# **Pre-ets compeTENCY checklist**

Along the Pre-ETS Trail, each point is designed to help students discover information about themselves and the world of work and learn and practice new skills. With discovery and practice, they acquire key competencies for success in education and employment. The counselor plays several roles to guide them along the way.

## **INFO ABOUT SELF**

I can list my interests and abilities.

I can explain my disability to others.

I can explain the accommodations I need to succeed and ask for them.

I can explain my rights and my responsibilities.

## **INFO ABOUT WORK**

I can list jobs compatible with my interests and abilities and have explored them.

I have demonstrated my understanding of workplace expectations on a job.

I can list my support team members and ask for help.

## **COUNSELOR ROLES**

### **Gold Miner**

The counselor helps students uncover their unique contributions (interests and abilities)

### **Match Maker**

The counselor matches the student's contributions to the employer's business needs.

### **Voice Coach**

The counselor helps students find their unique voices and advocate for themselves.

### **Navigator**

The counselor facilitates connections to services students need to succeed in adult life.