



Baraonda Multi-sport Association

info@morobbia-trail.ch

www.morobbia-trail.ch

BANCASTAT MOROBBI A TRAIL REGULATION "POPULAR WALKING"

updated 11.01.2024

Foreword:

For the purpose of practicality, the neutral form of speech will be preferred, and if not possible the male neutral form will be used while maintaining the utmost respect for the female gender.

Popular walking:

Running along the walking route is prohibited; the event is non-competitive and is held with respect for one's own well-being and that of others. The organization reserves the right to remove/penalize any violators. The route can be walked with family, friends and with dogs (kept on a leash). Wheeled vehicles such as strollers (the trail does not allow their passage), bicycles, scooters, etc. are prohibited.

Organization:

The event is organized by the BancaStato Morobbia Trail (hereafter referred to as BSMT) with the participation of public bodies, companies and local businesses. The organization is delegated to the Baraonda Polisportiva Association based in Pianezzo. The association is non-profit and has as its main goal the promotion and development of the Morobbia Valley.

Date of competition:

Saturday, June 29, 2024.

In case of cancellation, the BSMT organization will notify the decision by Wednesday, June 26, 2024 10:00 pm by announcement on the website www.morobbia-trail.ch and social. All participants will be notified by e-mail (address provided during registration). The BSMT assumes no responsibility for any expense claims. Each participant should inquire in advance in case of uncertain weather.

Fitness for sport and conditions of participation:

All persons of legal age may register for the walk. If accompanied by a parent or an adult (in agreement with at least one parent), all minors may participate with no age limit. By paying the registration fee and thereby accepting the rules in full, the participant confirms that he or she fully complies with the points listed above. By confirming the registration, the participant discharges the BSMT (committee and organization) from any liability for any injury to health.

Insurance against injury, recovery, research and medical expenses:

Each athlete must have individual accident insurance to cover any costs of rescue and hospital services. Swiss rescue services are operated by private companies such as TCS, REGA, Green Cross, etc., and the costs of intervention are borne entirely by the participant if no insurance covers the services provided. Contact your health/accident or health insurance company to find out if your



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current coverage is sufficient or if you need accident insurance limited to the days of the race (a borne by the participant and not provided by the BSMT).

The BSMT disclaims all liability and any costs arising from injuries, illnesses, etc. of participants.

Registration:

It will be possible to register online, www.morobbia-trail.ch, from January 15, 2024 07:00 am until Friday, June 28, 2024 8:00 pm. The BSMT reserves the right to close registration at any time.

On-site registration:

On-site registration is not currently available and we recommend that you register via online. A possible opening of on-site registration will be communicated in time through our information channels.

Application fee:

The application fee is as follows:

CHF 20.00 (EUR 20), to the first 50 registrants
CHF 25.00 (EUR 25), from the 51st registrant

Under 12 years old, registration is CHF 10.00.

On-site registration on race day incurs an additional fee of CHF 10.00 (EUR 10). Registration made after June 26, 2024 will have an unnamed bib.

The entry fee includes:

Refreshments, meal at the end of the walk, photo shoot via Pic2go service, race participation prize, any sponsor giveaways and free access to the festival village. By paying the entry fee, you tacitly accept these regulations without any reservations whatsoever.

Refund of application fee

There is no refund of the entry fee in case of non-participation in the race.

Bib pickup:

It will be possible to pick up the bib the day before and on the day of the walk at the Morobbia Valley Polycenter in Pianezzo (times according to online schedule).

Bib:

The bib is provided by the BSMT in collaboration with Performance Timing to each participant and must mandatorily be displayed prominently on the left thigh, belly or chest (see image), throughout the competition. Any modification or tampering with the same is prohibited, under penalty of disqualification of the participant.



Start time, time gates and maximum time:

The starting time of the popular walking can be seen on the online program. The start is scheduled to take place at the Morobbia Valley Polycenter in Pianezzo, and the start location will be duly marked. Any time changes will be communicated in due time.

Popular walking - route:

The route can be viewed online, www.morobbia-trail.ch. No material transport is provided. These are official trails and not high mountain trails. The trail will be marked with sufficient flags, stakes, ribbons, signs and biodegradable marking spray, as well as the presence of volunteer staff will be ensured. We strongly recommend downloading the .gpx file from the website www.morobbia-trail.ch and activate "navigation" while walking. Participants who do not respect the official route may be disqualified at the final judgment of the BSMT.

Ristori:

There will be three refreshments (Serta and San Rocco). A number of fountains will be encountered along the way.

Abandonment of the race/withdrawal from the race:

Should a participant drop out of the walking of his or her own free will, he or she is obliged to announce the withdrawal on the race phone and report to a checkpoint for bib delivery.

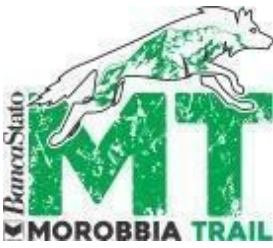
The evacuation of participants leaving the walk is subject to the availability of transportation, the priorities of the event, the weather situation, etc. Therefore, there is no right to be evacuated unless it is an emergency medical evacuation. Medical evacuations are always carried out by official rescue services and any costs are the responsibility of the participant.

Interruption of the race/change of the route:

In case of unfavorable weather conditions that occurred during the event or exceptional events, the BSMT will make an unappealable decision whether to stop the walking or to change the original route. This is to ensure the safety of all involved. **The safety of everyone is a priority!** If the walk is interrupted, the participant must scrupulously follow the directives of the BSMT.

Recommended equipment:

- Comfortable shoes suitable for mountain trails



- Cell phone active and charged with race phone number saved (will be communicated in due course)
- Windproof jacket with long sleeves
- Official bib number provided by race management (required)
- Food and drink (personal water bottle)

In addition, it is highly recommended to have spare clothes, warm clothes in case of uncertain weather, poles, sunscreen, caps or bandanas, sunglasses, gloves, elastic bandage for bandaging (with the obligation to bring all materials back to your home). Each participant is required to inquire in advance about expected weather conditions. The BSMT reserves the right to impose mandatory materials.

Awards:

Since this is a non-competitive race, there will be no award ceremony.

Parking spaces:

Parking spaces at the Morobbia Valley polycenter, as well as throughout the Morobbia Valley, are very limited. We therefore invite participants to take advantage of the parking spaces at the Giubiasco district (FFS station, covered market, municipal parking lots), as well as the use of public transportation (schedules available at ffs.ch).

Shuttle bus:

At the time of registration, it will be possible to book shuttle transportation from the square in Giubiasco to the Morobbia Valley polycenter in Pianezzo, which will be guaranteed between 07:30 and 09:30 only to participants who have booked. In any case, we recommend a walk uphill, about 15 minutes, which is a great pre-walking warm-up. Regular buses will normally operate according to the timetables available at ffs.ch.

Showers, changing rooms and own equipment storage:

As a result of the constantly changing pandemic situation and related federal, cantonal and municipal regulations, we cannot currently guarantee the availability of showers, as well as locker rooms. A storage room for one's own guarded equipment will be available in any case.

Eco-friendly:

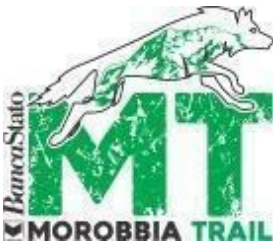
The primary purpose of the BSMT is to enhance the Morobbia Valley and therefore our trail must have zero or at least minimal impact. Each participant is required to bring any waste with them to deposit in the respective containers at the refreshment stations, village or at their home.

A participant who is guilty of "littering" (littering on the ground) may be punished by disqualification, a penalty and in the most serious cases also with compensation for cleaning the path up to CHF 500.00.

We encourage all participants to pick up any "trash" on the course and to want to report any acts of "littering" to race staff.

Respect for nature and BSMT staff:

Participants have the honor of riding on trails filled with history and beautiful natural landscapes, and the passage of each runner should be as unobtrusive as possible. We strongly urge the avoidance of any damage and/or disturbance to fauna and flora, as well as respect for the trails, signage and



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of all staff who, let us remember, are volunteers who use their free time (and which no one can ever return) to enable every participant to enjoy a day of sport and fun in safety. Any disrespectful act may be punishable by disqualification, a penalty, and in severe cases even compensation for repair, accommodation or moral damage.

Privacy:

The BSMT (including Performance Timing) keeps participant data secret and does not redistribute it to third-party entities or organizations. However, photographs taken during the race as well as video footage are in the public domain and will be released on open access sites, social media, or used to publicize other sporting events. Note also that the BSMT cannot control what spectators, runners, or passersby photograph and post. People and recognizable faces on these photos or those taken at the behest of the BSMT are therefore not entitled to any compensation just as it will not be possible to select photographs to obscure faces of people who do not wish to appear on them. We invite runners who do not agree to this rule not to participate in the race or to run with a cover over their face.

Regulation priority:

These regulations have absolute validity over any other erroneous, incomplete, or different information that may be found on sites or social media related in any way to this event. The version in the Italian language takes precedence. The cantonal regulations of the ASTI, Associazione Sportiva Ticinese, serve as the basis. The BSMT reserves the right to change these regulations and any changes will be communicated in good time to all participants. Any changes in the regulations do not entitle the participant to a refund of the entry fee.

Traffic closure and intersections with K14 race:

The walking route includes some road crossings that will be temporarily closed to traffic or traffic management in charge of a volunteer. We request the utmost caution. In some limited sections of the walking route it may happen that you may encounter K14 race participants on the route. We ask you to give precedence to them and to be willing to facilitate overtaking.