

## **Sampling instructions**

### **Serum tube with gel, yellow stopper**

- Rotate the tube slowly (by hand or with blood cradle) 8-10 times immediately after sampling. Note! Do not shake the tube
- Then let the tube stand at room temperature for 30 minutes in order to coagulate before centrifugation. Blood from people on anticoagulants may need to stand longer
- Centrifuge the tube within 2 hours at 3000 g for 5 minutes at room temperature
- Store the tube standing after centrifugation while awaiting transport

### **Storage/Transport**

- Sent the tube at room temperature. The sample should be in the laboratory within 2 days
- The serum sample can be stored in the cold up to 3 days after centrifugation.