your school, local community group or your workplace and dig out your favourite (or ugliest!) jolly jumper, Christmas cardigan or snowman sweater!

We are asking everyone who takes part to donate £1, which will help us to support patients and staff across our hospitals this Christmas. We would love to see your festive fashions, so make sure you tag us in your photos on social media @UHBCharity

CHRISTMAS CHOIRS

We are delighted to be welcoming choirs to our hospitals on various dates throughout December to spread some magic across our four hospital sites. Come along to one of the performances and enjoy some Christmas Carols and festive tunes to get you in the spirit of the season!



If your local school or community group choir would like to take part, please email charities@uhb.nhs.uk or call 0121 371 4852.

CHARITY HUBS



Make sure you pop into our Charity Hubs this Christmas where we will be selling Christmas decorations, cards, and gifts, along with our usual range of hospital charity merchandise.

We have a Charity Hub at each of the four hospital sites open Monday to Friday, 11.00am – 2.00pm so come in and say hello to our friendly volunteers.

Our Charity Hubs are located:

- Queen Elizabeth Hospital Birmingham – in the main entrance
- Heartlands Hospital – in the main hospital by the Tower Block entrance
- Good Hope Hospital – inside the Treatment Centre
- Solihull Hospital – inside the main entrance

Magic at your local hospitals!

REMEMBERING OUR LOVED ONES

Christmas can hold many fond memories, but for some it can be a reminder of sadder times if loved ones are no longer with us.

That's why we created our Light up a Life dedication page so people can pay tribute to a loved one and also help others in their memory.

By writing a dedication and donating in memory of a loved one, you will be supporting the Charity's Christmas Appeal which helps patients and staff across the Queen Elizabeth, Heartlands, Good Hope and Solihull Hospitals during the festive season.

Our appeal funds gifts for poorly children, free accommodation for those with family members in hospital so they can be together at Christmas, treats for NHS staff who work tirelessly to support our patients over the festive period and our beautifully decorated Christmas Trees to bring some merriment across our hospitals.

If you would like to leave a message and photo of a loved one, please head to:
uhb.dedicationpage.org/lightuplife
or scan the QR Code.



CHRISTMAS CORPORATE SPONSORSHIP

If your company or community group is looking to give something back this Christmas, you could support your local hospital by helping us fund festive treats for patients and staff. As well as joining in with our festive events and activities, you could also help to provide Christmas trees around our hospitals and toys for children who are unable to be at home with their loved ones over the festive period.

CHRISTMAS TOY TREE SPONSORSHIP - £1,500



We have many children staying at our hospitals during this time of year who are sadly too poorly to go home for Christmas. By providing a Christmas tree we are bringing some festive magic to the wards, making it feel less clinical and more homely. On the trees there are loads of toys for young patients to take and celebrate Christmas and it's a double celebration for those children who have bravely finished their radiotherapy treatment. Your logo will be on the toy tree and on some of the festive treats given to the staff in these areas.

GOLD SPONSORSHIP - £1,000

By donating £1,000, you have the opportunity to sponsor a tree at one of our hospitals, such as a particular ward or department. Your support will entitle you to have your logo on a large tag on the Christmas trees and on some of the cards attached to festive treats that are presented to wards.

We will be promoting our Christmas sponsors by putting up large banners at all four hospital sites in view of our 24,000 staff and more than two million patients. Your support will also be detailed on the charity website, social media channels and articles relating to the campaign. We will provide support and materials to market your involvement and spread the word far and wide about our partnership.



For more information on how to get involved, please email charities@uhb.nhs.uk or call us on 0121 371 4852.



Help us put a smile on

Every year we treat over 100,000 poorly children in our hospitals. We all know that hospitals can be a scary place for an adult, let alone a child, this is why we strive to make our children's wards and departments the brightest and most fun they can possibly be for our youngest patients.

Our Children's Appeal is aiming to transform the Outpatient and Physiotherapy Departments at Heartlands Hospital and Good Hope Hospital into child friendly, calming, and cheerful spaces that make hospital visits less daunting and more engaging, especially for children with repeat appointments.

Heartlands and Good Hope Hospital Charities have already made a huge difference with ward refurbishments that have brightened the areas our young patients may stay in for weeks at a time, relieving the stress on their family and providing a fantastic space that's safe for them to play and be children, while still helping their recovery.

Here are some of the ward refurbishments already finished at both hospitals:

HEARTLANDS HOSPITAL



GOOD HOPE HOSPITAL



The renovations we are raising funds for at Heartlands and Good Hope Hospital, will not only make a huge difference to our young patients but it will also have a big impact on the staff, by improving the way in which they treat the children they see.

The Paediatric Physiotherapy Departments that some of these renovations will help, treat patients from newborn babies to fifteen-year-old teenagers and covers a wide range of specialist treatments and conditions, some lifelong with repeat visits throughout their childhood.

With your help we can raise more funds that will benefit our young patients going through treatment. Support our mini superheroes by donating here:

hospitalcharity.org/appeals/children-and-young-people or scan the QR code:

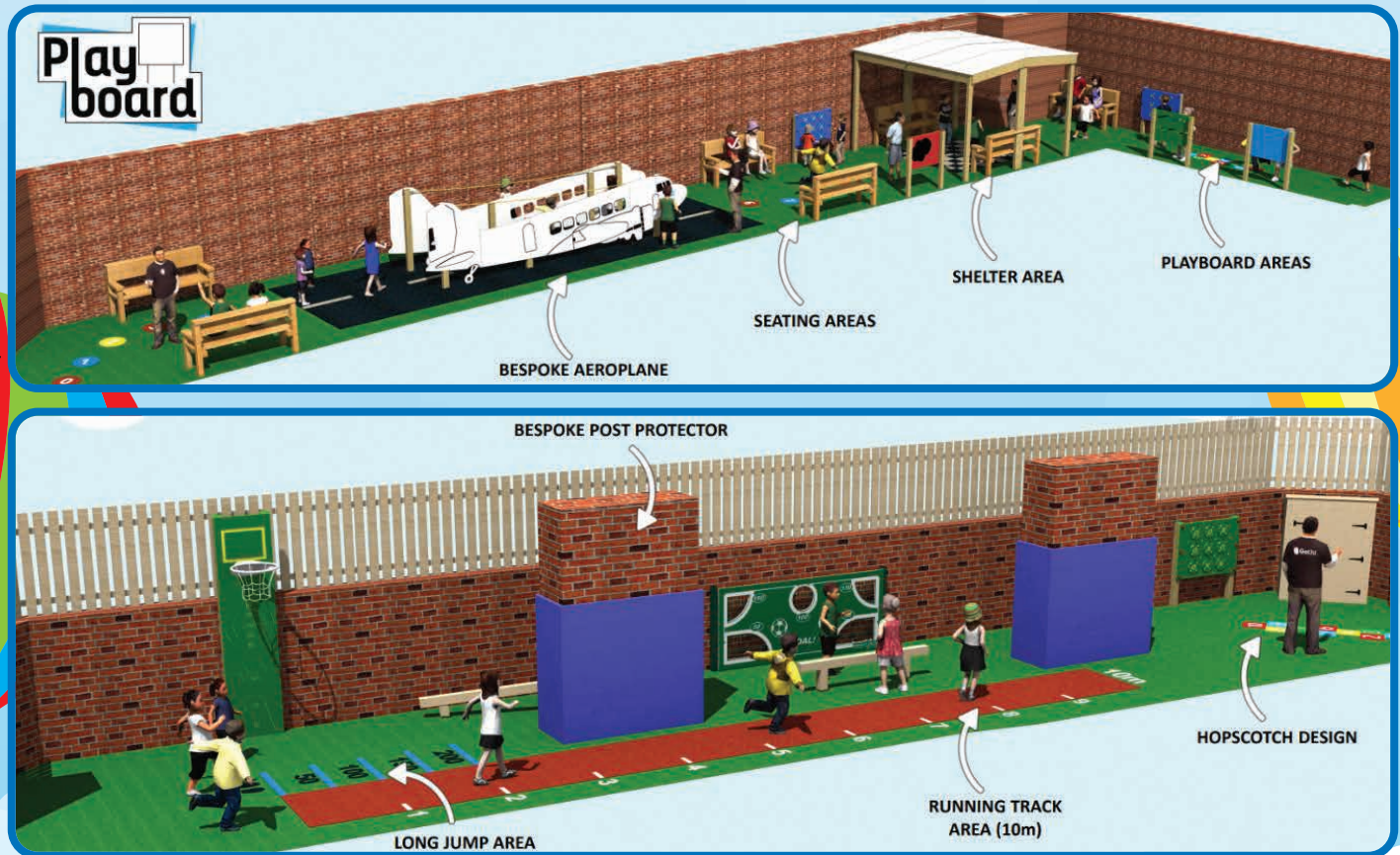


SCAN HERE

Thank you!

n a poorly child's face

Along with ward renovations, we are also funding a new play area at Heartlands Hospital. This will not only make physio appointments more enjoyable for the children, but it will give staff a more bespoke area to track their young patients progress when they come in for repeat appointments.



Laura is a children's Physiotherapist, she said, "We have a lot of work to do to create an outdoor therapeutic space for the children we treat and wouldn't be able to make it happen without the public's help. Donations to the charity's Children's Appeal will help us get that important work done and make a positive impact for our young patients."

If you would like to help us raise funds for our Children's Appeal, there are lots of things you can do - just visit hospitalcharity.org/fundraising or scan the QR code on page 14.

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Z	I	V	P	M	Q	J	K	W	V	S	C	W	A
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CHRISTMAS WORD SEARCH



SANTA
MISTLETOE
PRESENTS
SLEIGH

MERRY
HOLLY
CHRISTMAS TREE

REINDEER
SNOWMAN
STOCKINGS



CELEBRATING OUR STAFF SUPERSTARS!

A big THANK YOU to our wonderful staff for raising funds for their hospital charity!

We would like to shine a light on our amazing staff and say a big thank you for their support. As well as working incredibly hard at Queen Elizabeth Hospital Birmingham, Heartlands Hospital, Good Hope Hospital, and Solihull Hospital, they also raise money for their hospital charity by taking part in various fundraising challenges and events, hosting cake sales, and doing raffles in their wards and departments. We are extremely grateful for their support and fundraising efforts.

QUEEN ELIZABETH HOSPITAL BIRMINGHAM

HARBORNE WARD

The incredible team on Harborne Ward at Queen Elizabeth Hospital Birmingham consistently go over and above for their patients and with the hospital charity's help they have been able to fund a variety of 'added extras' to enhance their patients stay on the ward.

The team have taken on various fundraising challenges and events, including a static bike ride, and climbing a mountain on our Sunrise Snowdon trek. The ward has been able to fund the refurbishment of the day room, transforming it from a cold clinical environment to a 50s inspired diner, with a jukebox and artwork on the walls. The ward also holds a breakfast club, a 'knit and natter' group and a weekly exercise class. Harborne Ward is an elderly care ward, so they have a lot of patients with dementia which can be difficult. The extra activities the staff are able to do with their patients massively improves their mental wellbeing and lifts the mood for everyone on the ward.

Ward Manager, Stacey Fream, said, "The new day room enables patients to walk to the day room, ensures they eat and drink well, and helps them to socialise with other patients and staff. I have also seen a positive change in staff morale on the ward, as everyone is happy to be a part of this wonderful change and enjoy sharing these precious moments with their patients. It is wonderful to receive such positive feedback from the patients, relatives and staff."



GOOD HOPE HOSPITAL

The incredible staff at Good Hope Hospital raised a total of £2,182 for Good Hope Hospital Charity this year at the Royal Sutton Fun Run.

Staff who took part came from all over the hospital and fundraised for a variety of wards and departments, including the Paediatric

Emergency Department, Post and Prenatal Maternity care, Stroke Unit, and Antenatal wards.

James Bailey, a staff member on the Acute Medical Unit (AMU) at Good Hope Hospital was one of a host of incredible staff who also went above and beyond to take part in the Birmingham Half Marathon in May. James said, "I ran the Birmingham Half to raise money for the Same Day Emergency Care within the AMU. I wanted to improve the waiting areas for the 50 plus patients that pass through the doors every day. I hope that by enhancing this space it will improve comfort and dignity for patients during what can be a stressful time for them, and their families."



SOLIHULL HOSPITAL

The team from the Haematology and Oncology Day Unit at Solihull Hospital took part in the Knowle Fun Run in May and raised an incredible £3,894! They were one of the biggest teams running on the day and it was great to see so much support for Solihull Hospital Charity.

Ruth Fielding, Senior Nurse on the Unit said, "We are inspired every day by our patients and as a team we wanted to raise money to improve their experience on the Unit as they go through their treatment journey. It was great to see so many of the team take part in the run and we're delighted to have exceeded our fundraising target."

HEARTLANDS HOSPITAL

A big thank you to the amazing staff at Heartlands Hospital who took part in the Royal Sutton Fun Run.

This year, the staff who took part included an incredible team of 38 from the Vascular Surgery Ward, raising a total £1,011 for their department to help support the wellbeing of their patients, their families, and the staff who work on the ward.

Lynda, the ward sister, said, "We wanted to fundraise so that we could buy mobility aids to help our amputee patients have a smoother transition to their homes. The fun run seemed like a great opportunity and was a really enjoyable day for all the staff. We had a great time and are already planning to sign up to next years! The Charity are so supportive of us and our patients, the help they gave us taking this on has been fantastic."



Solihull Hospital Fun Runners

In 2023, over 4,000 people started their cancer journey at Solihull Hospital, and thanks to the teams' fundraising efforts, they have been able to fund 'added extras' to help make their patients' time on the wards as comfortable as possible.

NHS BIG TEA 2024!



Thank you to everyone who helped us celebrate 76 years of the NHS this year. As well as our cake sales at the QE, Heartlands, Good Hope and Solihull Hospitals, individual wards on site took part as well as companies, schools and community groups.

If you missed the celebrations, not to worry - you can still hold a cake sale at work, school or community hall to help support the wellbeing of our staff and patients. Email charities@uhb.nhs.uk or call 0121 3714852 and we can send you a goblet and some bunting.





LOTTERY

£3,000

Jackpot!

13 December 2024

If you fancy being in with a chance of winning our Christmas Bumper Lottery Draw on **13 December 2024**, with a first prize of a whopping **£3,000**, then all you have to do is sign up our weekly Charity Lottery for just £1 a week and you will automatically be entered into the bumper draw.

Each week, not only could you win our weekly jackpot of £1,000 or one of our other cash prizes, you will also be supporting patients, families, and staff at your local hospital.

The money raised from our lottery helps us to fund cutting edge equipment and facilities, ground-breaking research and added extras to help make a patients' experience at our hospitals as comfortable as possible. We have already paid out over £200,000 in winning lottery prizes since we launched our lottery over two years ago.

If you sign up to our weekly lottery by 1 November, you will automatically be entered into our Christmas Lottery Bumper Draw. Simply scan the QR code or visit: hospitalcharity.org/lottery



Summer

LOTTERY

Bumper Draw Winner



Emma - Summer Lottery Bumper Draw Winner

£ 3,000

Home Instead

Congratulations to our Summer Bumper Draw winner, Emma who was lucky enough to win the £3,000 jackpot in July! Emma is a Sister on the Surgical Elective Admissions Unit at Solihull Hospital. After she'd been given the exciting news she said, **"Wow, thank you so much! I'll be able to treat my family over the summer."**

If you already play our lottery, then you will automatically be entered into our bumper draws. However, you can purchase extra individual tickets for the bumper draw to give yourself a greater chance of winning, just scan the QR code and buy yours today!

PLAY NOW



Rather sign up in person? Pop into one of our Charity Hubs on our hospital sites between 11am-2pm, Mon-Fri.

(Go to page 13 for Hub locations)

If you require any more information about the lottery, then please email us via charities@uhb.nhs.uk or call on 0121 371 4852.