

Over & Above

University Hospitals Birmingham
Charity Newsletter
ISSUE 8



hospitalcharity.org

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We're supporting UHB Charity



Thank you!



Do more in 2024!

Sign up to our weekly Lottery to be in with a chance of winning £1,000
See more on Page 17

MIKE'S LETTER



What we do at UHB Charity

Together with your help we raise money to provide world-class facilities for patients and their families at Good Hope Hospital, Heartlands Hospital, Queen Elizabeth Hospital Birmingham and Solihull Hospital that go 'over and above' what the NHS can provide.

We spend your generous donations on cutting-edge equipment, world-leading research, specialist facilities and 'added extras' that help to improve the hospital experience for over two million patients who are treated across the Trust each year.

Welcome to the latest edition of our Over and Above newsletter where we bring you the latest news, upcoming events and examples of our incredible charity projects at your local hospital.

Could 2024 be the year you take on an epic challenge for your local hospital? On page one you can find out all about our new events for the year, from a once in a lifetime Northern Lights trek to the only 100 mile closed bike ride in England. If they don't appeal to you, we also have some fabulous social events from an Ascot Race Day to pub quizzes, we really do have something for everyone! You could also become one of our amazing charity volunteers. If you would like to become part of our team, go to page 16 to see how your spare time could make a huge difference this year.

We are very excited to announce that the Edmonds Transplant Centre will open later this year, becoming a dedicated centre providing the best possible care and support for transplant patients and their families. The Centre would not have been made a reality if it were not for the generous support of our partner, A Edmonds and Co Ltd.

Our Children's Appeal will see us transform our Children's Departments to make them a friendlier, less scary place to be. Head to pages two and three to read all about how you can help us make our youngest patients' time in hospital that little bit easier. On page 17 you'll find all the information on how you could win £1,000 every single week if you take part in our weekly lottery. For £1 per week you could support your hospital charity and at the same time be in with the chance of winning cash prizes!

Head to pages four and five to see some of the amazing ways our Charity Champs have given back to their local hospital this year. Businesses across the West Midlands have also been incredibly supportive, and we say a special thank you to them on pages eight and nine.

We always love to hear from you, so please contact us on social media, just search @UHBCharity on Facebook, Instagram, Twitter or LinkedIn and follow us to send us a direct message. Alternatively, call us on 0121 371 4852 or email charities@uhb.nhs.uk. It is thanks to our donors and supporters that we are able to change and save lives each year, so thank you for your ongoing support.

Mike Hammond
Charity Chief Executive,
University Hospitals Birmingham Charity



Dates for your diary

Trek of a lifetime

Immerse yourself in Iceland's wonders: geothermal springs, volcanic mountains, and the mesmerizing Northern Lights ...and raise vital funds for your hospital charity at the same time.

20-25 November – book now via the QR code below

Calling all runners

It's time to Run for Brum...don your running shoes and join us at the Great Birmingham Run for the half marathon or 10K and raise vital funds for your local hospital charity.

5 May



Ride London 2024

Fancy getting on your bike for your local hospital? You'll get to see famous landmarks as you ride through London and into the beautiful Essex countryside.

We have places in the 100 and 60-mile rides.

26 May - Sign up now on the link below



Pub Quiz anyone?

PLOUGH HARBORNE



Test your general knowledge at one of our pub quiz events at The Plough in Harborne to help our patients, their families, and staff at Queen Elizabeth Hospital Birmingham.

Various dates throughout the year

A day at the races

Will you be lucky at the races? Come along to our Ascot Race Day for a fabulous 3-course meal, drinks, and live entertainment all while raising funds for life saving research to help brain tumour patients.

21 June, Nuthurst Grange Country House Hotel, Warwickshire



Henry Wong Harborne - English Wine Tasting Menu

HENRY WONG HARBORNE

A La Carte Cantonese Restaurant

Enjoy a three-course meal at Henry Wong Harborne paired with fabulous English Wines to treat yourself and help us support patients and their families at your local hospital.

17 October

Fancy flying?

Would you be up for taking on the ultimate challenge and feel the freedom of flying? Then why not sign up to one of our skydives and help those at your local hospital fighting their ultimate challenge.

Various dates throughout the year



SCAN ME

To see all the events we have on offer this year, scan the QR code or head to hospitalcharity.org/events

Help us support our young patients

Being in hospital can be a scary time for adults let alone children, which is why we want to make the experience as relaxing as possible for our young patients as well as their family and the staff treating them.

This year we are launching our Children's Appeal to help transform more of our Children's Outpatient Departments into welcoming environments for the 120,000 young patients we see every year, during what can be a daunting time with repeat appointments.

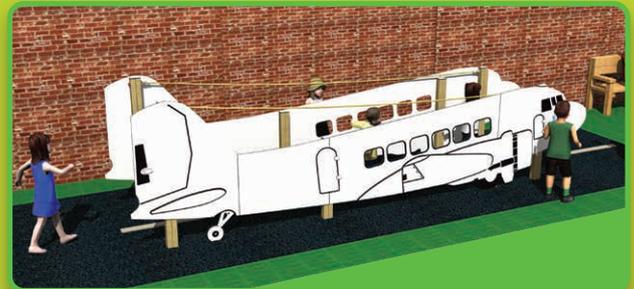
We have already made a huge difference with ward refurbishments that have brightened up the wards where our young patients can stay for weeks at a time, whilst relieving stress for their family and a fantastic playground providing a fun and safe space for the children to play as part of their recovery from treatment.

Paediatric Matron at Heartlands Hospital, Piper Wilkins said, "For parents, the wall decoration is an immediate indicator that they are entering a children's area, and for our young patients it makes it less scary for them and more inviting with the different themed murals on the walls from jungle animals and pirates to hot air balloons and flowers.

"The outdoor play area has been a big hit with our young patients and is a multifunctional, safe space enabling staff to support those with both mental and physical disabilities. It's helped staff to provide therapy to patients in a fun environment and helps build the bond between staff and patients.

"We can't thank Heartlands Hospital Charity enough for understanding our needs and helping us create a more welcoming environment for our young patients and a big thank you to all the fabulous donors because without you, none of this would be possible."

We now want to help the Outpatients and Physiotherapy Departments at Heartlands Hospital and Good Hope Hospital to make those areas more exciting and child-friendly for the tens of thousands of children who come for outpatient treatment, many times a year. We'll also create bespoke play areas that will transform the way staff assess their young patients' progress.



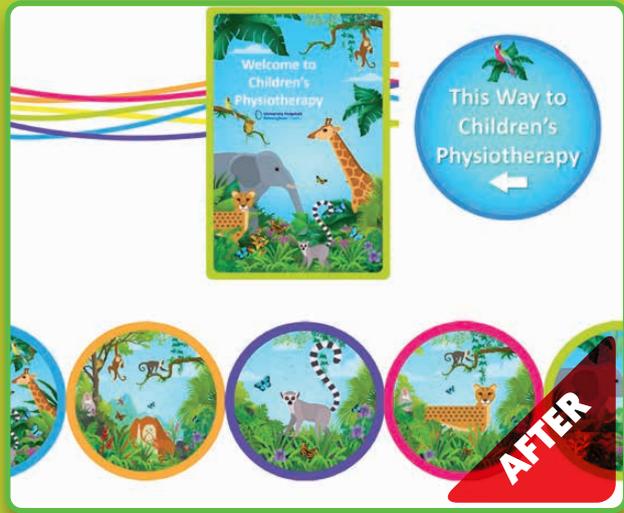
Above is what Heartlands Hospital's play areas will look like, which will be used by our younger patients alongside the Outpatient and Physiotherapy teams. These will be more appropriate spaces for staff to assess their young patients' progression, whilst making it more engaging and fun for the patients during their multiple appointments.

as we launch our Children's Appeal



Here are some of the vibrant images we are using to brighten up the Outpatient and Physiotherapy Departments at Heartlands Hospital, making these more welcoming spaces for children and parents.

Here is how we will brighten up the Physiotherapy Department at Good Hope Hospital, making it a more inviting space for children and their parents.



We have already had some amazing donations from individuals and companies that have supported our Children's Appeal, however, as you can see there is still so much more that we need to achieve to help bring a smile to our young patients' faces while they undergo treatment.

You can help our young superheroes by donating here:
hospitalcharity.org/childrenandyoungpeople or scan the QR code:



SCAN HERE



Charity Champs

Over the last few months we have been humbled by the number of people who have taken on a fundraising event in support of our patients and staff.

Thank you to each and every one of you for your incredible support.

Here are just some of the amazing fundraisers who have done something special over the past few months.



Sue Cressman

Sue Cressman has been a longstanding supporter of our hospital charities. Sue is a breast cancer survivor and is passionate about raising money to help more people receive the best possible care.

Her latest generous fundraising efforts have raised almost £30,000!

This will allow us to purchase not just one but FIVE Mammography Localiser Probes for Queen Elizabeth Hospital Birmingham and Solihull Hospital. This technology is used during surgery to remove breast cancer tumours. It allows our surgeons to determine the location of a tumour more accurately and prevent the unnecessary

removal of healthy tissue. This reduces complications and scarring as well as speeding up recovery time. A huge thank you to Sue for helping us improve the outcomes for breast cancer patients from across the West Midlands and beyond, and ultimately help save lives.



Daniel Rusby

We want to celebrate our incredible fundraiser, Daniel Rusby.

Daniel took on the epic challenge of running a marathon or half marathon every weekend throughout 2023, dressed as Spiderman! Daniel is fundraising for the Neonatal Unit at Heartlands Hospital, which provides amazing care for babies born too poorly or too soon.

Daniel's son, Marshall, was just 600 grams when he was born, and doctors didn't think he would make it beyond 24 hours, but thanks to the love, care and support of the amazing team on the Neonatal Unit he did.

Over the course of the next four months the incredible team saved Marshall's life on multiple occasions giving Daniel and his family precious moments with him. Unfortunately, Marshall got an infection in his stomach and was unable to be moved for surgery.

Marshall sadly passed away within hours. Daniel said, "We spent four months in the care of the most wonderful team. We will never forget what the angels at Heartlands' Neonatal Unit did for Marshall, and that's why I want to give something back."

He's raised more than £5,000 and we couldn't be more grateful for his efforts.

He'd like to double that, and you can help by going onto his Just Giving page: justgiving.com/fundraising/Danielrusby



If you would like to fundraise for your local hospital, please scan the QR Code or visit hospitalcharity.org/fundraising

George Fraser



money through the North Warwickshire Golf Club's Captains Charity. George and his family plan to carry on fundraising in Marian's honour and to recognise what the NHS staff did for her.

George is currently in his second year of fundraising and is hoping to double the amount he has raised so far! We are incredibly grateful to George for his continued support, helping us to change and save lives.

We would like to say a big thank you to George Fraser from the North Warwickshire Golf Club who has raised an incredible £2,500 for Queen Elizabeth Hospital Birmingham Charity.

George's wife, Marian, was diagnosed with bowel cancer in 2012. Whilst going through radiotherapy treatment at Queen Elizabeth Hospital Birmingham, Marian became aware of the hospital charity which, at the time, was fundraising for the Cancer Appeal and Cyberknife, a state-of-the-art radiotherapy machine. Marian wanted to get involved and give something back, so began fundraising with cake sales and tea parties.

Marian sadly passed away in 2016, but her family continued to support the charity in her memory and at her funeral they chose to collect donations for the Cancer Appeal instead of flowers. Fundraising for Queen Elizabeth Hospital Birmingham Charity was extremely important to Marian, so George has continued to raise

Emma Jewiss

Meet our fabulous fundraiser, Emma Jewiss. Emma suffered a brain injury in Spring 2022 and was taken to Queen Elizabeth Hospital Birmingham where she was put on life support.

Emma received incredible care from the team, undergoing life-saving neurosurgery and then spending 3-months recovering on the Neuro Surgical Ward. Following this she was transferred to Moseley Hall Hospital, where she went through a further 3-months of rehabilitation. Emma came home in June 2022 and continued with her rehabilitation to build her strength back up again.

To thank the amazing team who took such good care of her, Emma set herself the huge challenge of climbing Mount Snowdon in June 2023, to celebrate a year of being discharged and to raise funds for the hospital charity. Emma has raised over £2,000 for the various charities who helped her throughout her recovery journey, with £1,260 going to Queen Elizabeth Hospital Birmingham Charity.

We'd like to say a huge thank you to Emma for her fundraising efforts and for supporting the charity. Thanks to fundraisers like Emma, we can continue going over and above to support patients, their families and staff at our hospitals.

Good Hope Hospital - Children's Playteam

The amazing Children's Play Team at Good Hope Hospital have raised over £2,000 by taking on the tallest mountain in Wales – Mount Snowdon. Annette, Caron and Sinead climbed to the top last September on one of the hottest days of 2023!

The money they raised will go towards play equipment for the Children's Emergency Department at Good Hope Hospital. Caron said, "It can be a nerve-wracking time going to A&E, even more so for a child. The play items that we can now fund will help distract the young patients, which not only alleviates their stress and anxieties but also their family's. It also helps staff to engage with the patient, relaxing them so they can treat them more easily." Thank you Annette, Caron, and Sinead, for your fantastic efforts!



Edmonds Transplant C

We are thrilled to be opening the Edmonds Transplant Centre this year to help patients during their treatment journey.

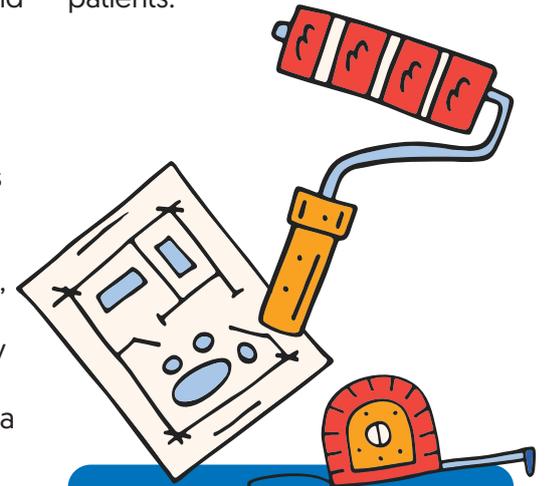
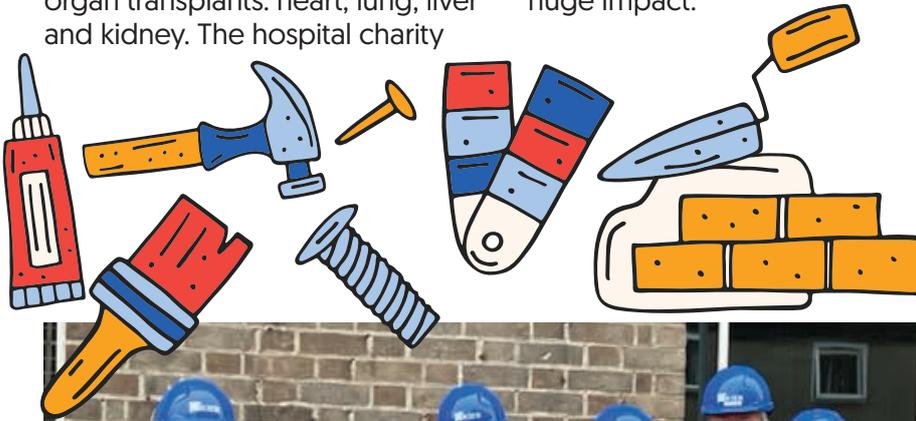
Work has begun on the new 'Edmonds Transplant Centre', which will become a national centre of excellence for organ transplantation in Birmingham and will be funded by Queen Elizabeth Hospital Birmingham Charity. It will put patient care at the forefront of transplantation and will create a "one stop shop" for patients undergoing organ transplants. The new Centre will bring all the specialist care to patients, including pre-transplant consultations, additional fitness classes before surgery, patient support groups, and rehabilitation classes after surgery.

It will be the largest centre in the UK that can carry out all four organ transplants: heart, lung, liver and kidney. The hospital charity

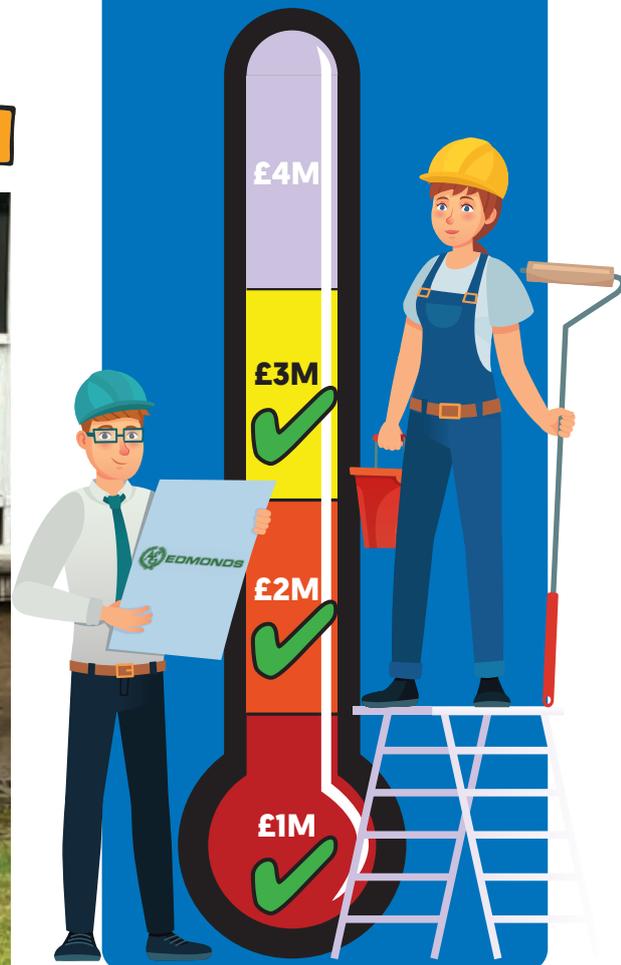
wants to bring all the specialist care available to the patient, taking away a huge amount of stress and therefore speeding up recovery time. It will mean that University Hospitals Birmingham NHS Foundation Trust will be able to offer even more transplants and therefore save even more lives.

Clinical Care Consultant, Nick Murphy (Pic: Centre right), came up with the idea and said, "We do a huge number of transplants every year and that number is still growing. Trying to navigate the system as a patient is difficult, so having an area where the assessment takes place, and they can be signposted easily along their treatment journey will have a huge impact."

"We're grateful to the hospital charity who saw the vision and agreed to support it and thankful to the sponsors and donors for helping to fund it. Now we can see the work has begun, it's a very exciting time for us and the patients."



£1m to go to reach our fundraising target of £4m!



entre to open this year



THE DIFFERENCE IT WILL MAKE

We wouldn't be as close to our target to fund this project if it wasn't for our amazing donors and fundraisers.



A Edmonds & Co Ltd is our largest corporate donor, contributing around £1 million to the appeal. Managing Director, David Edmonds, said, "It gives us great pleasure as a Birmingham employer to be able to provide funding for the local hospital thanks to the support of our staff and customers."



family. Josh was a superhero as he was a registered donor and went on to save the lives of six people. We are so proud of him and that his legacy will continue through the Edmonds Transplant Centre." These incredible supporters are making a huge difference to future transplant patients and their families.



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Lisa Chapman has raised thousands of pounds for the hospital charity to help fund the new Edmonds Transplant Centre. Lisa sadly lost her son, Josh, who was 24 years old when he tragically died in a road accident in 2019. She described him as being the "life and soul of the family" and, leaves behind his daughter Harper-Mae who was just six months old when he passed away.

Lisa said, "My world fell apart when Josh died but to be able to do something in his memory and attach his name to something like this which will make such a difference for people, is incredible for all of us as a

If you would like to help Queen Elizabeth Hospital Birmingham Charity raise the funds to build this pivotal centre, please consider becoming a Friend of the Edmonds Transplant Centre by scanning the QR code or visit: hospitalcharity.org/birminghamtransplantcentre



A big THANK YOU to local the hospital

We would like to say a huge thank you to some of the local businesses who have donated to the Charity recently. Thanks to their support we can continue going over and above for our patients being treated at our four hospitals and by our community services.

NATIONAL GAS METERING

National Gas Metering made a generous donation of £5,000 to our Children and Young People with Cancer Appeal to support children receiving radiotherapy at Queen Elizabeth Hospital Birmingham and help us go over and above for our youngest patients. They also volunteered their time to hold a fundraising stand during Childhood Cancer Awareness Month in September.

Their support has helped us fund Little Linac sets, a miniature building block set that children can use to build a replica of a radiotherapy machine, CT scanner and MRI scanner, which encourages children to learn about their treatment through play, making it less daunting. We're also able to fund a specialist artist to design and paint our radiotherapy superhero masks, which transform them from something cold and clinical to something children feel comfortable with, helping them feel less anxious and scared about their treatment.

Thank you to the National Gas Metering team for their ongoing support, helping us to provide added extras for our mini superheroes going through their treatment.



TAME CLEANING

Tame Cleaning raised an amazing £4,885 at their annual charity golf day in September, fundraising for the Neonatal Unit at Heartlands Hospital and The Giles' Trust Brain Tumour Fund. We'd like to say a big thank you to everyone who attended and made this day a huge success, including the companies that kindly sponsored a hole and organised fundraising on the day.



This is Tame Cleaning's second charity golf day fundraising for the Charity, raising over £9,000 in total! We're incredibly grateful for their ongoing support, thanks to their fundraising we are able to continue supporting patients, their families and staff across our four hospitals.

businesses for supporting tal charity

THE OPA – THE ONLINE PROPERTY AGENCY

We are thrilled to announce our new charity partnership with The OPA - The Online Property Agency.

The OPA is a family business rooted in serving their local community. As part of their commitment to giving back to the people of Birmingham, we are thrilled to have received a substantial donation of £15,000 for our Newborns in Need Appeal. Each year Good Hope Hospital and Heartlands Hospital care for thousands of babies, some of whom are born up to four months early and weigh as little as one pound. An average of one in ten newborn babies need the support of the Neonatal Units across Good Hope and Heartlands Hospitals. The unit also takes babies from across the whole region, providing 24-hour care using dedicated breathing machines, incubators and state-of-the-art monitoring machines.

Mike Hammond, Charity Chief Executive, said, "Thanks to this incredibly generous donation from The OPA we are able to provide vital support to parents of premature and poorly babies going through some of the most difficult and stressful times of their lives. We are very grateful for The OPA's dedication to making the lives of their local community happier and healthier and are proud to be their charity partner."

Zara from The OPA said, "The OPA are passionate about working with and giving back to our local community. We are personally delighted to be working with the hospital charity and the Newborns in Need Appeal is a cause we feel passionately about



helping. This marks the start of our charity partnership, helping those in need and we aim to encourage others to help support this fantastic cause. This incredible charity plays a vital role in our community, so we wanted to make a positive contribution to the communities we serve to help make a real difference."

LWC DRINKS

Thank you!



We'd like to say a big thank you to LWC Drinks who have sponsored some fantastic events for the hospital charity over the years, including our special drinks tasting evenings at Henry Wong Harborne. Most recently they have sponsored our annual Giles' Trust Ball, which was a fantastic evening fundraising for brain tumour patients and their families.

We are so grateful for the support of LWC Drinks, helping us to continue to go over and above to support our local hospitals.

If you are a local business and would like to support your local hospital or one of the Charity's appeals, then please get in touch via email: charities@uhb.nhs.uk or call 0121 371 4852.

Thank you!

Help us fund a new PET-CT Scanner and save lives



Help us change and save lives at Queen Elizabeth Hospital Birmingham by supporting our multi-million pound fundraising appeal to fund a state-of-the-art PET-CT Scanner at the hospital.



Queen Elizabeth Hospital Birmingham is a centre of excellence for cancer care in the West Midlands and treats thousands of patients. We need to raise £2.4 million to purchase a PET-CT Scanner that will transform the care we are able to provide our patients.

The PET-CT Scanner allows us to diagnose patients more quickly, and the faster they are treated the greater the chance their lives will be saved.

The scanner will also cut waiting times, ensuring we are able to provide the best and most efficient care possible. We all know how daunting it can be waiting for a hospital appointment. The introduction of this PET-CT Scanner will reduce the amount of anxiety and fear patients feel as they will be seen quicker.

A PET-CT Scanner differs from other scanners because it allows staff to see in action how parts of the body are working, rather than showing what they look like as a still image. They are particularly useful for investigating

cancer cases, to determine how far the cancer has spread and how well it is responding to treatment. The scans produce a 3D image of the inside of the body so staff can determine the best care plan. Another possible benefit of being diagnosed sooner is that a patients' treatment plan could be less invasive.

This appeal could also lead to groundbreaking advancements as the PET-CT Scanner could be used in new and innovative ways and not just for cancer patients, but also for the possibility of diagnosing early Alzheimer's disease. Alzheimer's affects an estimated 1 in 14 people over the age of 65 and 1 in every 6 people over the age of 80. Being able to be diagnosed earlier will open the possibility of being entered into cutting edge clinical trials more quickly, not only improving their quality of life, but could also lead to research breakthroughs that could revolutionise treatment for patients up and down the country.



Please donate today to help us save more lives and be a part of pioneering cancer, cardiac and neurological research. For further information visit hospitalcharity.org/qehbcancer or scan the QR code



SCAN HERE

Say hi to our furry friends



Pets in Hospital is a scheme that is currently being offered to patients and staff at Queen Elizabeth Hospital Birmingham, Heartlands Hospital and Solihull Hospital and is completely funded by the hospital charity.

Pets in Hospital sees specially assessed dogs visiting patients and staff at the hospitals, helping to reduce their anxiety and enhance patient communication and interaction. We would love to fund visits at Good Hope Hospital as well.

PATIENT EXPERIENCE



Freya is undergoing radiotherapy treatment at Queen Elizabeth Hospital Birmingham. Her mum Bella told us what a Pets in Hospitals visit meant to her family:

“Chase really helped our six-year-old daughter,

Freya, when she was feeling overwhelmed about starting the radiotherapy stage of her treatment. Knowing that Freya might get to see Chase during her visits helped immensely to take her mind off things and keep calm. Chase is such an amazing dog and put a huge smile on Freya’s face (and mine).”

One of our staff members told us how visits from a Pets in Hospitals dog helped her patient when the worst happened:

“We cared for a gentleman who had a life altering accident which has completely changed his way of life. As you can imagine, he became quite low in mood and struggled to engage. He had visits from two dogs, both times they significantly lifted his spirits. Following

the initial visit, he said his primary goal for rehabilitation was to be well enough to care for his own dog in the future; when he begins to lose hope, a visit from the therapy dogs reminds him of his goal.”

Another staff member told us: “I had a patient on a ward who was struggling significantly with anxiety around pain. He was very young but had sustained significant injuries following a car accident and was too anxious to get out of bed. He mentioned liking golden retrievers; so, we arranged a visit from Pets in Hospital dog, Lloyd, for the following day. This went extremely well and by the following morning, this patient was up and out of bed prior to his therapist’s arrival. Around one week later, he was mobilising. Lloyd provided the reminder that he wished to regain his independence to return to walking his own dogs,

whilst also providing comfort. The dogs visiting the ward has also been positive for staff wellbeing and morale, as we love their visits and get quick cuddles.”



SOLIHULL LIONS WITH NICKI AND CATIE

Would your company like to be a Pets in Hospital sponsor?

We’re hugely grateful to Solihull Lions which has sponsored a dog for £2,500. This will fund a weekly Pets in Hospital visit from Catie, a three-year-old miniature Dachshund and her owner Nicki, for a whole year! We visit children undergoing radiotherapy, patients on the Young Person’s Unit and various elderly care wards just to name a few!

With your help, the hospital charity can provide the assessments, training and equipment for the dogs to visit wards and departments at our hospitals.

These visits make such a difference to our patients’ recovery, but we can’t do this without your help. One visit costs £30, which includes their training and uniform.



To sponsor a dog today, scan the QR code or visit - hospitalcharity.org/petsinhospital

SCAN HERE

Thank you for helping us raise money for our local hospitals



We had lots of supporters taking part in Festive Jumper Day and we loved seeing your Christmassy cardigans and sparkly sweaters! We also invited local choirs to perform festive tunes in the entrances of our hospitals throughout December. We had over 30 choirs take part across the four hospitals, including several local school choirs, community choirs and a signing choir. We'd like to thank everyone who came and performed, it made our hospitals feel very festive leading up to Christmas!

We were delighted to have brought some Christmas magic to Queen Elizabeth Hospital Birmingham, Heartlands Hospital, Good Hope Hospital and Solihull Hospital throughout December. We would like to say a huge thank you to all our fundraisers and partners for their incredible support. Being in hospital is never easy, especially at Christmastime, and thanks to our supporters we were able to bring some joy to

patients and staff over the festive period.

We were able to fund toys for poorly children, so they didn't miss out on a visit from Santa, as well as Christmas trees and decorations for the hospitals and treats for staff to share with patients on Christmas day. We were also able to fund accommodation near to the hospital so that families could be together at Christmas.

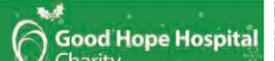


As well as our Charity Hubs at the four hospitals selling Christmas cards and decorations, our Virtual Gift Shop was also open offering a variety of gifts as an alternative Christmas present. We had 10 gifts on offer, from providing a toy for a young patient on Christmas day to funding a night's stay in our home away from home for a patient and their family keeping them together over Christmas. We also had festive activities for our older patients and a visit from our Pets in Hospital volunteers.

ise festive spirits at your spital



Thank you to our corporate partners for helping us bring Christmas to our hospitals this year!



We couldn't have provided all this wonderful festive cheer if it wasn't for our fabulous fundraisers and kind donors. We are also grateful to our corporate partners for their generous donations and support this year:

Asha's, BMet College, Bond Wolfe, Farmfoods, Friends of Queen Elizabeth Medical Centre, GM Building Ltd, Harborne Spa, HCB Solicitors, Heddleworth, Henry Wong Harborne, Home Instead, Kerwood Design and Build Ltd, LWC Drinks, Manton Building Contractors, McDermotts, National Gas Metering, Spiers Engineering Safety, The Online Property Agency, QE Kidney Patients Association, Quilter Cheviot, Webster and Horsfall, WIN Logistics Group and WT Partnership.

Thanks to them we were able to make what can be a difficult time of year as special as possible for our patients, their families and staff.

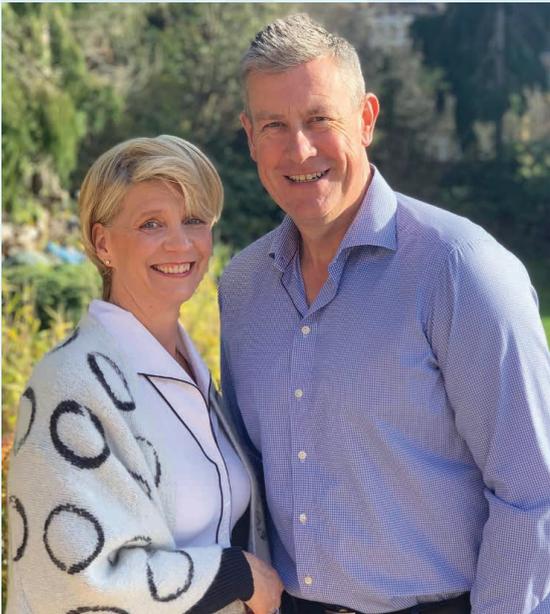


The Giles' Trust B

In March 2024, The Giles' Trust Brain Tumour Fund will be marking International Brain Tumour Awareness Month by highlighting the importance of funding vital research into brain tumours to get closer to finding a cure and providing support for patients and their families.

DID YOU KNOW?

1. In the UK, 16,000 people each year are diagnosed with a brain tumour.
2. Only 12% of brain tumour patients survive beyond five years of their diagnosis.
3. Brain tumours continue to kill more children and adults under the age of 40 than any other cancer.
4. Brain tumour research represents just 1% of the national spend on cancer.



The Giles' Trust Brain Tumour Fund was founded in 2015 by former England cricketer Ashley Giles MBE and his wife Stine, following her diagnosis and battle with multiple brain tumours. Since the charity was launched it has raised over £1 million and continues to grow.



Most recently The Giles' Trust has announced its funding of Stine's Home from Home, providing brain tumour patients and their families with free accommodation near to the hospital, keeping them together during an extremely difficult time. There are lots of ways you can get involved and support the charity; from running a marathon or taking on a mountain trek, to joining us for our Ascot Day event in June or dancing the night away at our annual ball later in the year.

To find out more about The Giles' Trust and how you can sign up to one of our events – head to our website: thegilestrust.org

If you want to see all the great things we fund, and our fabulous fundraiser stories please follow us on our socials:

 @thegilestrust  @thegilestrust  @the_giles_trust



Brain Tumour Fund

HANNAH'S STORY

In 2022, Hannah received the devastating news that she had a brain tumour, just five weeks after giving birth to her second child, turning her and her family's lives upside down. Hannah underwent surgery to remove the tumour at Queen Elizabeth Hospital Birmingham and whilst she was being treated, her family were able to stay close by at a 'Home away from Home' provided by Queen Elizabeth Hospital Birmingham Charity. This took away the stress of her husband travelling back and forth daily with their young children and meant Hannah could continue caring for her new-born baby. Hannah said, "Knowing that my family were close by and able to visit regularly helped me feel less alone in hospital and made an incredibly difficult situation that little bit more manageable."

This is why The Giles' Trust has recently funded Stine's Home from Home, which will provide free accommodation for brain tumour patients and their families near to the hospital. Stine said, "I understand what a worrying and stressful time these families are going through and having somewhere to stay within walking distance of the hospital is such a lifeline. I hope Stine's Home from Home will help make what is an extremely difficult time for families that bit easier."



NIGEL'S STORY

Meet our amazing fundraiser, Nigel Chidgey and his wife, Helen, a brain tumour survivor, and member of The Giles' Trust Fundraising Committee. Nigel took on the Chicago Marathon back in October to support The Giles' Trust and raised an incredible £1,300!

It came as a huge shock to both of them when Helen was diagnosed with a brain tumour in 2012. With two young boys to consider, the focus was on Helen's recovery whilst trying to lead as normal a family life as possible during an extremely difficult time.

Thankfully, Helen's tumour was benign, but complex surgery was still needed to remove it. Nigel remembers, "Those eight hours whilst Helen was in theatre felt like the longest of my life." Helen's recovery was slow and Nigel's running hobby helped him cope, clear his head and relieve the stress. Nigel had always wanted to run a marathon and felt passionate about running one for The Giles' Trust to support brain tumour patients going through what Helen went through. Helen said, "After our own experience as a family, we all understand the drive to give back and support those that receive the news no one wants to hear."

We are so grateful to Nigel and Helen for their fundraising efforts. Thanks to people like them, The Giles' Trust can continue funding brain tumour research and support patients from across the country at Queen Elizabeth Hospital Birmingham.



For more information about our Home away from Home Appeal or to donate please scan the QR code or visit: hospitalcharity.org/homefromhome



SCAN HERE

Meet one of our hospital charity volunteers

Our volunteers play a key part in the hospital charity, helping us support patients and staff across our four hospital sites. Joan volunteers at our Queen Elizabeth Hospital Birmingham Charity office and comes in for a few hours every week.

What made you want to volunteer?

From the age of 19 I worked as a medical secretary, working at various hospitals in Birmingham including Queen Elizabeth Hospital Birmingham. My husband, John was diagnosed with a brain tumour in 2010 and treated at the QE. I sadly lost him in December 2010. He received incredible care from the team, in particular two Macmillan Cancer Nurses called Claire and Fred. After I lost John, I wanted to give back to those who had supported me but there was no part-time work or volunteering opportunities with Claire and Fred, so they referred me to the hospital charity, and I've been volunteering here ever since.

I've always enjoyed working and like to keep busy, so after I retired, I wanted to carry on doing something useful with my time and using my skills. I also wanted to give something back to thank the hospital for the amazing care my husband received when he was going through his treatment.

What's a typical day like volunteering for the hospital charity?

I arrive at the office for 11am and one of the lovely team makes me a cup of tea. I then sit down with one of the staff members to go through what they would like me to do. Every time I come in, I do something different and I'm always learning new things. We have another tea break around lunchtime then I'm usually finished by 2pm.

What's your favourite thing about volunteering for the Charity?

I love how varied volunteering for the Charity is – no week is the same. From helping with mailouts or folding t-shirts, to general office admin, I do all sorts. I've also helped at events in the past, meeting lots of different people and have made good friends. I love it and always look forward to coming in.

What would you say to anyone thinking about volunteering?

Go for it, 100%! I didn't know much about what the Charity did, but I've learnt so much about the organisation and the different ways it supports patients and staff – it's mind-blowing how much the Charity does. You need to be committed to volunteering, but I would say get involved. It's a great way to keep your mind active and makes you feel like you are making a difference.



Gemma and Joan in The Hub



Would you like to be a hospital charity volunteer?

If so, scan the QR code or head to hospitalcharity.org/volunteering or contact us by:

Email: charities@uhb.nhs.uk

Call: 0121 371 4852.



L O T T E R Y



If you fancy being one of our weekly £1,000 winners, then all you have to do is sign up to the UHB Charity Lottery for your chance to win!

Not only could you win the jackpot or other cash prizes every single week, but you will also be supporting patients, families and staff across our four hospitals. We fund those 'added extras' that help improve the hospital experience for more than two million patients we treat every year.

HOW TO PLAY

Playing is simple! For £1 per week, you will be entered into our weekly prize draw and be in with a chance of winning the £1,000 jackpot! When you join, you'll have the option to choose how many entries you would like each week. The more entries you have in a draw, the higher your chances of winning, as well as helping us raise vital funds.

To join the weekly lottery all you need to do is scan the QR Code or head to hospitalcharity.org/lottery

**SCAN THE QR CODE
TODAY TO PLAY**



PLAY HERE

Or fill in the form on the back and hand it in at one of our Charity Hubs or pop it in the post.

Once you have signed up, you will then receive your lottery numbers via email (or post if you do not have access to email). If you choose to pay by direct debit, we can also inform you when your first payment will be taken. Our draw takes place every Friday when all the entries for the week are put into the draw and a random number generator picks out the winners. Our lucky winners will then automatically receive a cheque in the post. If you require any more information about the lottery, then please email us via charities@uhb.nhs.uk or call on 0121 371 4852.



How to sign up?

Please fill in the form using BLOCK CAPITALS with a ballpoint pen and return to:
UHB Charity, Fisher House, Mindelsohn Way, Queen Elizabeth Hospital Birmingham B15 2GN.

We will use your personal information provided below to process your chances.

Alternatively, you can scan the QR code to sign up via our website at: hospitalcharity.org/lottery



1. YOUR DETAILS

Title: Initials: Forename: Surname:

Address:

Postcode:

Email Address:

Telephone number: Mobile number:

Date of Birth: / /

Please tick this box if you would like to hear more from UHB Charity

Please tick this box to confirm you are aged 18 years or over

Please tick this box to confirm you live in Great Britain (England, Scotland and Wales)

All entrants must be age 18 years or over and live in Great Britain. Any monies received without confirmation of age or address will not be entered into the lottery and will be treated as a donation. Thank you.

2. PAYMENT OPTIONS

Payment options by Direct Debit

1 entry a week: [£1] or 2 entries a week: [£2]

Frequency of payments

Monthly Quarterly 6 Monthly Annually

Payment options by cheque

Please make cheques payable to 'UHB Charity'

Number of weeks

1 entry a week: [£1] 13 weeks [£13] 26 weeks [£26] 52 weeks [£52]

2 entries a week: [£2] 13 weeks [£26] 26 weeks [£52] 52 weeks [£104]

3. PAYMENT BY DIRECT DEBIT

Instructions to your Bank or Building Society to pay by Direct Debit. Please fill in the form using a ballpoint pen and return to: UHB Charity, Fisher House, Mindelsohn Way, Queen Elizabeth Hospital Birmingham B15 2GN.



To: The Manager: Bank or Building Society Name:

Bank Sort Code: -- Bank or Building Society Account Number: Name(s) of Account Holder(s):

Instructions to your Bank or Building Society. Please pay the University Hospitals Birmingham Charity from the account detailed on the instruction subject to the safeguards outlined by the Direct Debit guarantee. I understand that this instruction may remain with University Hospitals Birmingham Charity and if so details will be passed electronically to my bank or building society.

Signature: Date: / /