

## **Lanzarote Overview – February 2024**

<b>Planning &amp; Pre- Trip</b>	
<ul style="list-style-type: none"><li>• We had 3 Parents Meetings throughout the planning process to discuss updates and give an open forum to ask questions and share ideas. Also 2 swimmer meetings, Respect Me meeting &amp; another to discuss travel plans, cover the code of conduct and set expectations.</li><li>• Flights &amp; Accommodation booked in one package through Jet2 – with direct booking of pool &amp; land training with resort.</li></ul>	
<b>Feedback</b>	<ul style="list-style-type: none"><li>– All but one parent felt fully informed in the run up to the trip.</li><li>– All swimmers felt they were clear on expectations prior to the trip.</li></ul>

<b>Travel</b>	
<ul style="list-style-type: none"><li>• 3 options available for drop off &amp; collection at airport</li><li>• All were swimmers split into groups of 6 with one adult responsible for during the trip and during the travel time.</li><li>• Seats were allocated within travelling groups and pre-boarding.</li><li>• Prebooked meals were an option for each swimmer.</li></ul>	
<b>Conclusion</b>	<ul style="list-style-type: none"><li>– All plans outlined above worked well travelling and throughout the trip. Easy to go through security and for boarding plane.</li><li>– Jet2 were extremely helpful throughout the booking process and travel.</li></ul>

<b>Resort Accommodation</b>	
<ul style="list-style-type: none"><li>• Mixture of triples in a suite and doubles in a twin room.</li><li>• Room allocation was organised pre travel.</li><li>• Upgraded to All Inclusive before the trip at additional cost.</li><li>• Training pool and gym all on site within complex.</li><li>• Leisure pools were fully accessible in resort for downtime. Pool tables also available to play.</li><li>• Restaurant for meals along with snack bar, all included in all inclusive package.</li><li>• Restaurant offered a vast amount of options, something for everyone. Snack bar also had great options.</li></ul>	

<ul style="list-style-type: none"> <li>• Water machines were fully accessible all over resort.</li> </ul>	
<b>Feedback</b>	<ul style="list-style-type: none"> <li>– Mixture of feedback re: food.</li> <li>– Rooms clean and spacious</li> <li>– All loved the size of resort.</li> </ul>
<b>Conclusion</b>	<ul style="list-style-type: none"> <li>– Although there was a mixture of feedback, the food options available did provide options for everyone. As expected, when travelling some of the types of food were different than at home.</li> <li>– Going all-inclusive was essential, it enabled swimmers to re-fuel before or after training session at the snack bar when restaurant was closed. This is fully recommended for any other trips.</li> </ul>

<b>Training</b>	
<ul style="list-style-type: none"> <li>• 1 or 2 pool sessions each day in outdoor pool. Range of different times of bookings.</li> <li>• 1 land training session in gym for older swimmers.</li> <li>• Fun team building sessions for younger swimmers in place of gym training.</li> </ul>	
<b>Feedback</b>	<ul style="list-style-type: none"> <li>– Positives - Challenging, fun, hard sets but pushed themselves. Loved the gym workouts, activities were good.</li> <li>– Negatives – the water being salty &amp; sun in their eyes. Swimming times (being too hot).</li> </ul>

Overall; the trip has been a great success. A few takeaways to do differently next time. Would look to book at Barcelo Active Resort again.

**Next Steps:**

1. That the Committee approve the report and agree to circulate it to the membership via the club website.
2. That the club puts in place an organising group by June 2024 for the next Swim Camp which it is intended will be arranged for suitable dates in 2026.