LESSON 2 : What did Stone Age people eat?

Quick Quiz

1. Prehistory is
   1. Anything that happened over 100 years ago
   2. A time in history that we are uncertain of
   3. The time in history before written records began.

1. What do archaeologists do? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. Artefacts are important because they tell us \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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|  | Glossary |
| Settlers | people who move together to live permanently in a new country or area |
| Nomads | people who travel from place to place and have no fixed home |
| Hunter gatherers | people who hunt for their food |
| Implement | a tool or utensil that is used for a particular purpose |
| Herds | a large group of animals that live and travel together |
| Climate | the normal weather in a place |

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Hunter gatherers

During the Stone Age, humans’ main aim was to feed themselves and keep themselves safe wherever they were sleeping that night. They roamed the land daily, following the animal herds and looking for plats they could eat. Once they had collected enough food, they would settle in a camp site for a few weeks or months.

These nomads (or wanderers) were known as hunter gatherers because they would catch and eat food every day in order to survive.

What animals were hunted?

Once the Ice Age had ended, the climate in Britain was very similar to the

climate that we have today.

This means that there were similar plants and

animals to those we have today.

Forests were full of foxes and red squirrels. They were often hunted for

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heir fur, particularly their tails, which could keep settlers warm during the winter months.

Wolves and bears roamed the hills. They were extremely difficult to catch

and settlers would often have to get their meat from smaller prey. Some

settlers even ate the guts of animals which had already been hunted!



**Did you know?**

Salmon was popular

in

the Stone Age.

Hunters used spears, nets and

harpoons to catch the fish from

rivers

and lakes.

Stone Age Hunters used spears, ar

rows, axes and nets, but which would be best to hunt which

animal?

Draw the weapon you think Stone Age hunters would use for:



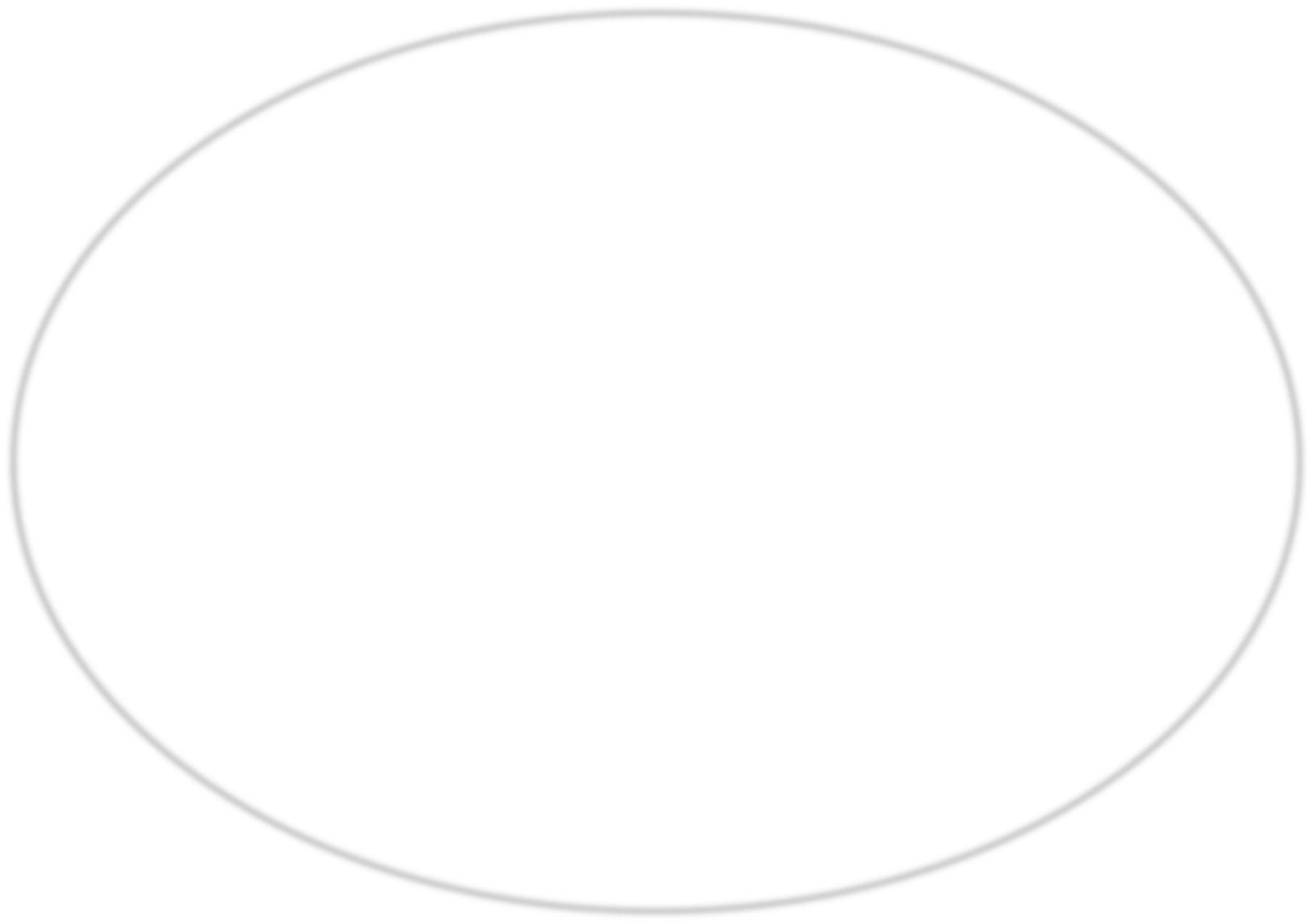
2 Stone Age Gatherers

As well as hunting for food, Stone Age people gathered food from the land such as wild berries, edible plants and nuts. Birds’ eggs were taken directly from nests and could be eaten raw.



You're the Stone Age chef! Imagine that your team of Hunter Gatherers has brought back a selection of meats, berries, eggs, nuts and edible plants.

Your challenge is to design a delicious meal made out of only Stone Age ingredients!



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