
Covid-19

— Massachusetts and The
Berkshires —

Pittsfield and Covid

Mayor Tyer has been giving updates on Covid every other week since October 16th on how the City has been handling cases and testing. Pittsfield is now at an incidence rate of yellow. All Sources Updated Here:

[https://cityofpittsfield.org/covid-19_\(coronavirus\)/index.php](https://cityofpittsfield.org/covid-19_(coronavirus)/index.php)

- ❑ As of Thursday the 19th there are 225 active cases within Pittsfield with 440 confirmed cases
- ❑ There have been 6 deaths reported since November 5th and it has not changed since.
- ❑ Due to the rising number in active Covid cases the Pittsfield Board of Health have issued an emergency order suspending indoor dining until further notice. Along with this, a number of schools in the city have moved to online. (

Berkshire County and Covid

- ❑ Massachusetts is made up of 14 counties and Berkshire County has 1,151
- ❑ Cumulative confirmed cases as of Thursday, November 19th 2020.
- ❑ As of Thursday 19th, there have been 52 cumulative confirmed deaths.
- ❑ Cases are still rising as we are in our in a second wave

Hotspots Within the State

Looking at the numbers of confirmed cases hotspots within the state by county are as follows:

Bristol- 16,791

Essex-29,983

Hampden-13,557

Middlesex-39,666

Norfolk-14,223

Suffolk-33,695

Worcester-21,240

(Massachusetts Department of Public Health. “Massachusetts Department of Public Health COVID-19 DashboardDashboard)

County Map



<https://www.justice.gov/usao-ma/about>

Who is Primarily Affected?

- ❑ Teenagers along with individuals in their early 20's and 30's are primarily affected in the recent rise in cases in the state of Massachusetts
- ❑ The percentage of positive cases by ages are fluctuating. With individuals in their 40's, rates are decreasing while people in their 50's and 60's are showing slight decreases in positive cases coming up for their age group.

Why are these individuals Affected



“Young people are more likely to hang out in groups, go to bars and restaurants — behavior that keeps this virus circulating.” (NPR)

The reason Cases are rising

Physicians and professors believe the reason cases are rising in Massachusetts are because of “Covid fatigue” along with colleges being open and eating out. “Rosman added that just because there’s an outbreak on a college campus, for example, doesn’t mean the rest of the community is in the clear. “Young adults in a college setting can go to the local store, go to the local restaurant, and so their presence in a town counts, it actually does matter, because nobody ties them to their campus,” Rosman said.

(NBC Boston):

<https://www.nbcboston.com/news/coronavirus/doctor-we-should-be-concerned-about-rising-cases/>
<https://www.zenefits.com/workest/what-states-require-a-face-mask/>

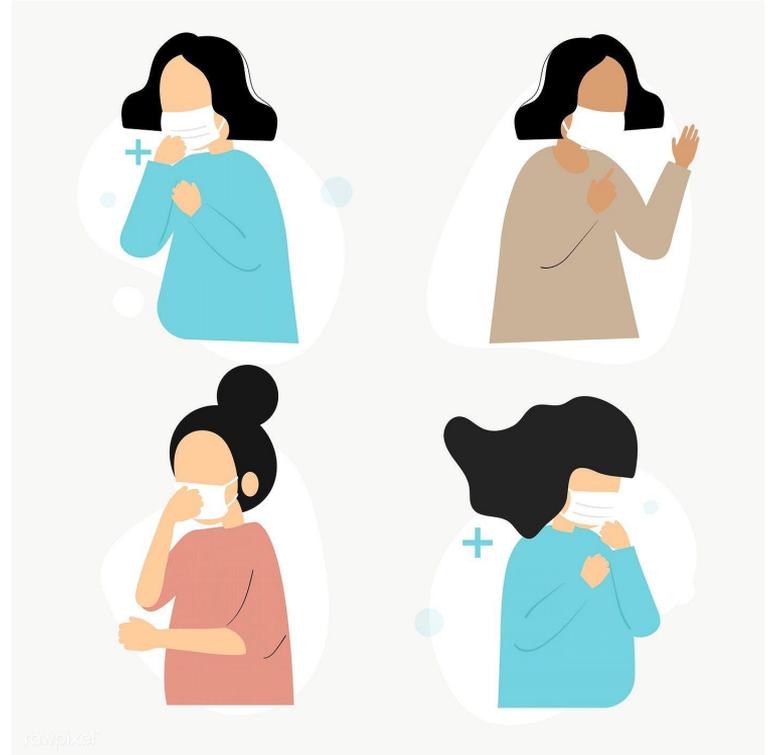


Hospitals Capacity for Covid patients

Within the state of Massachusetts, 70% of beds by region are filled with available beds at 30%. These numbers include the surge of cases. Looking at Boston specifically, they have 76% of their beds filled with only 24% left available for new positive cases to come in.

Massachusetts Department of Public Health. "Massachusetts Department of

Public Health COVID-19 Dashboard



What that means in a Second Wave

This means that if numbers continue to rise at an alarming rate hospitals won't have enough room to place patients who come in with covid.

Along with this Healthcare workers are beginning to experience depressive symptoms and acute stress once more now that cases are rising. (CBS News)



Where to avoid while traveling

Safe Practices in public



Since students are traveling back home for break, there is no easy way to avoid hotspots in the state that were previously mentioned. Especially if you are flying out of Logan, located in Boston.

Please Remember to:

- Wash your hands frequently or use hand sanitizer
- Try to limit the amount of stops taken during your trip
- Wipe down surfaces you use in public
- Keep 6ft distance from others
- WEAR A MASK

Here is what you can do!

What you can do to keep yourself and others safe is to follow the Massachusetts travel guide guidelines on stopping the Spread.

PROTECT yourself from CORONAVIRUS



Cover your sneeze and cough with tissue



Wear a medical mask



Wash your hand often

The following states:

Avoid public places, including while traveling, if possible

- *Massachusetts law requires you to wear a mask if*
 - *You are within 6 feet of distance from other individuals*
 - *In a situation or setting where you are unable to maintain 6 feet of distance from others*
 - *In a public business or public or private transportation carrier or for-hire vehicle*
- *Wash your hands often with soap and water for at least 20 seconds, especially before you eat*
- *Avoid touching your eyes, nose, and mouth with unwashed hands*
- *Cover your cough and sneezes with a tissue and discard it in a closed container*
- *Clean frequently touched surfaces and objects*
(Mass.gov)

Stay safe Everyone!!

— And have nice break! —

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