



DELGROSSO™
Family of Companies



DelGrosso Foods Kristel Plant Ribbon Cutting Ceremony!

Grand Opening of the \$65+ Million
White Sauce Plant

Held on Wednesday, May 10, 2023





Congressman John Joyce stopped by the new DelGrosso Foods Sauce Factory for a brief tour and to present a Congressional Record. Left to Right: COO Matt DelGrosso, Congressman John Joyce, Chief Sales & Marketing Officer Michael DelGrosso.

A special thank you to Olivia Vazquez, Sr. Director of Food Safety & Quality and Michael DelGrosso for taking time to tour the new plant with Congressman John Joyce.



DelGrosso Foods was proud to partner with Family Services Incorporated for their Annual Purple Purse 2023 fundraiser to raise awareness and support for domestic violence.



DelGrosso's PARK LAGUNA Splash

2023 OPERATING SCHEDULE

MAY	SUN	MON	TUE	WED	THU	FRI	SAT
	30	1	2	3	4	5	6
	7	8	9	10	11	12	13
	14	15	16	17	18	19	20
	21	22	23	24	25	26	27
JUNE	SUN	MON	TUE	WED	THU	FRI	SAT
	28	29	30	31	1	2	3
	4	5	6	7	8	9	10
	11	12	13	14	15	16	17
	18	19	20	21	22	23	24
JULY	SUN	MON	TUE	WED	THU	FRI	SAT
	25	26	27	28	29	30	1
	2	3	4	5	6	7	8
	9	10	11	12	13	14	15
	16	17	18	19	20	21	22
AUGUST	SUN	MON	TUE	WED	THU	FRI	SAT
	30	31	1	2	3	4	5
	6	7	8	9	10	11	12
	13	14	15	16	17	18	19
	20	21	22	23	24	25	26
SEPTEMBER	SUN	MON	TUE	WED	THU	FRI	SAT
	27	28	29	30	31	1	2
	3	4	5	6	7	8	9
	10	11	12	13	14	15	16
	17	18	19	20	21	22	23
	SUN	MON	TUE	WED	THU	FRI	SAT
	24	25	26	27	28	29	30

 Ride Park Open Only	 Water Park & Ride Park Open	 Both Parks Closed
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See Website "Hours & Schedule" for detailed monthly Ride Park & Water Park Operational Hours. Free Admission into the Ride Park. All Guests must have a Fun Pass Wristband to enter the Water Park and proper admission (Fun Pass Wristband or Individual Ride Tickets) for Park Rides. Operation of the attractions (both Ride and Water Side) are subject to change due to crowd/weather conditions, staffing changes, or unexpected maintenance issues. Schedule/Info subject to change - see website "Closures" and "Hours & Schedule" for details.

2023 EVENTS SCHEDULE:

MAY:

20/21 Opening Weekend of DelGrosso's Park! See Website "Events" for details.
27/28/29 Memorial Day Weekend & Water Park Opens for the Season!
29 Memorial Day Monday - Veterans & Service Members Get an All-Day Fun Pass FREE with Military ID today. Must get free wristband at Ticket Booth.

JUNE:

3 Ride Park and Water Park Open 6 Days A Week Now Thru August 20 (closed Tuesdays - except 7/4!)
4 Dance Day at DelGrosso's Park! See Website "Events" for details.
11 Emergency Services Appreciation Day - 11am-4pm; Firefighters/Police/EMT/EMS Personnel Get an All-Day Fun Pass FREE with Valid ID or Proof of Affiliation. See Website "Events" for more details.
14 Weis Wednesday - 11am-4pm; Present your Weis Preferred Shoppers Card at Ticket Booth to Buy One All-Day Fun Pass at reg. price & Get One FREE for the day! Limit one offer per card.
17 WPSU Kids' Day with Jim Henson's Splash and Bubbles - 11am-3pm; Special Activities, Character Photo Ops, & More! See Website "Events" for Details!
18 Father's & Mother's Day Celebration - All Dads & Moms Get an All-Day Fun Pass for Just \$15! Available at Ticket Booth only.
25 Altoona-Johnstown Catholic Diocese World Meeting of Families Celebration
25 Girl Scouts of Western Pennsylvania Day. See Website "Events" for details.

JULY:

4 Summer Thunder® 2023 - FREE Fireworks Display!
12 Weis Wednesday - 11am-4pm; Present your Weis Preferred Shoppers Card at Ticket Booth to Buy One All-Day Fun Pass at reg. price & Get One FREE for the day! Limit one offer per card.
20 Altoona Mirror Day & Food Drive - 11am-4pm; Bring at least 2 Non-Perishable Food Items per person & Get an All-Day Fun Pass for Just \$18!
30 American Cancer Society's Ride & Slide to Fight Cancer/Making Strides/Relay for Life Day. See Website "Events" for details.

AUGUST:

3 Operation Our Town Day - See Website "Events" for Special All-Day Fun Pass Coupon & Event Details!
6 Juniata Valley Scout Family Fun Day. See Website "Events" for details.
9 Weis Wednesday - 11am-4pm; Present your Weis Preferred Shoppers Card at Ticket Booth to Buy One All-Day Fun Pass at reg. price & Get One FREE for the day! Limit one offer per card.
10 Buddy Bear's Dog Days of Summer Fundraiser for Area Animal Shelters - 11am-4pm; Bring at least 2 Needed Shelter Items per person & Get an All-Day Fun Pass for Just \$18! See Website "Events" for list of items.

SEPTEMBER:

3 FrontLine Ministries Last Blast of Summer - FREE Contemporary Christian Concerts w/ Cochren & Co. @ 3pm & Jon Reddick @ 6pm!
4 Labor Day & Customer Appreciation Day - All Guests Get an All-Day Fun Pass for Just \$15!
9/10 \$30 Carload Sale Weekend - See Website "Events" for Details!
10 Grandparent's Day - All Grandparents Get an All-Day Fun Pass for Just \$10!
16/17 BOGO Weekend - Buy One All-Day Fun Pass at reg. price and Get One FREE for the day.
17 33rd Annual Italian Food & Heritage Festival - 11am-4pm; Free Entertainment with The Cavaliers Band & Strolling Accordionist Edwardo!
23/24 Harvestfest (\$7 Admission Includes Park Rides & Entertainment) Enjoy Delicious Food, Crafts, and Great Entertainment!

Promos not valid with online sales or any other offer. Info Subject to Change. See Website "Events" for Complete Details. Visit MyDelGrossoPark.com for Guest Policies, FAQs, & More!

SUMMER THUNDER 2023 T-SHIRT ORDER FORMS

Orders Due By: Sunday, June 11th

This Design
will be
on the
following:

Adult Sizes:
S-4XL
& Youth Sizes:
M-XL.



This Design
will be
on the
following:

Youth Sizes:
2T-S.



Note: Adult Sizes S-3XL are a softer material shirt and can run a little small – if you are in between sizes, sizing up is recommended by the printer.

Youth Sizes and Adult 4XL are a normal cotton t-shirt.

ALL T-SHIRTS: **\$10.00 ea.**

Full-Time DAP & DGF, and all MFS Employees: Complete Order Form at your location and order cost will be payroll deducted.

DAP Seasonal Employees: Complete Order Form at your location and you will pay at the time of pick up at the La Famiglia Gift Shop.

DelGrosso Family Members: Contact either your family member who works for the company to order - Or - Call Kris Shields to place your order and make payment.



OUR CORPORATE FAMILY

DELGROSSO FOODS

Chairman of the Board/Treasurer:

James DelGrosso

President/CEO:

Joe DelGrosso

Secretary:

Bo DelGrosso

COO:

Matt DelGrosso

CFO/Assistant Secretary:

Aaron Gray

Chief Sales & Marketing Officer:

Michael DelGrosso

DELGROSSO'S PARK

President/CEO:

Carl Crider, Jr.

COO:

Scott Crider

Treasurer:

James DelGrosso

Secretary:

Joe DelGrosso

CFO/Assistant Secretary:

Aaron Gray

MARIANNA FOODS

President/CEO:

Bo DelGrosso

Vice President/Secretary:

Joe DelGrosso

Treasurer:

James DelGrosso

CFO/Assistant Secretary:

Aaron Gray



Happy 80th Birthday Cathy DelGrosso!

She is pictured here with members of 2nd generation who were able to attend a special birthday dinner hosted by her children.

OVEN-ROASTED SALMON WITH CHARRED LEMON VINAIGRETTE

Ingredients

- 1 lemon
- 2 bulbs fennel, thinly sliced
- 2 small red onions, thinly sliced
- 2 1/2 tablespoons olive oil, divided
- Kosher salt and pepper
- 1 1/4 pounds skin-on salmon fillet
- 1 teaspoon stone-ground mustard
- 3 cups baby arugula

Instructions

1. Heat broiler. Cut pointed ends off lemon, halve crosswise, and place on a rimmed baking sheet, center cut sides up. Broil on top rack until charred, 5 minutes; transfer to a plate and set aside.
2. Reduce oven temperature to 400°F. On rimmed baking sheet, toss fennel and onions with 1 1/2 tablespoons oil and 1/4 teaspoon each salt and pepper; arrange around edges of sheet. Place salmon in center of sheet and season with 1/4 teaspoon each salt and pepper. Roast until vegetables are tender and salmon is opaque throughout, 17 to 20 minutes.
3. Juice charred lemon halves into a small bowl and whisk in mustard and remaining tablespoons oil. Remove baking sheet from oven and fold arugula into vegetables. Drizzle charred lemon vinaigrette over fish and vegetables and gently toss vegetables.

Prep Time	Cook Time	Servings
15 minutes	20 minutes	4



Nutrition Facts

Calories	305
Total Fat	14g
Sodium	400mg
Carbohydrate	14g
Dietary Fiber	5g
Protein	31g

This newsletter/poster is provided for general informational purposes only and should not be considered medical advice, diagnosis or treatment recommendations.

Source: <https://www.womansday.com/food-recipes/food-drinks/a29464781/oven-roasted-salmon-with-charred-lemon-vinaigrette-recipe/>



Keep off the Injured List

Workout-related injuries are no fun. They keep you from exercising, they make it tough to do the things you need to do each day, and they hurt!

Some injuries stem from accidents that can't be avoided, but there are things you can do to prevent many types of injuries as you exercise. Incorporate these habits into your workouts to keep yourself healthy and off the injured list.

- **Warm up first.** A warm muscle—with good blood flow to it—is more elastic and flexible than a cold, rigid muscle. Warm up for five to 10 minutes before your workout with quick, light movement.
- **Use good form.** Using the right positioning when you work out is key to avoiding injuries to muscles and connective tissues. If you're not sure what constitutes good form for a particular activity, look it up online or ask a certified trainer.
- **Lift a safe amount of weight.** Don't try to prove something to yourself by lifting a weight that your body isn't ready for. That's a surefire way to hurt yourself.
- **Give your body a chance to rest.** Overtraining limits your body's natural ability to recuperate from a workout. Stick with three or four sessions per week, and limit your workouts to an hour or less.

When to get medical care

Pay attention to any pain. If you experience major swelling or pain, sounds of popping or crunching when you move, trouble supporting any weight with the injured area, or other symptoms that concern you, see a doctor.

Using the right positioning when you work out is key to avoiding injuries to muscles and connective tissues.



1. <https://www.webmd.com/fitness-exercise/guide/workout-injuries-prevention-and-treatment>
2. <https://www.cnn.com/2022/08/10/health/how-to-avoid-workout-injuries-wellness/index.html>



Jammie McDonald
DGF
Packaging I



Zachary Slate
DGF
Prep Room I



Joshua Barroner
DGF
Cook Room I



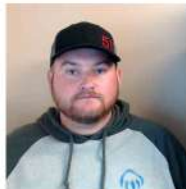
Bradley Dixon
DGF
Cook Room I



Brianna Focht
DGF
Cook Room I



Alexandra Diamond
DGF
Lab Tech I



Dakota Craig
DGF
Maintenance Tech II



Seth Wilson
DGF -2nd Shift
Sanitation I




Karlee Athey
MFS
Hoagie Line



Jason Padula - DGF Visto for Organization
Jason went above and beyond to help organize the Kristel Prep Area. It looks completely different, and his hard work was much appreciated.

Marianna Foods Employee Spotlight!

★ HOAGIE HERO ★



BOB BECKEL

- ★ **How Long at Marianna's:** 1 Year
- ★ **Favorite Hoagie:** Turkey
- ★ **Favorite Pizza:** White
- ★ **Love Most About the Job:** Getting to see daily what wonderful things that a group of senior citizens along with a group of younger people can accomplish when given a chance. I like the way Marianna's appreciate and treat their employees!

DelGrosso Foods Employee Spotlight!

AWESOME SAUCE EMPLOYEE



KRIS SHIELDS

Title: Administrative Assistant

How Long at DGF?: 2 Years

Favorite DGF Sauce:
DelGrosso Sloppy Joe Sauce

Favorite Meal You Make with the Sauce:
Sloppy Joes

What Do You Like Best About Working at DGF?:
My work family & the DelGrosso's! - The best place to work!

AWESOME SAUCE EMPLOYEE



JOHN TURIANO

Title: Packing Cooler Operator

How Long at DGF?: 25 Years

Favorite DGF Sauce:
DelGrosso Meat Flavored Sauce

Favorite Meal You Make with the Sauce:
Meatball sandwiches

What Do You Like Best About Working at DGF?:
My coworker & working for Joe DelGrosso!

Happy Birthday!



DelGrosso Foods

Parker Beeler
Anthony Bidoli
Steve Catich
Aaron DeLay
Amber Eaken
Andrew Gall
Corey Harpster
Lisa Lewis
Josh Roudabush
Jim Shawley, Jr.
Tracy Shoop
Trevor Shope
Tristan Yingling

Marianna Foods

Diana Bartlebaugh
Judy Black
Nancy Ellenberger
Clydene Nail
Jamie Newell
Jane Sprankle
Lynda Vaughn

DelGrosso's Park

Dan Beeler
Robbie DelGrosso
Jim Mayall

June Is:

National Dairy
Month &
Alzheimer's &
Brain Awareness
Month!

quote for the month:

"There are many kinds of
success in life worth having."
-Theodore Roosevelt,
26th US President

thoughts for the week:

In general, people
change for one of
two reasons:
Inspiration or
Desperation

When you are
through
learning,
you're
through.

Special Dates!

2nd

National Donut Day



4th

National Cheese Day



5th

World Environment Day

14th

Flag Day



16th

Take a Road Trip Day



18th

Father's Day



21st

National Selfie Day



26th

Forgiveness Day

29th

Camera Day

